

# **Housing with Care**



This easy read tells you about how we help people live independent through Housing with Care, which is sometimes called Extra Care.

### What is Housing with Care?



Housing with Care is a housing option to help people live independently with support with personal care as needed.



It might stop people from needing residential care as Housing with Care can meet people's changing care needs.

### What can Housing with Care offer?



**Privacy, independence and security:** 

you can have your own home with your own front door and the freedom to live your life how you want to.

Many schemes also have buzzer entry systems.



**Support and flexibility:** There are always care staff on site to help you with your care needs.



**Sense of community:** Communal areas allow you to easily socialise with other residents and join in group activities.



Some places may have a café or communal dining area with a daily meals service, hairdressers, a library, or guest accommodation.



Local amenities: Housing with Care schemes are often based in local communities so there may be things like leisure centres, shops and GP surgeries close by or within easy access by public transport.

### Who can apply?



Anybody who meets the housing criteria can apply to live in a Housing with Care scheme.

To have Extra Care service provided by the council you need to:



 have a <u>care and support assessment</u> by the council and be eligible for social care support



 be assessed by the council as eligible for financial support



 have an identified need for accommodation that meets your care and support needs for now or the future.

## What support can I get?



If you get an Extra Care service you will have a support plan which be written with your help.



The support plan will explain what help and support you need. It might include:



 Help with washing, dressing, getting to and from the toilet.



• Reminders to take medication.



• Preparing snacks and heating up meals.



Shopping



Laundry



• Some household chores



There are always care staff on site to help. Staff are very professional and get lots of training.



Some Housing with Care schemes have dementia units which can provide specialist care while allowing people to still live in the community.

#### What Housing with Care doesn't do



With Housing with Care you live as independently as you can.



Care staff are always available but you must be able to manage on your own for parts of the day.



Care staff are not nurses and can't change dressings or catheters or give medication, but they can remind you to take it.

### **How much does Housing with Care cost?**

There are 3 parts to the cost of living in a Housing with Care scheme:



• **Housing** – the cost of buying, renting or shared ownership of your home.

This is paid directly to the housing provider.



 Service charge – for home maintenance and communal facilities.

This is paid directly to the housing provider.



Care and support costs – the amount you
have to contribute to the cost of your care will
depend on the money that you have.

This is paid to the council.



The council will do a financial assessment to work out how much you can afford to pay.

# Where are Nottinghamshire's Housing with Care schemes?

- Armstrong Gardens (also known as Bilsthorpe Bungalows), Bilsthorpe
- Broadleaves, Boughton
- Cricketers Court, West Bridgford
- Darlison Court, Hucknall
- Gladstone House, Newark
- Hilton Grange, Edwalton
- Moorfield Court, Southwell
- Poppy Fields, Mansfield
- Priory Court, Worksop
- Saint Andrew's House, Mapperley
- Town View, Mansfield
- Vale View, Newark
- Westmorland House, Harworth



#### Where to get more information



Our Customer Service Centre can answer most of your questions and help with information and form filling.



There are several ways to contact them, including:



Web: Use our online contact form



**Telephone**: 0300 500 80 80

**Text Relay**: 18001 0115 977 4050

People who have hearing or speech

difficulties and prefer to communicate via

text can use the Text Relay service through
the Relay UK app.



#### **Sign Video**

People who use British Sign Language to communicate can use the SignVideo app to speak with us.

#### Links in this document

# Nottinghamshire County Council – care and support assessment

nottinghamshire.gov.uk/care/adult-social-care/care-and-support-in-nottinghamshire/care-and-support-assessment

# Nottinghamshire County Council – contact us form nottinghamshire.gov.uk/contactform

#### Relay UK app

www.relayuk.bt.com/how-to-use-relay-uk/download-app.html

#### SignVideo app

signvideo.co.uk/download

For plain English web page version of this information, go to:

Housing with Care | Nottinghamshire County Council

nottinghamshire.gov.uk/care/adult-social-care/somewhere-to-live/housing-with-care

This easy read was first published 1 June 2025

This information was last updated 1 June 2025