

## My School Manu

Winter 2025 - 2026

### Week commencing

3<sup>rd</sup> November 24<sup>th</sup> November 15<sup>th</sup> December 5<sup>th</sup> January 26<sup>th</sup> January 9<sup>th</sup> March



	Monday	Tuesday	Wednesday	Thursday	Friday		
Option 1	Cheese & basil pasta Gluten Mustard soya with garlic bread Gluten Soya Milk	Pacific Salmon Fish, With cauliflower, broccoli & New potatoes	Roast gammon with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & Gravy	Nottinghamshire sausage Gluten Sulphur Dioxide with mashed potato & Baked beans	Fishcake Cob Gluten Fish Sesame with oven chips & peas		
***	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg						
Pudding	Iced cookie Gluten	Apple crumble Gluten with custard Milk	Chocolate cookie Gluten	Donuts Soya Milk Gluten Egg Sesame	Vanilla muffin Gluten		







### Monday Tuesday **Thursday** Friday Wednesday Cheesy pizza All day brunch Roast gammon cob Quorn dippers Tempura battered Milk Gluten Soya Gluten sesame Nottinghamshire Gluten MSC Pollock taco with With with Gluten Soya Fish sausage pommes noisettes Gluten Sulphur roast potatoes, Pommes noisettes with Dioxide carrots, broccoli & coleslaw & Vegetable sticks Egg & Seasonal & bacon gravy vegetables with oven chips hash browns, baked beans & scrambled eggs Egg Milk Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg Chocolate cookie New York Sticky toffee Rice pudding Chocolate brownie Gluten cheesecake pudding Milk Gluten Milk Egg Gluten Gluten Soya Milk with custard Milk







17th November, 8th December, 19th January, 9th February, 2<sup>nd</sup> March, 23<sup>rd</sup> March

# Taste ASIA

1 - 12							
	Monday	Tuesday	Wednesday	Thursday	Friday		
Option 1	Sweet & sour chicken With Rice & a vegetable spring roll Gluten Egg Milk Soya Celery	Chicken & vegetable fajitas Gluten with jacket wedges & tomato salsa Sesame	Roast gammon cob Gluten sesame roast potatoes, carrots, broccoli & gravy	Vegetarian roll Gluten Soya Milk with new potatoes & crunchy vegetable sticks	Chip shop style fish 'n' chips Gluten Fish with curry sauce Celery, Egg, Milk, Mustard, Soya, Gluten & peas		
<b>*</b>	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg						
Pudding	Flapjack Gluten	Lemon & lime jelly & a cookie Gluten	Chocolate Cracknell Gluten Milk	Iced carrot cake Gluten Egg Milk Sulphur dioxide	JimJam 'Nut Free' Chocolate brownie Milk Gluten		



