

Transport and Travel



This easy read information is from Ask Us Nottinghamshire - Young People's Zone.



This document tells you about different ways you can get support with travel and transport.



Sometimes, children and young people with special educational needs and/or a disability need extra help getting to and from the places they visit.



There are different ways you can get support, such as assisted transport or independent travel training.

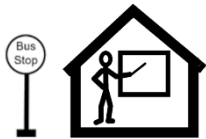
Independent Travel Training



Independent Travel Training (ITT) is training for people who can't or may find it difficult to travel alone on public transport because of learning or physical disabilities.



You can get Independent Travel Training at:



- School.
- College.



- Voluntary services.
- Day services.



Independent Travel Training can help you to learn to travel by yourself to different places.



You could learn to travel by yourself to:



- School.
- College.



- Work.
- Work experience.



- Back home.



Nottinghamshire County Council and Nottingham City Council have training to help people with disabilities travel safely on their own.



You might use public transport such as buses or trains to:



- Get to school or college.



- Go to your job.



- Visit friends or family.



- Go out for the day.



[You can read more information online about Nottinghamshire County Council's Independent Travel Training Scheme.](#)



[You can read more information online about Nottingham City Council's Independent Travel Training.](#)



You can watch a video about independent travel training [on our Travel and Transport webpage.](#)

Transport for children and young people with SEND



If you can't travel alone, you might be able to apply for travel assistance.



[You can find out more about Nottingham City Council's school transport for children with SEND, here.](#)



[You can find out more about Nottinghamshire County Council's travel assistance for children and young people with special transport needs, here.](#)

Where can I get help?



You can [contact Ask Us Nottinghamshire](#) for information, advice or support.



The Ask Us Nottinghamshire service is here to help with a range of issues.



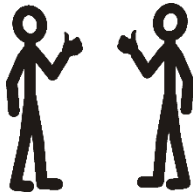
We can:



- Give you advice.



- Talk to your parents.



- Help you identify someone at your school who can support you.



If you would like to talk to us about the information you have read on this page, please contact us.



- [Visit our website.](#)



- Email: enquiries@askusnotts.org.uk



- Phone: 0800 121 7772

Links in this document

Nottinghamshire County Council Independent Travel Training Scheme

nottshelpyourself.org.uk/kb5/nottinghamshire/directory/service.page?id=JtmrJNHsvVM&=

Nottingham City Council Independent Travel Training

nottinghamcity.gov.uk/itt

Ask Us Nottinghamshire Young People's Zone- Travel and Transport, including the video about independent travel training

askusnotts.org.uk/young-people/transport-and-travel

Nottingham City Council – School transport for children with SEND

nottinghamcity.gov.uk/information-for-residents/education-and-schools/travelling-to-school/school-transport-for-children-with-special-educational-needs/

Nottinghamshire County Council- travel assistance for children and young people with special transport needs

nottinghamshire.gov.uk/education/travel-to-schools/special-transport-needs

Contact Ask Us Nottinghamshire

askusnotts.org.uk/contact

For the plain English web page version of this information, go to:

[Transport and Travel - Ask Us Nottinghamshire](https://askusnotts.org.uk/young-people/transport-and-travel)

<https://askusnotts.org.uk/young-people/transport-and-travel>

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