

My School Manu

Winter 2025 - 2026

Week commencing

3rd November 24th November 15th December 5th January 26th January 9th March



	Monday	Tuesday	Wednesday	Thursday	Friday			
Option 1	Cheesy tomato pasta Gluten Milk Mustard Soya with garlic bread Gluten Soya Milk & crunchy vegetable sticks	Chicken & coconut curry Milk with rice & naan bread Gluten	Nottinghamshire sausage Gluten Sulphur Dioxide with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Lemon & herb chicken Sulphur Dioxide with roast potatoes & corn on the cob	Fishfinger Cob Gluten Fish Sesame with tomato ketchup, oven chips & peas			
.	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg							
Pudding	Chocolate crispie Gluten	Apple crumble Gluten with custard Milk	Pinwheel cookie Gluten	Donuts Soya Milk Gluten Egg Sesame	Classic iced 'school' cake Egg Gluten Milk			







Monday

Cheesy tomato pizza

muffin
Gluten Milk Soya
Sesame
with potato balls
&
baked beans

Tuesday

All day brunch
Nottinghamshire
sausage
Gluten Sulphur
Dioxide
&
bacon
with
hash browns, baked
beans &
scrambled eggs
Egg Milk

Wednesday

Roast chicken
with
Yorkshire
pudding
Milk Egg Gluten
roast potatoes,
carrots, broccoli
&
gravy

Thursday

Pork meatballs
 Egg Gluten
in a tomato sauce
 with
pasta shape of the
 day
Gluten Soya Mustard,
crunchy vegetable
 sticks
 &
crusty bread

Gluten Sesame

Friday

Tempura battered
MSC Pollock wrap
Gluten Soya Fish
with
peas, sweetcorn
&
oven chips



Chocolate & orange cookie Gluten New York cheesecake Gluten Soya Milk Sticky toffee muffin Milk Egg Gluten

Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg

Ice cream arctic roll Milk Gluten Cornflake tart Gluten Sulphur Dioxide with custard Milk







Week commencing

17th November, 8th December, 19th January, 9th February, 2nd March, 23rd March

Taste ASIA

land the same							
	Monday	Tuesday	Wednesday	Thursday	Friday		
Option 1	Vegetarian roll Soya Milk Gluten with baked beans & potato balls	Cheese or Cheese & ham panini Milk Gluten with crisps & vegetable sticks	Nottinghamshire sausage Gluten Sulphur Dioxide with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Beef burger Sesame Gluten Sulphur Dioxide with jacket wedges & sweetcorn	Chip shop style fish 'n' chips Gluten Fish with curry sauce Celery, Egg, Milk, Mustard, Soya, Gluten & peas		
55	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg						
Pudding	Ginger cookie Gluten	lce cream tub Milk	Chocolate Cracknell Gluten Milk	Butterscotch shortcake Gluten Milk Soya	JimJam 'Nut Free' Chocolate brownie Egg Milk Gluten		



