

My School Manu

Winter 2025 - 2026

Week commencing

3rd November 24th November 15th December 5th January 26th January 9th March



	Monday	Tuesday	Wednesday	Thursday	Friday		
Option 1	Tortelloni Formaggio Gluten Egg Milk in a tomato & basil sauce with garlic bread Gluten Soya Milk	Pacific Salmon, broccoli, pea & cream cheese pasta Gluten Milk Fish Mustard Soya	Roast meat of the day with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Lemon & herb chicken Sulphur Dioxide with mashed potato & corn on the cob	Fishcake Cob Gluten Fish Sesame with lemon mayonnaise Egg Sulphur Dioxide, oven chips & peas		
Option 2	Filled cob Gluten Sesame with tuna mayonnaise Fish Egg, vegetable sticks & crisps	Filled cob Gluten Sesame with cheese Milk, vegetable sticks & crisps	Filled cob Gluten Sesame with ham, vegetable sticks & crisps	Filled cob Gluten Sesame with tuna mayonnaise Fish egg, vegetable sticks & crisps	Filled cob Gluten Sesame with cheese Milk & ham vegetable sticks & crisps		
*	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg						
dding	Classic iced 'school' cake Egg Gluten Milk	Spiced apple crumble Gluten with custard	Pinwheel cookie Gluten	Donuts Soya Milk Gluten Egg Sesame	Custard tart Milk Gluten		







	Monday	Tuesday	Wednesday	Thursday	Friday		
Option 1	Cheesy Naan bread pizza Milk Gluten with Bombay potatoes	All day brunch Nottinghamshire sausage Gluten Sulphur Dioxide & bacon with hash browns, baked beans & scrambled eggs Egg Milk	Roast meat of the day with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Loaded Chicken Biryani Chapati's Gluten with a tomato, red onion & mint salad	Tempura battered MSC Pollock taco Gluten Soya Fish with curried veg slaw Egg & oven chips		
Option 2	Filled cob Gluten Sesame with tuna mayonnaise Fish Egg, vegetable sticks & crisps	Filled cob Gluten Sesame with cheese Milk, vegetable sticks & crisps	Filled cob Gluten Sesame with ham, vegetable sticks & crisps	Filled cob Gluten Sesame with tuna mayonnaise Fish egg, vegetable sticks & crisps	Filled cob Gluten Sesame with cheese Milk & ham vegetable sticks & crisps		
***	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg						
Pudding	Chocolate & orange cookie Gluten	New York cheesecake Gluten Soya Milk	Sticky toffee pudding Milk Egg Gluten with custard Milk	Cardamom rice pudding Milk	JimJam 'nut free' chocolate croissant Gluten Milk		







17th November, 8th December,

19th January, 9th February, 2nd March, 23rd March

Taste ASIA

	Monday	Tuesday	Wednesday	Thursday	Friday		
Option 1	Chicken OR Quorn Mustard teriyaki Udon noodles Gluten Soya with a vegetable spring roll Gluten Egg Milk Soya Celery	Chicken & vegetable fajitas Gluten with smoky jacket wedges & tomato salsa Sesame	Roast meat of the day with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Honey chicken filled bao bun Soya Gluten Sesame with sticky rice & crunchy vegetable sticks	Chip shop style fish 'n' chips Gluten Fish with curry sauce Celery, Egg, Milk, Mustard, Soya, Gluten & peas		
Option 2	Filled cob Gluten Sesame with tuna mayonnaise Fish Egg, vegetable sticks & crisps	Filled cob Gluten Sesame with cheese Milk, vegetable sticks & crisps	Filled cob Gluten Sesame with ham, vegetable sticks & crisps	Filled cob Gluten Sesame with tuna mayonnaise Fish egg, vegetable sticks & crisps	Filled cob Gluten Sesame with cheese Milk & ham vegetable sticks & crisps		
***	Jacket potato available daily, served with your choice of: baked beans & cheese <mark>Milk</mark> or tuna mayonnaise Fish Egg						
0	Zesty lemon jelly	Iced carrot cake	Chocolate	Butterscotch	JimJam 'Nut Free'		

with a cookie Gluten

Gluten Egg Sulphur Dioxide

Cracknell Gluten Milk

shortcake Gluten Milk Soya Chocolate brownie Milk Gluten



