

## My School Manu

Winter 2025 - 2026

## Week commencing

3<sup>rd</sup> November 24<sup>th</sup> November 15<sup>th</sup> December 5<sup>th</sup> January 26<sup>th</sup> January 9<sup>th</sup> March



	Monday	Tuesday	Wednesday	Thursday	Friday		
Option 1	Quorn dippers Gluten With Potato wedges & Vegetable sticks	Diced chicken, broccoli, pea & cream cheese pasta Gluten Milk Mustard Soya	Roast meat of the day with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Lemon & herb chicken Sulphur Dioxide with rice & corn on the cob	Fishcake Cob Gluten Fish Sesame with lemon mayonnaise Egg Sulphur Dioxide, oven chips & peas		
<b></b>	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg						
Pudding	Classic iced 'school' cake Egg Gluten Milk	Spiced apple crumble Gluten with custard Milk	Pinwheel cookie Gluten	Donuts Soya Milk Gluten Egg Sesame	Custard tart Milk Gluten		







	Monday	Tuesday	Wednesday	Thursday	Friday		
Option 1	Cheesy Naan bread pizza Milk Gluten with Roast potatoes	All day brunch Nottinghamshire sausage Gluten Sulphur Dioxide & bacon with hash browns, baked beans & scrambled eggs Egg Milk	Roast meat of the day with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Chicken curry  & rice with minted cucumber & onion salad	MSC fish portion Gluten Fish with oven chips & Curry sauce Celery, Egg, Milk, Mustard, Soya, Gluten		
***	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg						
Pudding	Chocolate & orange cookie Gluten	New York cheesecake Gluten Soya Milk	lce cream tub Milk	Sticky toffee pudding Milk Egg Gluten with custard Milk	JimJam 'nut free' chocolate croissant Gluten Milk		







## Week commencing

17<sup>th</sup> November, 8<sup>th</sup> December, 19<sup>th</sup> January, 9<sup>th</sup> February, 2<sup>nd</sup> March, 23<sup>rd</sup> March

## Taste ASIA

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	Monday	Tuesday	Wednesday	Thursday	Friday		
Option 1	Quorn Mustard teriyaki Udon noodles Gluten Soya with a vegetable spring roll Gluten Egg Milk Soya Celery	Chicken & vegetable fajitas Gluten with smoky jacket wedges & tomato salsa Sesame	Roast meat of the day with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Honey chicken filled bao bun Gluten Soya Sesame with sticky rice & crunchy vegetable sticks	Chip shop style fish 'n' chips Gluten Fish with curry sauce Celery, Egg, Milk, Mustard, Soya, Gluten & peas		
<b>555</b>	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg						
Pudding	Zesty lemon & lime jelly with a cookie Gluten	Iced carrot cake Gluten Egg Sulphur Dioxide	Chocolate Cracknell Gluten Milk	Butterscotch shortcake Gluten Milk Soya	JimJam 'Nut Free' Chocolate brownie Egg Milk Gluten		



