

# Support for carers: Help in an emergency



This easy read tells you about support for carers and what you can do if there is an emergency.

## Emergency planning



[The Carers Hub](#) can help you make an emergency plan.



This means the person you care for will still be looked after if something happens to you.



An emergency plan can include things like:



- Emergency contacts



- Medications



- GP information



- Medical information



- Important people who can help.



The Carers Hub has templates and information to help you make your emergency plan.

# Carer's Emergency Card- Nottinghamshire County only



If you are caring for someone who lives in Nottinghamshire County, then Nottinghamshire County Council can give you a Carer's Emergency Card.



It is free.



The card tells people that you are a carer and has a phone number for the Customer Service Centre or the Emergency Duty Team.



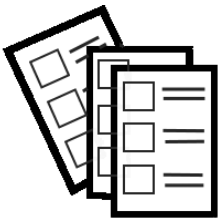
They will have a record of your emergency contacts.



You can [apply online](#) for a Carer's Emergency Card, under 'County Emergency Card for Carers'.



You can also phone 0300 500 80 80 to apply for a carer's card.



We have lots of other documents about for support for carers in [our easy read library](#). This document is part of a set of 19.

## Links in this document

### The Carers Hub

[carershub.carersfederation.co.uk/contact/](http://carershub.carersfederation.co.uk/contact/)

### Apply online for a carers card

[nottinghamshire.gov.uk/carersemergencycardform](http://nottinghamshire.gov.uk/carersemergencycardform)

## **Nottinghamshire County Council easy read library**

[nottinghamshire.gov.uk/global-content/easy-read-library](https://nottinghamshire.gov.uk/global-content/easy-read-library)

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