

Support for carers: Money advice



This easy read tells you about money advice, benefits, and Disability Related Expenditure.

Benefits advice



Nottinghamshire County Council have a benefits team who can:



- Give you advice.



- Make sure you are getting the benefits you should be.



- Help you to live as independently as possible.



The benefits team can:



- Do benefits checks.



- Give advice on claiming benefits.



- Do assessments to see which benefits you can get.



- Give you advice on what to do if your benefits claim is unsuccessful.



- Take emergency action to see any debts you have. (Money that you owe).



- Tell you about other services that can help you.



- Tell you reasons you can challenge any benefits decisions and help you.



- Give you advice on how to get any money you might be allowed.

Managing the cost of care



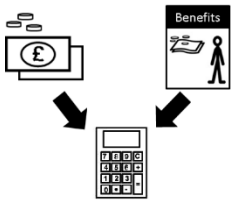
We will do an assessment to see if we can help you with your care needs.



Not all types of care and support will cost you money.



A social worker or financial assessor will meet with you to talk about the money you have, such as your income, pension, benefits and savings, as well as assets such as owning a house.



Your mortgage payments and bills will also be looked at when it is being decided how much money you will have to pay towards your care.

Disability Related Expenditure



Disability Related Expenditure is money you need to spend because of your disability, that people without a disability wouldn't need to spend.



When the Council charges you money for support, Disability Related Expenditure (DRE) must be thought about.



The County Council has information to help you [understand what could be considered a DRE](#), but the list does not include everything.



Your social worker should tell you this information before you have an assessment or a review so you can prepare.

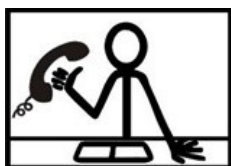


If you need more information you can contact acfs.community-assessments@nottsc.gov.uk



If you live in Nottingham City and need more information on charging you can visit the [website](#).

Contact details and more information



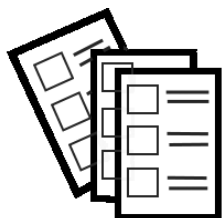
The Nottinghamshire County Council Customer Service Centre can help with benefits advice if you live in Nottinghamshire County. You can phone them on 0300 500 80 80.



There is information on [benefits advice](#) on the Nottinghamshire County Council website.



If you live in Nottingham City and not the county, please visit the Nottingham City Council website to see information about [organisations that can help you](#) with welfare and debt advice.



We have lots of other documents about for support for carers in [our easy read library](#). This document is part of a set of 19.



The NHS has information on their website about [benefits for carers](#).

Links in this document

Disability Related Expenditure

nottinghamshire.gov.uk/policy-library/91943/what-is-disability-related-expenditure

Nottingham City Council charging/ financial and legal support

nottinghamcity.gov.uk/information-for-residents/health-and-social-care/adult-social-care/financial-and-legal-support/

Nottinghamshire County Council benefits advice

nottinghamshire.gov.uk/care/benefits-finance/benefits

Nottingham City- organisations that can help you

nottinghamcity.gov.uk/welfarerights

Nottinghamshire County Council easy read library

nottinghamshire.gov.uk/global-content/easy-read-library

NHS- benefits for carers

nhs.uk/conditions/social-care-and-support-guide/support-and-benefits-for-carers/benefits-for-carers

This easy read was first published 14 April 2026.
This information was last updated 14 April 2026.