

My School Menu

Spring/Summer 2025



Week 1

Week commencing

21 April, 12 May,
2 June, 23 June,
14 July,
1 Sept, 22 Sept,
13 October

Beef burger

Wednesdays

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Vegetarian roll <small>Soya Milk Gluten</small> with baked beans, French fries & sweetcorn	BBQ cheesy chicken <small>Milk</small> with roasted new potatoes, broccoli & carrots	Beef burger <small>Egg Sesame Gluten Sulphur Dioxide</small> OR Southern fried Quorn burger <small>Milk Egg Sesame Gluten</small> with oven chips, baked beans & peas	Roast beef with roast potatoes, seasonal vegetables & gravy	Breaded fish <small>Fish Gluten</small> with crushed new potatoes, sweetcorn & peas
Option 2	Cheesy tomato pasta <small>Mustard Soya Gluten Milk</small> with garlic bread <small>Gluten Soya Milk</small> & vegetable sticks	Cheesy tomato pizza muffin <small>Gluten Milk Soya Sesame</small> with potato balls & sweetcorn	BEEF BURGER WEDNESDAY'S THEME DAY (AS ABOVE)	Glamorgan sausage (veggie) <small>Mustard Milk Gluten</small> with roasted new potatoes, seasonal vegetables & gravy	Jacket potato served with your choice of: baked beans & cheese <small>Milk</small> or tuna mayonnaise <small>Fish Egg</small> & vegetable sticks
Pudding	Honey & oat cookie <small>Gluten</small>	Chocolate muffin <small>Egg Gluten</small>	Ice cream tub <small>Milk</small>	Cornflake tart <small>Gluten Sulphur Dioxide</small> with custard <small>Milk</small>	Chocolate brownie <small>Gluten</small>



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Week 2

Week commencing
28 April, 19 May,
9 June, 30 June,
21 July, 8 Sept,
29th Sept

Taco

Tuesdays

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken & coconut curry Milk with rice & naan bread Gluten	Chicken taco Gluten with BBQ sauce Or tomato salsa Sesame, jewelled rice, carrot & cucumber sticks	Bangers & mash Gluten Sulphur Dioxide with seasonal vegetables & gravy 	Roasted gammon with roasted new potatoes, summery vegetables & gravy	Fish finger cob Fish Gluten Sesame with oven chips, baked beans & peas
Option 2	Quorn dipper Gluten wrap Gluten with mayonnaise Egg & vegetable sticks	Cheese & tomato panini Milk Gluten with vegetable sticks	Jacket potato served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg & vegetable sticks	Plant based sausages Soya Sulphur Dioxide with roasted new potatoes, summery vegetables & gravy	Fishless fingers Gluten with oven chips, baked beans & peas
Pudding	Gingerbread cookies Gluten	Pancakes Gluten Milk Egg & honey	Butterscotch shortcake Milk Gluten	Cherry iced bun Gluten Egg Milk Soya	Ice cream tub Milk



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Week 3

Week commencing

5 May, 26 May,

16 June, 7 July,

28 July, 15 Sept,

6 October

Fakeaway

Fridays

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cheesy BBQ pizza Soya Gluten Milk with potato balls & sweetcorn	Beef Bolognese Mustard Soya Gluten with garlic bread, Gluten Milk Soya carrot & cucumber sticks	Chicken enchiladas Milk Gluten with rice & tomato salsa Sesame	Roast meat of the day filled cob Gluten Sesame (pork or gammon) with new potatoes & roasted summery vegetables	Hot Dog Gluten Sesame Sulphur dioxide with tomato ketchup, peas & french fries
Option 2	Cheese & tomato panini Milk Gluten with vegetable sticks	Jacket potato served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg & vegetable sticks	Filled cob Gluten Sesame with choice of: tuna mayonnaise Fish Egg , ham or cheese Milk with vegetable sticks & crisps	Mac 'n' Cheese Milk Gluten Mustard Soya with garlic bread Gluten Milk Soya	FAKEAWAY FRIDAY'S THEME DAY AS ABOVE
Pudding	Golden syrup flapjack Gluten	Fruit ice lolly	Chocolate crispie Gluten	Iced sprinkle cookie Gluten	Donuts Soya Milk Gluten Egg Sesame



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