

My School Manu

Winter 2025 - 2026

Week commencing

3rd November 24th November 15th December 5th January 26th January 9th March



	Monday	Tuesday	Wednesday	Thursday	Friday		
Option 1	Margherita pizza Soya gluten Milk With pommes noise es & Crunchy vegetable s icks	Eat Curious spaghetti Bolognese Gluten Mustard Soya With corn on the cob	Beef burger Sesame Gluten sulphur dioxide With French fries, baked beans & peas	Tortelloni Formaggio Gluten Egg Milk in a tomato & basil sauce with garlic bread Gluten Soya Milk	Fishcake Gluten Fish OR Quorn dippers Gluten With oven chips, tomato ketchup & peas		
***	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg						
Pudding	Flapjack Gluten	Pinwheel cookie Gluten	Donuts Soya Milk Gluten Egg Sesame	Apple sponge Gluten Egg & Custard Milk	Classic iced 'school' cake Milk Egg Gluten		







	Monday	Tuesday	Wednesday	Thursday	Friday		
Option 1	Cheesy Naan bread pizza Milk Gluten with Bombay potatoes	Roast meat of the day with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Quorn dippers Gluten With Potato balls, tomato ketchup & Vegetable sticks	Loaded Chicken Biryani Chapati's Gluten with a tomato, red onion & mint salad	Tempura battered MSC Pollock taco Gluten Soya Fish with curried veg slaw Fgg & oven chips		
<u> </u>	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg						
Pudding	Cardamom rice pudding Milk	JimJam 'nut free' chocolate croissant Gluten Milk	New York cheesecake Gluten Soya Milk	Sticky toffee pudding Milk Egg Gluten with custard Milk	Chocolate & orange cookie Gluten		







Week commencing

17th November, 8th December, 19th January, 9th February, 2nd March, 23rd March

Taste ASIA

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	Monday	Tuesday	Wednesday	Thursday	Friday	
Option 1	Vegetable chilli With Nachos & rice	Chicken OR Quorn Mustard teriyaki Udon noodles Gluten Soya With a vegetable spring roll Gluten Egg Milk Soya Celery	Roast meat of the day OR Roast Quorn Milk Egg with Yorkshire pudding Milk Egg Gluten mashed potatoes, carrots, broccoli & gravy	Honey chicken OR Quorn Milk Egg filled bao bun Gluten Soya Sesame with sticky rice & crunchy vegetable sticks	Chip shop style fish 'n' chips Gluten Fish with curry sauce Celery, Egg, Milk, Mustard, Soya, Gluten, peas & sweetcorn	
*	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg					
Pudding	JimJam 'Nut Free' Chocolate brownie Milk Gluten	Iced carrot cake Gluten Egg Sulphur Dioxide	Zesty lemon & lime jelly with a cookie Gluten	Butterscotch shortcake Gluten Milk Soya	Chocolate Cracknell Gluten Milk	



