

Professional Development Pathway for Baby Room Practitioners

This professional development pathway is intended for all early years practitioners who work with children aged 0-2 years, including students/apprentices, practitioners new to working with babies, and for experienced practitioners who want to refresh their knowledge.

It is assumed that all those working with our youngest children are qualified to do so. In this leaflet you will find weblinks for training, information, and resources on the following four headings that are essential for early years practitioners who work with babies.

1. Training
2. Safeguarding
3. Child Development
4. Working in Partnership with Parents and Carers
5. Further Information and Weblinks

1. Training



Quality and Attainment Team

A year of working with babies: Six online training sessions:

1. How babies and young children communicate
2. The key characteristics of an exemplary practitioner working with birth to two year olds
3. Effective routines to meet the unique needs to babies
4. Child development for birth to two year olds
5. How to support the wellbeing of birth to two-year-olds
6. Enabling environments for birth to two year olds

[Early years education and childcare training | Nottinghamshire County Council](#)

“At least half of all staff must have received training that specifically addresses the care of babies.”
EYFS (DfE, 2025)



Paediatric First Aid (PFA)

This course will cover the requirement of the EYFS that all staff hold a current Paediatric First Aid Certificate (12 hour).

[Early years education and childcare training | Nottinghamshire County Council](#)

Safer sleep for babies[NSCP e-learning](#)

You also need to consider additional training that is required as an early years practitioner to ensure compliance with EYFS and the HSE, including Safeguarding, Health and safety, and Food Hygiene.

2. Safeguarding

**NSCP animation (YouTube)**

NSCP. Bruising in non-mobile babies. This is a powerful reminder from the voice of a child about the importance of reporting bruising or suspicious marks in non-mobile babies.

[Bruising on Babies WEB \(youtube.com\)](#)**NCC Safeguarding Children Training Pathway**

In Nottinghamshire we want all of our children to be safe and protected. The following guidance outlines good practice in safeguarding training.

[safeguardingtrainingpathway.pdf](#)

3. Child Development

DfE Early years child development training[Early years child development training: Home page \(education.gov.uk\)](#)

- Module 1: Understanding child development and the EYFS.
- Module 2: Brain development and how children learn.
- Module 3: Supporting children's PSED.
- Module 4: Supporting language development.
- Module 5: Supporting physical development in the early years.
- Module 6: Mathematics.
- Module 7: Effective curriculum and assessment.
- Module 8: Supporting individual differences and needs

**Help for early years providers**

Resources, activities and support articles for childminders and practitioners working with children aged 0-5 years.

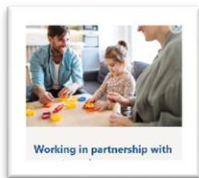
[Help for early years providers: Get help for your setting \(education.gov.uk\)](#)

Notts Help Yourself

Start Talking Together is part of the Best Start in Life Offer. Here you can find information and resources to support in the development of children's communication and interaction.

[Nottshelpyourself | Start Talking Together... part of the Best Start in Life Offer](#)

4. Working in Partnership with Parents and Carers



DfE

Working in partnership with parents and carers

Research shows that involving parents and carers in their children's learning is the most important factor in enabling children to do well and be their best.

[Help for early years providers : Working in partnership with parents and carers](#)



DfE

DfE What to expect in the Early Years Foundation Stage: a guide for parents.

[What-to-expect-in-the-EYFS](#)

5. Further Information and Weblinks

Healthy Family Teams

Specialist Public Health Practitioners and their teams, who used to be known as Health Visitors and School Nurses, provide support to all families living in Nottinghamshire with a child aged between 0 and 19 years.

[Healthy Family Teams | Nottinghamshire Healthcare NHS Foundation Trust](#)

Language for Life

NHS language for Life. Information, resources, and practitioner zone

[Language for Life | Nottinghamshire Healthcare NHS Foundation Trust](#)

NHS

- Guide to bottle feeding:

[Bottle feeding leaflet \(unicef.org.uk\)](#)

- Weaning guide:

[Weaning - Start for Life - NHS \(www.nhs.uk\)](#)

- How to Potty Train:

[nhs.uk/conditions/baby/babys-development/potty-training-and-bedwetting/how-to-potty-train/](#)

“There must be an area adequately equipped to provide healthy meals, snacks, and drinks for children as necessary. There must be suitable facilities for the hygienic preparation of food for children, if necessary, including suitable sterilisation equipment for babies' food”.

EYFS (DfE, 2025)

Community Dental Services

- CDS Oral health training and resources:

[Nottinghamshire County - Community Dental Services](#)

The Lullaby Trust:

- Safer sleep advice for babies:
[The Lullaby Trust - Safer sleep for babies, Support for families](#)
- Leaflets and Posters (available in multiple languages):
[Lullaby Trust publications - The Lullaby Trust](#)
- Safer sleep videos and animations for professionals and parents:
[The Lullaby Trust safer sleep video resources](#)

“Sleeping children must be frequently checked to ensure that they are safe. Being safe includes ensuring that cots and bedding are in good condition and suited to the age of the child, and that babies are placed down to sleep safely in line with the latest government safety guidance.”

EYFS (DfE, 2025)

GOV.UK

Child car seats: The law

[Child car seats: the law: Using a child car seat or booster seat - GOV.UK \(www.gov.uk\)](#)