

My School Menu

Spring/Summer 2025



Week 1

Week commencing

21 April, 12 May,
2 June, 23 June,
14 July,
1 Sept, 22 Sept,
13 October

Beef burger

Wednesdays

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------|---|---|--|--|---|
| Option 1 | Vegetarian roll Soya Milk Gluten with baked beans, jacket wedges & vegetable sticks | Tomato & basil chicken parm Milk with roasted new potatoes & sweetcorn | Beef burger Egg Sesame Gluten Sulphur Dioxide OR Southern fried Quorn burger Milk Egg Sesame Gluten with oven chips, baked beans & peas | Yorkshire pudding wrap Milk Egg Gluten filled with roast meat of the day, roast potatoes, seasonal vegetables & gravy | Breaded fish Fish Gluten with crushed new potatoes, sweetcorn & peas |
| Option 2 | Cheesy tomato pasta Mustard Soya Gluten Milk with garlic bread Gluten Soya Milk & vegetable sticks | Cheesy tomato pizza muffin Gluten Milk Soya Sesame with roasted new potatoes & sweetcorn | BEEF BURGER WEDNESDAY'S THEME DAY (AS ABOVE) | Glamorgan sausage (veggie) Mustard Milk Gluten with roasted new potatoes, seasonal vegetables & gravy | Veggie burrito Soya Gluten with cheese Milk , tomato salsa Sesame & rice |
| 3 | Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg | | | | |
| Pudding | Honey & oat cookie Gluten | Chocolate muffin Egg Gluten | Ice cream tub Milk | Cornflake tart Gluten Sulphur Dioxide with custard Milk | Chocolate brownie Gluten |



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Week 2

Week commencing
28 April, 19 May,
9 June, 30 June,
21 July, 8 Sept,
29th Sept

Taco

Tuesdays



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------|--|---|--|--|--|
| Option 1 | Pork meatballs Egg Gluten in a tomato sauce with pasta shape of the day Gluten Soya Mustard & roasted mediterranean vegetables | Chicken taco Gluten with BBQ sauce OR tomato salsa Sesame, jewelled rice, carrot & cucumber sticks | Bangers & mash Gluten Sulphur Dioxide with seasonal vegetables & gravy  | Roasted gammon with jacket wedges, roasted summery vegetables & gravy | Fish finger cob Fish Gluten with oven chips, baked beans & peas |
| Option 2 | Cheese & tomato panini Milk Gluten with vegetable sticks | TACO TUESDAY THEME DAY (AS ABOVE) | Plant based sausage & mash Soya Sulphur Dioxide with seasonal vegetables & gravy | Vegetable chilli with nachos & rice | Fishless fingers Gluten with oven chips, baked beans & peas |
| 3 | Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg | | | | |
| Pudding | Gingerbread cookies Gluten | Pancakes Gluten Milk Egg & honey | Butterscotch shortcake Milk Gluten | Cherry iced bun Gluten Egg Milk Soya | Strawberry fairy cake Egg Gluten |



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Week 3

Week commencing

5 May, 26 May,

16 June, 7 July,

28 July, 15 Sept,

6 October

Fakeaway

Fridays

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------|---|---|--|---|--|
| Option 1 | <p>Cheesy BBQ pizza Soya Gluten Milk</p> <p>OR</p> <p>Margherita pizza Soya Gluten Milk</p> <p>with potato balls & sweetcorn</p> | <p>Beef Bolognese Mustard Soya Gluten</p> <p>with garlic bread, Gluten Milk Soya</p> <p>carrot & cucumber sticks</p> | <p>Chicken enchiladas Milk Gluten</p> <p>with rice & tomato salsa Sesame</p> | <p>Roast meat of the day filled cob Gluten Sesame</p> <p>(pork or gammon) with jacket wedges & roasted summery vegetables</p> | <p>Hot Dog Gluten Sesame Sulphur dioxide</p> <p>with tomato ketchup, peas & french fries</p> |
| Option 2 | <p>Quorn dippers Gluten</p> <p>with potato balls & sweetcorn</p> | <p>Pesto pasta with melted cheese, Mustard Soya Milk Gluten</p> <p>garlic bread, Gluten Soya Milk</p> <p>carrot & cucumber sticks</p> | <p>Filled cob Gluten Sesame</p> <p>with choice of: tuna mayonnaise Fish Egg, ham or cheese Milk</p> <p>with vegetable sticks & raisins & sultanas snack pack</p> | <p>Mac 'n' Cheese Milk Gluten Mustard Soya</p> <p>with garlic bread Gluten Milk Soya</p> | <p>FAKEAWAY FRIDAY'S THEME DAY AS ABOVE</p> |
| 3 | <p>Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg</p> | | | | |
| Pudding | <p>Golden syrup flapjack Gluten</p> | <p>Jam roly poly Gluten Milk Sulphur Dioxide Egg</p> <p>with custard Milk</p> | <p>Strawberry mousse Milk</p> <p>with crushed meringues Egg Milk & raspberry sauce</p> | <p>Fruit ice lolly</p> | <p>Donuts Soya Milk Gluten Egg Sesame</p> |



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