

Appendix A – Acknowledgement of partners and offers mentioned in the case studies

Eastwood Parkinson's Exercise Group (EPEG)

The group offers friendship and support locally to people with Parkinson's, their families and carers. For information and advice on Parkinson's, or for emotional support, call the Parkinson's UK helpline on 0808 800 0303.

Vibrant Warsop CIC

Vibrant Warsop Community Interest Company is a resident-led, not-for-profit organisation dedicated to serving the people of Warsop Parish. They coordinate events and activities that bring people together, strengthen connections, and improve health and wellbeing.

[Vibrant Warsop](#)

Change Grow Live

Change Grow Live is a health and social care charity, providing free and confidential treatment, support and information about drug and alcohol use, smoking, homelessness, justice and probation, and employment.

[Change Grow Live | Charity | We can help you change your life](#)

Positively Empowered Kids CIC

The organisation runs Next Move, a youth-led, community-based programme designed to support emotional wellbeing, build confidence and create a sense of belonging by offering consistent support through trusted relationships and engaging activities.

[Inspiring Positive Mental Health](#)

Laxton Heritage Centre

Laxton's visitor and heritage centre can be found in the grounds of the village pub, The Dovecote. It has displays showing the history of the open fields system, aerial shots of the village and describes how their farming system operates.

Laxton Coffee Morning

A monthly coffee morning that provides a welcoming opportunity for the community to come together, socialise and build connections over coffee and cake. Held at Laxton Village Hall.

[Laxton Village Hall – Laxton Village Hall – Online](#)

St Mary's Food Club, Eastwood

St Mary's Food Club helps reduce food waste while supporting people to make their food budgets go further, providing an alternative source of affordable food for those who are not eligible for, or registered with, a food bank. The club also offers a welcoming space where members can stay, socialise and build connections within their community.

["Eastwood Parish Church" | "eastwoodparishchurch-co-uk.openworx.co.uk"](#)

St Mary & All Saints Church, Bingham

The church runs various events and groups for their community. For example, they run English support classes to help people prepare for citizenship.

[Welcome to St Mary and All Saints – Bingham Parish Church](#)