 **Quality and Attainment Team**

**Early Childhood Services**

**Me, My Family**

**and My Community**

Version 1: March 2023

This document is designed to support the induction process for children into your setting and can be used alongside your current documents. The questions included can be used as a starting point for conversations with parents when children are due to start, to help you find out more about the families and children you work with, so you are better placed to plan your provision and offer support. It is not intended that you go through every question as a checklist but that you use these prompts to open up more in depth conversations depending on the family you are working with.

As the illustration below highlights, to fully support a child’s learning and development, it is important to know about the child’s early experiences. Working together with parents from the beginning of your journey together will maximise the enjoyment and achievement of the child at the centre.

**Diagram

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**Birth to 5 Matters: Non-statutory guidance for the Early Years Foundation Stage**

(Early Education, 2021)

1. Practitioner to complete with the child’s parent/carer

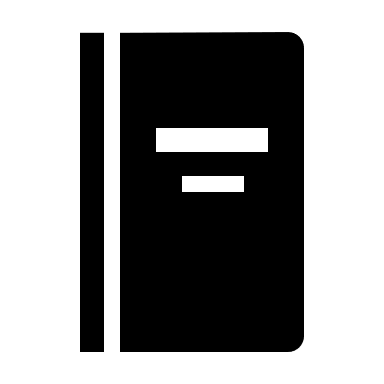
All about **My Family...**

All about **Me...**

All about **My Community...**

1. Practitioner can use this crib sheet to choose a selection of questions that are relevant and appropriate for the child and family from the choices below.

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| --- |
| **Me**   * Where was your child born? * Has your child had any health problems since birth? (Think about any illnesses, operations, were they premature?) * Does your child have any Special Educational Needs and/or Disabilities (SEND)? * Have there been any significant events in your child’s life? (Think about loss of a family member/pet, moving from another country) * What type of home does your child live in? e.g. flat, caravan, bungalow, house * What languages does your child speak and what languages do they understand? * What would you like your child to get out of attending our setting? e.g. to learn to share, social skills, making friends etc * What are your child’s interests and what are they good at? * Does your child have a favourite book or favourite toy? * Do you have any concerns about your child’s development? * Does your child become upset when you leave them? * How does your child communicate their wants and needs? * Does your child have a good sleep routine? (Think about when and where they sleep, do they need a daytime nap) * Is your child familiar with routines? Think about mealtimes, bath time, bedtime etc * Is there anything we can do that we don’t already do to support your child? (Think about settling in arrangements, comforters) * Has your child accessed any other provision? e.g., stay and play sessions, childminder, other nursery * Is there anybody else who takes care of your child? e.g., babysitter, other family member, older sibling, family friend |
| **My Family**   * Who is special to your child? Significant close relationships and who they are? (think about the child’s primary and secondary carers). What names does your child use for these special people? (mamma, granny, nanna etc) * Are there any pets in your family? * Does your child have siblings? * Have any of significant close relationships changed for your child since birth? (Think about a parent moving out of the family home, or a parent’s partner becoming a significant person for the child, or a bereavement, etc) * What is the occupation of family members? (consider shift work etc and the impact on the child) * Does your family have any special or significant events that we can celebrate with your child? (Think about religious or cultural festivals, or family traditions) * Which languages does your child hear at home? Which do they speak at home? * What do you most enjoy doing with your child? * How would you describe your behaviour boundaries at home? What strategies do you use to encourage these? * Are there any health concerns in the family which affect your child? (Think about other family members health affecting the child such as a sibling or parent with a disability which could have an impact on the child) * As a family do you need any support? (Think about experiencing discrimination, support with parenting, support with abuse within the family) * Are there any significant events or changes that have happened in your child’s life that may influence your child’s wellbeing and ability to learn? (This could be a significant family event, not necessarily regarding the child) |
| **My Community**   * Does the family have connections with relatives from other parts/areas of the world? * What do you enjoy doing when you are outside together? Do you go to the park? Do you play in the garden? Have you been on any trips or holidays? * Have there been any changes in the area where you live, or has anything happened that your child has noticed? * What do you enjoy doing together as a family? Do you spend time with wider family? What sorts of things do you do together? * Who supports you and your child, in your wider family and friends support structure? * Who is involved with your family? (Health visitor, social worker, speech and language therapist). * Does your child ever use the internet? Are you confident that you’re doing everything to keep them safe? * Have you had contact with a health professional (for example your child’s 2yr health check, physio) * Have you had any contact with a social worker, or had any support from the children’s centre? * Do you know any other families that attend this setting? * Does your child go to any groups or sessions when they are not attending the setting – e.g., library, swimming, church/mosque etc … * Do you get support from any other local community groups? |

** Links to Guidance and Publications**

* **Language development**

Language for Life – Leaflets which have information about language development at different ages and stages

[Language for Life - look what I can do (nottinghamshirehealthcare.nhs.uk)](https://www.nottinghamshirehealthcare.nhs.uk/lfl-what-i-can-do)

Home Talk Leaflet

[download.cfm(nottinghamshirehealthcare.nhs.uk)](https://www.nottinghamshirehealthcare.nhs.uk/download.cfm?doc=docm93jijm4n7578.pdf&ver=13337)

* **What to expect in the Early Years**

A parent friendly document which looks at the Early Years Foundation stage and child development

[What-to-expect-in-the-EYFS-complete-FINAL-16.09-compressed.pdf (foundationyears.org.uk)](https://foundationyears.org.uk/files/2021/09/What-to-expect-in-the-EYFS-complete-FINAL-16.09-compressed.pdf)

* **Support for early language development**

A parent friendly website containing activities, tips and advice, and information about child development.

[BBC Tiny Happy People](https://www.bbc.co.uk/tiny-happy-people)

* **Healthier Families**

Website: information about healthy lifestyles – recipe and activity ideas

Healthier Families - Home - NHS (www.nhs.uk)

* **Birth to 5 Matters**

Supportive document to the EYFS statutory framework

[Birth To 5 Matters – Guidance by the sector, for the sector](https://birthto5matters.org.uk/)

* **Development Matters**

Supportive document to the EYFS statutory framework

[Development Matters - GOV.UK (www.gov.uk)](https://www.gov.uk/government/publications/development-matters--2)

** Links to Websites and Resources**

* **Nottinghamshire Local Offer**

Website with lots of useful information for families of children with Special Educational Needs and Disabilities.

[SEND Local Offer | Notts Help Yourself](https://www.nottshelpyourself.org.uk/kb5/nottinghamshire/directory/localoffer.page?newdirectorychannel=9)

* **Nottinghamshire Speech and Language Therapy Service**

For children who have Speech, Language and Communication difficulties

[Language for Life (nottinghamshirehealthcare.nhs.uk)](https://www.nottinghamshirehealthcare.nhs.uk/language-for-life)

* **Nottinghamshire Children’s Centres**

With referral details and Intervention list. Can offer a range of support e.g., sleep, toileting, speech, interactions and play, family support, financial advice etc

[Children's Centre Service | Nottinghamshire County Council](https://www.nottinghamshire.gov.uk/care/early-years-and-childcare/childrens-centre-service)

* **Nottinghamshire Healthy Families Team**

[Healthy Family Teams are part of the Healthy Families Programme | Nottinghamshire Healthcare NHS Foundation Trust](https://www.nottinghamshirehealthcare.nhs.uk/healthy-family-teams)

* **Nottinghamshire Safeguarding Children Partnership**

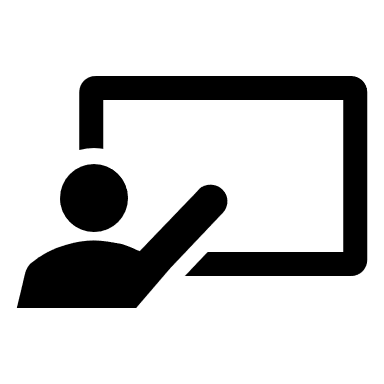
With training, e-learning and useful documents including Pathway to Provision

[Nottinghamshire Safeguarding Children Partnership](https://nscp.nottinghamshire.gov.uk/)

* **The Anna Freud National Centre for Children and Families**

Includes training and easy to read and easy to use guidance on supporting the mental health of babies, young children and their families.

[For under fives | Anna Freud](https://www.annafreud.org/resources/under-fives-wellbeing/)

** Links to Training**

* **Nottinghamshire County Council Early Years education and childcare training**

[Early years education and childcare training | Nottinghamshire County Council](https://www.nottinghamshire.gov.uk/care/early-years-and-childcare/childcare-providers/early-years-education-and-childcare-training)

* **NASEN – SEND training for Early Years providers**

National Association for Special Educational Needs

[Early Years | Nasen](https://nasen.org.uk/early-years)