# AUTUMN/WINTER 2023/24

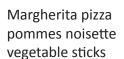


**WEEK COMMENCING** 

February 12, March 4, March 25



#### Vegetarian meals are available upon request



Gluten Milk Soya

Spaghetti Bolognese garlic bread crunchy vegetables

Gluten Milk Soya Fish

Southern style burger in a bun jacket wedges carrot sticks & ranch salad

Gluten Egg Milk Sesame

Roast turkey & stuffing gravy roast OR mashed potatoes cabbage & carrots

Gluten

MSC fish cake diced potatoes garden peas & crunchy veg tomato ketchup

Gluten Fish

MAIN MEAL



Mixed berry mousse & apple wedge OR Fruit

Milk



Cornflake tart & custard OR Fruit

Milk Gluten Sulphur Dioxide



Fruit flapjack OR Fruit

Gluten



Cheese & crackers

OR

Fruit

Gluten Milk



Apple muffin OR Fruit

Gluten Egg

DESSERT











ALSO SERVED DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily, Coleslaw Egg when served.

www.nottinghamshire.gov.uk/schoolmeals

AUTUMN/WINTER 2023/24



**WEEK COMMENCING** 

January 29, February 19, March 11, April 1



#### Vegetarian meals are available upon request

# **MAIN MEAL**

### DESSERT



Quorn dippers roast baby potatoes sweetcorn cucumber sticks

Gluten



Chocolate sponge & chocolate sauce OR Fruit

Milk Egg Gluten



Nottinghamshire sausage gravy, Yorkshire pudding mashed potato broccoli & carrots

Jelly & fruit OR Fruit



DNESDAY

Cheesy tomato pasta garlic bread carrot & cucumber sticks

Egg Gluten Milk Sulphur Dioxide



Bakewell tart & custard OR Fruit



Gluten Milk Soya

Roast pork, stuffing & gravy Yorkshire pudding

Yorkshire pudding roast OR mashed potato cabbage & fresh carrots

Honey & oatmeal cookie
OR
Fruit

Egg Gluten Sulphur Dioxide Milk



Milk Egg Gluten

MSC fish finger wrap Pommes noisette crunchy veg & sweetcorn tomato ketchup

Gluten Milk Fish



Strawberry ice-cream tub
OR
Fruit

Milk

Gluten



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**AUTUMN/WINTER** 2023/24

**WEEK COMMENCING** 

February 5, February 26, March 18, April 8



#### Vegetarian meals are available upon request

## **MAIN MEAL**



Vegan roll & gravy baby roast potatoes garden peas fresh carrots

Gluten



Chocolate brownie OR Fruit





Meatballs in tomato sauce with pitta bread Tilda rice Crunchy vegetables



**Butterscotch** tart OR Fruit



Gluten Egg Milk Soya



Pasta Neapolitan garlic bread sweetcorn cobette



Honey cake & custard OR Fruit



Milk Gluten Soya



Roast Gammon & gravy Yorkshire pudding roast OR mashed potatoes carrots & broccoli



Fruit cookie OR Fruit

Milk Egg Gluten



Milk Egg Gluten



MSC breaded fish portion oven chips garden peas & sweetcorn tomato ketchup

Gluten Fish



Fruit yoghurt

Milk

Fruit

Gluten



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