

My future: youth support programme



This easy read tells you about the My Future Youth Support Programme.

What is “My Future”?



The “My Futures” programme works with children and young people aged 10 to 18.



It is a voluntary programme which helps children and young people move away from crime and anti-social behaviour and to make the most of their lives.



Workers offer individual support that is best for the young person and their needs.



The support can be given to the young person alone or as part of a group.



My Futures also offers mentoring support to help young people make better choices for their future.



My Futures works closely with schools, children's social care, health, police and the youth service to give the best possible help.

My Futures' Work



My Futures does all sorts of things to help young people get what they need to stay out of trouble, such as:



- Developing skills.



- Getting back into education or training.



- Getting a job.

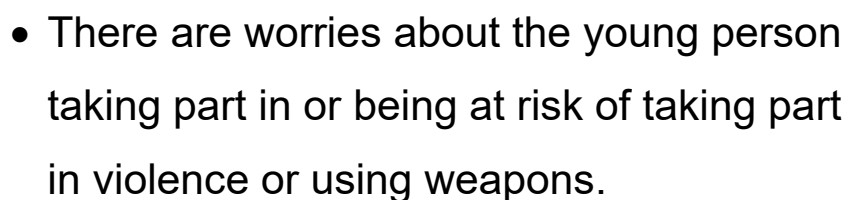


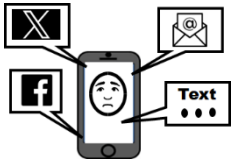
- Working through problems.



A stick figure stands with hands on hips. Above the head are two thought bubbles: the left one contains a target symbol, and the right one contains a thumbs-up hand symbol. Dashed lines connect the figure's head to the bubbles.

- The young person is taking part in or at risk of taking part in crime or anti-social behaviour.





- There are worries about their use of social media which could put them or other people at risk of getting hurt.



- There are worries about their thinking or behaviour such as having attitudes or beliefs that could hurt other people.



- There are worries about the young person becoming involved in serious youth violence or child criminal exploitation.



- There is other worrying behaviour which could lead to police being involved.

How to make a referral to My Futures



All partner agencies can make a referral by phoning the Youth Justice Service duty officer on: 0115 804 2888.



If you don't know if someone qualifies for a referral, or you are a parent or guardian who wants a referral for your child, please contact the "Early Help Unit" for advice and information.



You can contact the Early Help Unit by:

Phone: 0115 804 1248

or email: early.help@nottscg.gov.uk



If you are a young person wanting help, you can contact the early help unit or access [Notts Help Yourself](http://nottshelpyourself.org.uk) for more information and advice.



If a young person is at risk of immediate harm a safeguarding referral should be made to the Multi-Agency Safeguarding Hub ([MASH](#))

Links in this document

Notts Help Yourself

nottshelpyourself.org.uk/kb5/nottinghamshire/directory/service.page?id=c8jgjR4VJI4

Multi- Agency Safeguarding Hub (MASH)

nottinghamshire.gov.uk/care/safeguarding/childrens-mash

For plain English web page version of this information, go to:

[My Future: Youth Support Programme \(Nottinghamshire County Council\)](https://nottinghamshire.gov.uk/care/childrens-social-care/youth-justice/my-futures-youth-support-programme)

nottinghamshire.gov.uk/care/childrens-social-care/youth-justice/my-futures-youth-support-programme

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