

Support for carers: Hospital stays



This easy read tells you about hospital stays, and ways the hospital can support you if the person you care for is in hospital.

Hospital stays and caring



If the person you care for goes into hospital, you should get information and support because you are their carer.



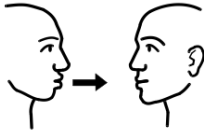
Each hospital has their own ways of supporting and involving carers of the patient.



You should get support and information when the person you care for is in hospital, and during **discharge planning**.



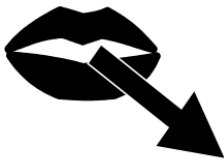
Discharge planning means planning for the person to leave hospital.



You should tell hospital staff as soon as possible that you are the person's carer.



You should be given information about how the nursing and medical staff can support you and your cared-for person whilst they are in hospital.



The hospital staff should talk to you about:



- The treatment plan.



- Discharge planning, which means planning for going home/ leaving hospital.



- Support the patient might need after leaving hospital.



- Support the carer might need.



There are details about how each hospital in Nottinghamshire supports carers on their own websites.



- [Nottingham University Hospitals, including the Queen's Medical Centre and Nottingham City Hospital.](#)



- [Sherwood Forest Hospitals NHS Foundation Trust, including King's Mill, Newark Hospital and Mansfield Community Hospitals.](#)

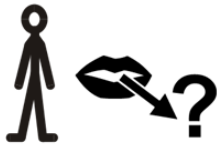


- [Doncaster and Bassetlaw Hospitals NHS Foundation Trust, including Bassetlaw Hospital, Doncaster Royal Infirmary and Montagu Hospital.](#)



- [Nottinghamshire Healthcare NHS Foundation Trust, including Highbury, Sherwood Oaks, Blossomwood, Arnold Lodge, Lings Bar and other locations.](#)

Patient Advice and Liaison Service (PALS)



PALS can help you and you can tell them about any worries or problems.



You can contact PALS if you are a patient, family member or carer.



You can phone PALS on the numbers below:

- **Nottingham University Hospitals (QMC & City Hospital):**
0800 183 0204
- **Sherwood Forest Hospitals (King's Mill and Newark Hospitals):** 01623 672222
- **Doncaster and Bassetlaw Hospitals:** 01302 642764
- **Nottinghamshire Healthcare NHS Foundation Trust:** 0115 993 4542

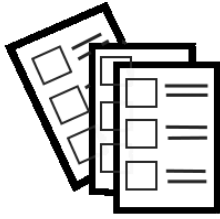
More help



[Carers UK have a factsheet about coming out of hospital.](#)



[Mobilise have a carer's guide to hospital discharge:](#)



We have lots of other documents about for support for carers in [our easy read library](#).

This document is part of a set of 19.

Links in this document

Nottingham Universities Hospitals

nuh.nhs.uk/patients-visitors

Sherwood Forest Hospitals NHS Foundation Trust

sfh-tr.nhs.uk/for-patients-visitors/carers-passport/

Doncaster and Bassetlaw Hospitals NHS Foundation Trust

dbth.nhs.uk/patients-visitors/

Nottinghamshire Healthcare NHS Foundation Trust

nottinghamshirehealthcare.nhs.uk/families-and-carers

Carers UK leaving hospital factsheet

carersuk.org/media/nuifbh5h/coming-out-of-hospital_england_april-2023-24.pdf

Mobilise hospital discharge information

mobiliseonline.co.uk/hospital-discharge

Nottinghamshire County Council easy read library

nottinghamshire.gov.uk/global-content/easy-read-library

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