

Week 1 winter 2023

Abbey Primary After School Club

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beans on toast GLUTEN SOYA Vegetable crudites	Cheese sandwich GLUTEN SOYA MILK Vegetable crudites	Jacket potato with cheese MILK & baked beans Vegetable crudites	Ham baguette GLUTEN SESAME Vegetable crudites	Cheese crumpets GLUTEN MILK Vegetable crudites
Jelly	Ice Cream tub MILK	Flapjack GLUTEN	Ginger biscuit GLUTEN	Yoghurt MILK

Week 2 winter 2023

Abbey Primary After School Club

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheesy pasta GLUTEN MILK MUSTARD SOYA Vegetable crudites	Jacket potato with cheese MILK & baked beans Vegetable crudites	Pizza muffin GLUTEN SOYA SESAME MILK Vegetable crudites	Ham 2 in 1 roll GLUTEN SOYA EGG SESAME Vegetable crudites	Hot dog GLUTEN SESAME SULPHUR DIOXIDE Vegetable crudites
Mousse MILK	Flapjack GLUTEN	Jelly	Fruit portion	Ice cream tub MILK

Week 3 winter 2023

Abbey Primary After School Club

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pizza slice GLUTEN SOYA MILK Vegetable crudites	Beans on toast GLUTEN SOYA Vegetable crudites	Ham sandwich GLUTEN SOYA Vegetable crudites	Jacket potato with cheese GLUTEN & baked beans Vegetable crudites	Quorn dipper wrap GLUTEN Vegetable crudites
Flapjack GLUTEN	Jelly	Ice cream roll MILK GLUTEN	Brownie GLUTEN	Ginger biscuit GLUTEN