Myselico Mahur

Week 1

Week commencing

21 April, 12 May, 2 June, 23 June, 14 July, 1 Sept, 22 Sept, 13 October Spring/Summer 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Vegetarian roll Soya Milk Gluten with baked beans, jacket wedges & sweetcorn	Cheesy tomato pasta Mustard Soya Gluten Milk with garlic bread Gluten Soya Milk & vegetable sticks	Hot Dog Gluten Sesame Sulphur dioxide OR Plant based sausage Soya Sulphur dioxide Gluten Sesame with potato balls, baked beans & peas	Roast beef OR Quorn Milk Egg with roast potatoes, seasonal vegetables & gravy	Breaded fish Fish Gluten OR Fishless finger Gluten with oven chips, sweetcorn & peas
Option 2	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad
Pudding	Honey & oat cookie Gluten	Chocolate muffin Egg Gluten	Cornflake tart Gluten Sulphur Dioxide with custard Milk	Ice cream tub Milk	Chocolate brownie Gluten





Ĭ	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pork meatballs Egg Gluten OR Veggie meatballs Soya in a tomato sauce with pasta shape of the day Gluten Soya Mustard & vegetable sticks	BBQ Chicken taco Gluten OR BBQ Quorn taco Gluten Egg with tomato salsa Sesame jewelled rice & sweetcorn	Bangers & mash Gluten Sulphur Dioxide OR Plant based sausage Soya Sulphur Dioxide with seasonal vegetables & gravy returning or Nottinghamahire Sausage	Roasted gammon OR Quorn Milk Egg with jacket wedges, garden peas & gravy	Fish finger cob Fish Gluten Sesame OR Fishless finger cob Gluten Sesame with oven chips, baked beans & peas
Option 2	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad
Pudding	Gingerbread cookies Gluten	Jelly	Butterscotch shortcake Milk Gluten	Cherry iced bun Gluten Egg Milk Soya	Strawberry fairy cake Egg Gluten



Week 3 Week commencing

5 May, 26 May, 16 June, 7 July, 28 July, 15 Sept, Spring/Summer 2025

6 October

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	Monday	Tuesday	Wednesday	Thursday	Friday		
Option 1	Margherita pizza Soya Gluten Milk with French fries, carrot & cucumber sticks	Beef Bolognese Mustard Soya Gluten OR Quorn Bolognese Mustard Soya Gluten Egg with garlic bread, Gluten Milk Soya & sweetcorn	Chicken enchiladas Milk Gluten OR Quorn enchiladas Milk Gluten Egg with rice & broccoli	Roast Pork OR Quorn Egg Milk with roast potatoes. Seasonal vegetables & gravy	Battered fish Fish Gluten OR Fishless fingers Gluten with oven chips, tomato ketchup & peas		
Option 2	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad		
Pudding	Golden syrup flapjack Gluten	Fruit ice lolly	Strawberry mousse Milk with crushed meringues Egg Milk & raspberry sauce	Donuts Soya Milk Gluten Egg Sesame	Jam roly poly Gluten Milk Sulphur Dioxide Egg with custard Milk		

