## Myschool Mehy School Mehy School

Week 1

Week commencing

21 April, 12 May, 2 June, 23 June, 14 July, 1 Sept, 22 Sept, 13 October Spring/Summer 2025

|                    |  |  |   |   | <b>FIRM STEEL SON TO SEE STANDING</b>   |  |
|--------------------|--|--|---|---|---|--|
|                    | Monday   | Tuesday  | Wednesday   | Thursday  | Friday  |  |
| Option 1           | Margherita pizza Soya Gluten Milk with baked beans, jacket wedges & carrot sticks  | BBQ cheesy chicken Milk with roasted new potatoes, broccoli & carrots  | Southern fried Quorn burger Milk Egg Sesame Gluten with oven chips, carrots & cucumber sticks                                     | Yorkshire pudding wrap Milk Egg Gluten filled with roast meat of the day mashed potatoes, seasonal vegetables & gravy | Breaded fish Fish Gluten with crushed new potatoes, tomato ketchup, sweetcorn & peas  |  |
| Option 2           | Jacket potato<br>served with<br>your choice of:<br>cheese Milk,<br>baked beans or<br>tuna mayonnaise<br>Fish Egg<br>& mixed salad                | Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad | Jacket potato<br>served with<br>your choice of:<br>cheese Milk,<br>baked beans or<br>tuna mayonnaise<br>Fish Egg<br>& mixed salad | Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad          | Jacket potato<br>served with<br>your choice of:<br>cheese Milk,<br>baked beans or<br>tuna mayonnaise<br>Fish Egg<br>& mixed salad |  |
| Available<br>Dailv | Sandwich Gluten Soya Fillings: cheese Milk, ham or tuna mayonnaise Fish Egg, mixed salad, crisps fruit or Yeo yogurt Milk, or pudding of the day |  |   |   |   |  |
| Pudding            | Honey & oat cookie Gluten  | Vanilla sponge<br>Egg Gluten<br>& custard<br>Milk  | Cornflake tart<br>Gluten Sulphur Dioxide<br>with custard<br>Milk  | Ice cream tub<br>Milk   | Chocolate<br>brownie<br>Gluten  |  |





|           | TO VA              |   |  |   |  |   |
|-----------|--------------------|---|--|---|--|---|
| <u> </u>  |                    | Monday  | Tuesday  | Wednesday   | Thursday   | Friday  |
|           | Option 1           | Pork meatballs  Egg Gluten  in a tomato sauce  with pasta shape  of the day  Gluten Soya Mustard  with garlic bread  Gluten Soya Milk,  carrot &  cucumber sticks | Chicken taco Gluten with BBQ sauce OR tomato salsa Sesame potato noisette, carrot & cucumber sticks          | Bangers & mash Gluten Sulphur Dioxide with seasonal vegetables & gravy  Featuring our Nottinghamshire sausage from local butchers Maloney's | Roasted gammon with jacket wedges, roasted summery vegetables & gravy  | Fish finger cob Fish Gluten Sesame with oven chips, tomato ketchup, sweetcorn & peas  |
|           | Ортоп 2            | Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad  | Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad | Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad                                | Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad | Jacket potato<br>served with<br>your choice of:<br>cheese Milk,<br>baked beans or<br>tuna mayonnaise<br>Fish Egg<br>& mixed salad |
| Available | Available<br>Daily | Sandwich Gluten Soya Fillings: cheese Milk, ham or tuna mayonnaise Fish Egg, mixed salad, crisps fruit or Yeo yogurt Milk, or pudding of the day                  |  |   |  |   |
|           | Fuddin<br>g        | Gingerbread<br>cookies<br>Gluten  | Pancakes<br>Gluten Milk Egg<br>& honey   | Butterscotch<br>shortcake<br>Milk Gluten  | Jelly  | Strawberry fairy<br>cake<br>Egg Gluten  |



My School Menu

Spring/Summer 2025

week 3

Week commencing 5 May, 26 May, 16 June, 7 July, 28 July, 15 Sept, 6 October

## Falcays Fridays

| a  | MI V               | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|----|--------------------|---|---|---|---|---|
|    | Option 1           | Margherita pizza<br>Soya Gluten Milk<br>with<br>potato balls<br>& sweetcorn   | Quorn dipper Gluten Wrap Gluten with roasted new potatoes, tomato ketchup & vegetable sticks                                      | Chicken & tomato pasta Mustard Soya Gluten Milk with garlic bread Gluten Soya Milk vegetable sticks & mixed salad                 | Nottinghamshire Sausage Gluten Sulphur Dioxide Yorkshire pudding Milk Egg Gluten, mashed potatoes, seasonal vegetables & gravy    | Fish portion Fish with tomato ketchup, peas & french fries  |
|    | Option 2           | Jacket potato<br>served with<br>your choice of:<br>cheese Milk,<br>baked beans or<br>tuna mayonnaise<br>Fish Egg<br>& mixed salad | Jacket potato<br>served with<br>your choice of:<br>cheese Milk,<br>baked beans or<br>tuna mayonnaise<br>Fish Egg<br>& mixed salad | Jacket potato<br>served with<br>your choice of:<br>cheese Milk,<br>baked beans or<br>tuna mayonnaise<br>Fish Egg<br>& mixed salad | Jacket potato<br>served with<br>your choice of:<br>cheese Milk,<br>baked beans or<br>tuna mayonnaise<br>Fish Egg<br>& mixed salad | Jacket potato<br>served with<br>your choice of:<br>cheese Milk,<br>baked beans or<br>tuna mayonnaise<br>Fish Egg<br>& mixed salad |
| w. | Available<br>Daily | Fill  | _   | Sandwich Gluten Soya<br>or tuna mayonnaise Fish E<br>ogurt Milk, or pudding of  |   | uit   |
|    | Pudding            | Golden syrup<br>flapjack<br>Gluten  | Fruit ice lolly   | Chocolate muffin<br>Egg Gluten  | Strawberry mousse Milk with crushed meringues Egg Milk & raspberry sauce  | Donuts<br>Soya Milk Gluten<br>Egg Sesame  |

