My School Menu Spring/Summer 2025 week 1 Week commencing 21 April, 12 May, 2 June, 23 June, 14 July,

1 Sept, 22 Sept, 13 October

## Wednesdays

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Vegetarian roll Soya Milk Gluten with baked beans, jacket wedges & sweetcorn	BBQ cheesy chicken Milk OR Quorn Milk Egg with roasted new potatoes, broccoli & carrots	Beef burger Egg Sesame Gluten Sulphur Dioxide OR Southern fried Quorn burger Milk Egg Sesame Gluten with oven chips, baked beans & peas	Yorkshire pudding wrap Milk Egg Gluten filled with roast meat of the day OR Quorn Milk Egg roast potatoes, seasonal vegetables & gravy	Breaded fish Fish Gluten OR Fishless finger Gluten with crushed new potatoes, sweetcorn & peas
Option 2	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg
Available Dailv	Sandwich Gluten Soya Fillings: cheese Milk, ham or tuna mayonnaise Fish Egg, egg mayonnaise Egg, Vegetable sticks or mixed salad, crisps, and pudding of the day OR Jelly Or Fruit				

Honey & oat cookie Gluten OR Jelly OR Fruit Chocolate muffin Egg Gluten OR Jelly OR Fruit

Ice cream tub Milk OR Jelly OR Fruit

Cornflake tart with biscuit base Gluten Sulphur Dioxide with custard Milk

Chocolate brownie Gluten OR Jelly OR Fruit





	Monday	Tuesday	Wednesday	Thursday	Friday	
Option 1	Pork meatballs  Egg Gluten OR  Veggie meatballs  Soya in a tomato sauce with pasta shape of the day Gluten Soya Mustard & roasted mediterranean vegetables	Chicken taco Gluten OR Quorn taco Gluten Egg with BBQ sauce or tomato salsa Sesame jewelled rice, carrot & cucumber sticks	Bangers & mash Gluten Sulphur Dioxide OR Plant based sausage Soya Sulphur Dioxide with seasonal vegetables & gravy  Featuring our sausage from local butchers Maloney's	Roasted gammon with jacket wedges, roasted summery vegetables & gravy	Fish finger cob Fish Gluten Sesame OR Fishless finger cob Gluten Sesame with oven chips, baked beans & peas	
Option 2	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg	
Available Daily	Sandwich Gluten Soya Fillings: cheese Milk, ham or tuna mayonnaise Fish Egg, egg mayonnaise Egg, Vegetable sticks or mixed salad, crisps, and pudding of the day OR Jelly Or Fruit					
Puddin	Gingerbread cookies Gluten OR Jelly OR Fruit	Pancakes Gluten Milk Egg & honey OR Jelly OR Fruit	Butterscotch shortcake Milk Gluten OR Jelly OR Fruit	Cherry iced bun Gluten Egg Milk Soya OR Jelly OR Fruit	Ice cream tub Milk OR Jelly OR Fruit	



My School Menu Spring/Summer 2025

week 3

Week commencing 5 May, 26 May, 16 June, 7 July, 28 July, 15 Sept, 6 October

## Fridays

M		Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1	Cheesy BBQ pizza Soya Gluten Milk with potato balls &sweetcorn	Beef Bolognese Mustard Soya Gluten OR Quorn Bolognese Mustard Soya Gluten Egg with garlic bread Gluten Milk Soya carrot & cucumber sticks	Chicken enchiladas Milk Gluten OR Quorn enchiladas Milk Gluten Egg with rice & tomato salsa Sesame	Roast meat of the day filled cob Gluten Sesame (pork or gammon)  OR  Quorn Egg Milk with jacket wedges & roasted summery vegetables	Hot Dog Gluten Sesame Sulphur dioxide OR Plant based sausage Soya Sulphur dioxide Gluten Sesame with tomato ketchup, peas & french fries
	Option 2	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg
m	Available Daily	Sandwich Gluten Soya  Fillings: cheese Milk, ham or tuna mayonnaise Fish Egg, egg mayonnaise Egg, Vegetable sticks or mixed salad, crisps, and pudding of the day OR Jelly Or Fruit				
	Pudding	Golden syrup flapjack Gluten OR Jelly OR Fruit	Fruit ice lolly OR Jelly OR Fruit	Strawberry mousse  Milk with crushed meringues Egg Milk & raspberry sauce OR Jelly OR Fruit	Jam roly poly Gluten Milk Sulphur Dioxide Egg with custard Milk OR Jelly OR Fruit	Donuts Soya Milk Gluten Egg Sesame OR Jelly OR Fruit

