**AUTUMN/WINTER** 2023/24



**WEEK COMMENCING** 

February 12, March 4, March 25







# **MONDA**

## TUESDA

## THURSDAY

## FRIDA)



Margherita pizza pommes noisette vegetable sticks

Gluten Milk Soya



Spaghetti Bolognese garlic bread crunchy vegetables

Gluten Milk Soya Fish



Southern style burger in a bun jacket wedges carrot sticks & ranch salad Gluten Egg Milk Sesame



Roast turkey & stuffing roast OR mashed potatoes cabbage & carrots



MSC fish cake diced potatoes garden peas & crunchy veg, tomato ketchup Gluten Fish

OR

OR



Cheese & tomato panini vegetable sticks

OR



Jacket potatoes with cheese, beans or tuna mayonnaise & mixed salad

Milk Egg Fish



Jacket potatoes with cheese, beans or tuna mayonnaise & mixed salad

Milk Egg Fish



Fresh bread roll with hot roast turkey & stuffing, cheese, ham or tuna mayo roast potatoes carrot & cucumber sticks Gluten Sesame Egg Milk Fish

Jacket potatoes with cheese, beans or tuna mayonnaise & mixed salad

Milk Egg Fish

Gluten Sesame Milk





Frozen yoghurt

**OR** Fruit





Cornflake tart & custard

Milk Gluten Sulphur Dioxide

**OR** Fruit



Fruit flapjack

Gluten

**OR** Fruit





Cheese & crackers

Gluten Milk

**OR** Fruit





Lemon muffin

Gluten Egg

**OR** Fruit

AVAILABLE DAILY: Best of both bread Gluten, Soya Seasonal vegetables available daily, Coleslaw Egg when served. Vegetarian meals available upon request

www.nottinghamshire.gov.uk/schoolmeals



**AUTUMN/WINTER** 2023/24

**WEEK COMMENCING** 

January 29, February 19, March 11, April 1







# MONDAY

## TUESDAY

## THURSDAY



Quorn dippers roast baby potatoes sweetcorn cucumber sticks Gluten



Nottinghamshire sausage gravy, Yorkshire pudding mashed potato broccoli & carrots Egg Gluten Milk Sulphur Dioxide



Cheesy tomato pasta garlic bread carrot & cucumber sticks

Gluten Milk Soya



Roast gammon, stuffing & gravy Yorkshire pudding roast OR mashed potato cabbage & fresh carrots Milk Egg Gluten



MSC fish finger wrap Pommes noisette crunchy veg & sweetcorn tomato ketchup Gluten Milk Fish

OR



Jacket potatoes with cheese, beans or tuna mayonnaise & mixed salad



OR

Cheese & tomato panini vegetable sticks

OR

Jacket potatoes with cheese, beans or tuna mayonnaise & mixed salad

OR



Fresh bread roll with hot roast pork & stuffing, cheese, ham or tuna mayonnaise, roast potatoes & carrot sticks



Jacket potatoes with cheese, beans or tuna mayonnaise & mixed salad

Milk Egg Fish



Chocolate muffin

Egg Gluten

**OR** Fruit

DESSERT

Gluten Milk Sesame



Jelly & fruit

**OR** Fruit

**DESSERT** 



Cherry muffin

Egg Gluter

Milk Egg Fish

**OR** Fruit

Milk Egg Gluten Fish Sesame



Honey & oatmeal cookie

Gluten

**OR** Fruit

Milk Egg Fish

**DESSERT** 



Strawberry ice-cream tub

Milk

**OR** Fruit

AVAILABLE DAILY: Best of both bread Gluten, Soya Seasonal vegetables available daily, Coleslaw Egg when served. Vegetarian meals available upon request

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**AUTUMN/WINTER** 2023/24

**WEEK COMMENCING** 

February 5, February 26, March 18, April 8





Vegan roll & gravy baby roast potatoes garden peas fresh carrots

OR



Jacket potatoes with cheese, beans or tuna mayonnaise & mixed salad

**DESSERT** 



Chocolate brownie

**OR** Fruit



Meatball sub jacket wedges vegetable sticks

Gluten Egg Milk Sesame

OR



Cheese & tomato panini vegetable sticks

Gluten Milk Sesame

**DESSERT** 



Fruit yoghurt

**OR** Fruit

Pasta Neapolitan garlic bread sweetcorn cobette

Milk Gluten Soya



Jacket potatoes with cheese, beans or tuna mayonnaise & mixed salad

Milk Egg Fish

**DESSERT** 



Honey cake & custard

Milk Egg Gluten

**OR** Fruit

Nottinghamshire sausages & gravy Yorkshire pudding roast OR mashed potatoes carrots & broccoli

Milk Egg Gluten Sulphur dioxide

OR



Fresh bread roll with hot roast gammon, cheese, ham or tuna mayonnaise roast potatoes

& carrot sticks Milk Egg Gluten Fish Sesame

**DESSERT** 



Butterscotch tart

**OR** Fruit

MSC breaded fish portion oven chips garden peas & sweetcorn tomato ketchup

OR



Jacket potatoes with cheese, beans or tuna mayonnaise & mixed salad

Milk Egg Fish

**DESSERT** 



Raspberry ripple ice cream roll

Milk Egg Soya Gluten

**OR** Fruit

AVAILABLE DAILY: Best of both bread Gluten, Soya Seasonal vegetables available daily, Coleslaw Egg when served. Vegetarian meals available upon request

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