

My School Manu

Winter 2025 - 2026

Week commencing

3<sup>rd</sup> November 24<sup>th</sup> November 15<sup>th</sup> December 5<sup>th</sup> January 26<sup>th</sup> January 9<sup>th</sup> March



	Monday	Tuesday	Wednesday	Thursday	Friday			
Option 1	Tortelloni Formaggio Gluten Egg Milk in a tomato & basil sauce with garlic bread Gluten Soya Milk	Beef Spaghetti Bolognese Gluten Mustard Soya with garlic bread Gluten Soya Milk	Roast meat of the day with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Beef burger Sesame Gluten Sulphur Dioxide with pommes noisettes, baked beans & peas	Fishcake Cob Gluten Fish Sesame with oven chips & peas			
<u></u>	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg							
Pudding	Classic iced 'school' cake Egg Gluten Milk	Spiced apple crumble Gluten with custard Milk	Pinwheel cookie Gluten	Donuts Soya Milk Gluten Egg Sesame	Custard tart Milk Gluten			







### Margherita Pizza Soya Gluten Milk With pommes noisettes &

Monday

crunchy vegetable sticks

# Tuesday

All day brunch
Nottinghamshire
sausage
Gluten Sulphur
Dioxide
&

bacon
with
hash browns, baked
beans &
scrambled eggs
Egg Milk

## Wednesday

Roast meat of the day with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy

# **Thursday**

Loaded Chicken
Biryani Chapati's
Gluten
with a tomato, red
onion
&
mint salad

### Friday

Tempura battered
MSC Pollock taco
Gluten Soya Fish
with
curried veg slaw
Egg
&
oven chips



Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg

#### Chocolate & orange cookie Gluten

New York cheesecake Gluten Soya Milk Sticky toffee pudding Milk Egg Gluten with custard Milk Cardamom rice pudding Milk JimJam 'nut free' chocolate croissant Gluten Milk







17<sup>th</sup> November, 8<sup>th</sup> December, 19<sup>th</sup> January, 9<sup>th</sup> February, 2<sup>nd</sup> March, 23<sup>rd</sup> March

# Taste ASIA

1,000								
	Monday	Tuesday	Wednesday	Thursday	Friday			
Option 1	Sweet and Sour chicken with Udon noodles Gluten Or rice & a vegetable spring roll Gluten Egg Milk Soya Celery	Chicken & vegetable fajitas Gluten with smoky jacket wedges & tomato salsa Sesame	Roast meat of the day with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Honey chicken filled bao bun Gluten Soya Sesame with sticky rice & crunchy vegetable sticks	Chip shop style fish 'n' chips Gluten Fish with curry sauce Celery, Egg, Milk, Mustard, Soya, Gluten & peas			
<b>5</b>	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg							
Pudding	Zesty lemon jelly with a cookie Gluten	Iced carrot cake Gluten Egg Sulphur Dioxide	Chocolate Cracknell Gluten Milk	Butterscotch shortcake Gluten Milk Soya	JimJam 'Nut Free' Chocolate brownie Egg Milk Gluten			



