

# Support for carers: Training and education



This easy read tells you about support for carers who want to do training or education, and about support you can get at school or college.

## Schools and Colleges



There is lots of help that schools and colleges can give carers and young carers. Some examples include:



- Access to a key member of staff.



- Support with doing your homework.



- Access to extra-curricular activities.



If you need support in school, you can contact [Young Carers Notts](#).



You can phone Young Carers Notts on 0115 824 8824 between 9am and 5pm between Monday and Friday.



You can also email Young Carers Notts on [youngcarers@tuvida.org](mailto:youngcarers@tuvida.org)



You can send Young Carers Notts a message on WhatsApp on 07860 957 660.

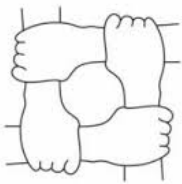


You can [visit Young Carers Notts' website](#).

## Further and Higher Education



Many colleges and universities have help for students who are also carers.



Student Welfare Teams work with students to help fix problems with their course or personal life that make studying or staying at university difficult.

**UCAS**

[UCAS has information about help available for students who have caring responsibilities.](#)

**mobilise**

[Mobilise also has top tips for carers who are heading off to university.](#)

## Training



The [Carers Hub](#) runs training courses for carers and can help you find out about other courses you can do, either in person or online.



Studying or training can give you more opportunities, let you try new things, and give you more confidence.

## Getting into studying



[The Adult Learning Service](#) runs classes in person and online.



You can talk to your local library, community centre, council offices or college and ask them if they know about any courses you could do.



[LearnDirect](#) offers online and workplace learning.



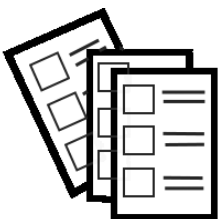
[The National Careers Service website](#) can help you look for local courses and find out more about how you can pay for the courses.



[The Carers Trust](#) has information about studying and training you can do online. These courses are often free.



If English is not your first language, you can find out about [courses in English for Speakers of Other Languages \(ESOL\)](#)



We have lots of other documents about for support for carers in [our easy read library](#). This document is part of a set of 19.

## **Links in this document**

### **Young Carers Notts**

[youngcarersnotts.co.uk/](http://youngcarersnotts.co.uk/)

### **UCAS- help for students with caring responsibilities**

[ucas.com/applying/applying-to-university/students-with-individual-needs/students-with-caring-responsibilities](http://ucas.com/applying/applying-to-university/students-with-individual-needs/students-with-caring-responsibilities)

### **Mobilise- Top tips for carers heading off to university**

[mobiliseonline.co.uk/post/top-tips-for-young-adult-carers-off-to-university](http://mobiliseonline.co.uk/post/top-tips-for-young-adult-carers-off-to-university)

### **Carers Hub**

[carershub.carersfederation.co.uk/contact/](http://carershub.carersfederation.co.uk/contact/)

### **Adult Learning Service**

[inspireculture.org.uk/skills-learning/](http://inspireculture.org.uk/skills-learning/)

## **LearnDirect**

[learndirect.com/](https://www.learndirect.com/)

## **National Careers Service**

[nationalcareers.service.gov.uk/](https://nationalcareers.service.gov.uk/)

## **The Carers Trust**

[carers.org/studying-and-training/free-online-courses-for-carers](https://carers.org/studying-and-training/free-online-courses-for-carers)

## **Courses for speakers of other languages**

[carers.org/studying-and-training/help-if-english-is-not-your-first-language](https://carers.org/studying-and-training/help-if-english-is-not-your-first-language)

## **Nottinghamshire County Council easy read library**

[nottinghamshire.gov.uk/global-content/easy-read-library](https://nottinghamshire.gov.uk/global-content/easy-read-library)

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