

My School Menu

Spring/Summer 2025



Week 1

Week commencing

21 April, 12 May,
2 June, 23 June,
14 July,
1 Sept, 22 Sept,
13 October

Beef burger

Wednesdays

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Vegetarian roll <small>Soya Milk Gluten</small> with baked beans, jacket wedges & sweetcorn	Chicken & coconut curry <small>Milk</small> OR Quorn & coconut curry <small>Milk Egg</small> with rice & naan bread <small>Gluten</small>	Beef burger <small>Egg Sesame Gluten Sulphur Dioxide</small> OR Southern fried Quorn burger <small>Milk Egg Sesame Gluten</small> with oven chips, baked beans & vegetable sticks	Yorkshire pudding wrap <small>Milk Egg Gluten</small> filled with roast chicken OR Quorn <small>Milk Egg</small> roast potatoes, carrots, broccoli & gravy	Breaded fish <small>Fish Gluten</small> OR Fishless finger <small>Gluten</small> with French fries & sweetcorn
Option 2	Cheesy tomato pasta <small>Mustard Soya Gluten Milk</small> with garlic bread <small>Gluten Soya Milk</small> & vegetable sticks	Cheesy tomato pizza muffin <small>Gluten Milk Soya Sesame</small> with potato balls & sweetcorn	Jacket potato with baked beans & cheese <small>Milk</small> or tuna mayonnaise <small>Fish Egg</small> & vegetable sticks	Jacket potato with baked beans & cheese <small>Milk</small> or tuna mayonnaise <small>Fish Egg</small> & vegetable sticks	Cheese & tomato panini <small>Milk Gluten</small> with vegetable sticks
Pudding	Chocolate brownie <small>Gluten</small> or Yoghurt <small>Milk</small>	Honey & oat cookie <small>Gluten</small> or Yoghurt <small>Milk</small>	Cornflake tart <small>Gluten Sulphur Dioxide</small> with custard <small>Milk</small> or Yoghurt <small>Milk</small>	Chocolate crispie <small>Gluten</small> or Yoghurt <small>Milk</small>	Ice cream tub <small>Milk</small> or Yoghurt <small>Milk</small>



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Week 2

Week commencing
28 April, 19 May,
9 June, 30 June,
21 July, 8 Sept,
29th Sept

Taco

Tuesdays

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pork meatballs Egg Gluten OR Veggie meatballs Soya in a tomato sauce with pasta shape of the day Gluten Soya Mustard garlic bread Gluten Milk Soya, carrots & cucumber sticks	BBQ Chicken taco Gluten OR BBQ Quorn taco Gluten Egg with jewelled rice, carrot & cucumber sticks	Hot Dog Gluten Sesame Sulphur dioxide OR Plant based sausage Soya Sulphur dioxide Gluten Sesame with tomato ketchup, sweetcorn & potato balls	Roasted gammon with jacket wedges, broccoli & gravy	Fish fingers Fish Gluten OR Fishless fingers Gluten with oven chips, baked beans & sweetcorn
Option 2	Quorn dipper wrap Gluten with vegetable sticks, tomato ketchup & pommes noisettes	Vegetable chilli with nachos & rice	Jacket potato with baked beans & cheese Milk or tuna mayonnaise Fish Egg & vegetable sticks	Jacket potato with baked beans & cheese Milk or tuna mayonnaise Fish Egg & vegetable sticks	Margherita pizza sub Milk Gluten Sesame oven chips, baked beans & sweetcorn
Pudding	Jelly or Yoghurt Milk	Pancakes Gluten Milk Egg & honey or Yoghurt Milk	Butterscotch shortcake Milk Gluten or Yoghurt Milk	Flapjack Gluten or Yoghurt Milk	Chocolate muffin Egg Gluten or Yoghurt Milk



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Week 3

Week commencing

5 May, 26 May,

16 June, 7 July,

28 July, 15 Sept,

6 October

Fakeaway Fridays

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Margherita pizza <small>Soya Gluten Milk</small> with potato balls & sweetcorn	Beef Bolognese <small>Mustard Soya Gluten</small> OR Quorn Bolognese <small>Mustard Soya Gluten Egg</small> with garlic bread, <small>Gluten Milk Soya</small> carrot & cucumber sticks	Mac 'n' cheese <small>Milk Gluten Mustard Soya</small> with garlic bread <small>Gluten Milk Soya</small> & sweetcorn	Bangers & mash <small>Gluten Sulphur Dioxide</small> OR Plant based sausage <small>Soya Sulphur Dioxide</small> with seasonal vegetables & gravy	MSC fish portion <small>Gluten Fish</small> with tomato ketchup, baked beans & French fries
Option 2	Veggie burrito <small>Soya Gluten</small> with nachos & vegetable sticks	Jacket potato with baked beans & cheese <small>Milk</small> or tuna mayonnaise <small>Fish Egg</small> & vegetable sticks	Quorn dippers <small>Gluten</small> with potato wedges, sweetcorn & BBQ sauce	Jacket potato with baked beans & cheese <small>Milk</small> or tuna mayonnaise <small>Fish Egg</small> & vegetable sticks	Jacket potato with baked beans & cheese <small>Milk</small> or tuna mayonnaise <small>Fish Egg</small> & vegetable sticks
Pudding	Strawberry fairy cake <small>Gluten Egg</small> or Yoghurt <small>Milk</small>	Jam roly poly <small>Gluten Milk Sulphur Dioxide Egg</small> with custard <small>Milk</small> or Yoghurt <small>Milk</small>	Fruit ice lolly or Yoghurt <small>Milk</small>	Iced sprinkle cookie <small>Gluten</small> or Yoghurt <small>Milk</small>	Donuts <small>Soya Milk Gluten Egg Sesame</small> or Yoghurt <small>Milk</small>



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