

WEEK 1

WEEK COMMENCING

15 April, 6 May, 27 May, 17 June, 8 July,
29 July, 19 Aug, 9 Sept, 30 Sept

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten**, **Soya** fresh fruit. Vegetarian meals available upon request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Cheesy tomato pasta
Gluten Mustard Soya Milk

Nottinghamshire
sausage & gravy
Gluten Sulphur Dioxide

Chicken & coconut curry
Milk

Roast Gammon &
Pineapple or yorkshire
pudding **Milk Egg Gluten**

MSC fish finger wrap
Gluten Fish

SIDES

Garlic bread
Gluten Soya Milk
& vegetable sticks

Yorkshire pudding
Milk Egg Gluten
Mashed potato
carrots & broccoli

Tilda mixed rice
carrot & cucumber sticks

Roast or mashed
potatoes, carrots batons
& green beans

Oven chips
garden peas
or baked beans

PUDDING

Strawberry mousse
Milk

Marble Sponge
Gluten Egg
with custard **Milk**

Shortbread cookie
Gluten

Butterscotch tart
Gluten Milk

Ice cream tub
Milk



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WEEK 2

WEEK COMMENCING

22 April, 13 May, 3 June, 24 June, 15 July,
5 Aug, 26 Aug, 16 Sept, 7 Oct

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AVAILABLE DAILY: Best of both bread **Gluten**, **Soya** fresh fruit. Vegetarian meals available upon request



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Margherita pizza Gluten Soya Milk	Hunters chicken Milk Soya Celery Gluten	Pasta Neapolitan Gluten Soya Milk Mustard	Roast pork, stuffing & gravy Gluten	MSC Youngs fish fingers Gluten Fish
SIDES	pommes noisettes sweetcorn & coleslaw Egg	herby diced potatoes broccoli & baton carrots	Garlic bread Gluten Soya Milk & crunchy vegetables	Mashed or roast potatoes Yorkshire pudding Milk Egg Gluten fresh carrots & cauliflower	Oven chips, garden peas or baked beans
PUDDING	Chocolate & orange muffin Gluten Egg	Honey & oatmeal cookie Gluten	Raspberry ripple ice cream roll & vanilla sauce Soya Milk Egg gluten	Jelly & shortbread finger Gluten	Apple flapjack Gluten



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WEEK 3

WEEK COMMENCING

29 April, 20 May, 10 June, 1 July, 22 July

12 Aug, 2 Sept, 23 Sept, 14 Oct

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten**, **Soya** fresh fruit. Vegetarian meals available upon request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Quorn dippers wrap
Gluten

Spaghetti Bolognese
Soya Fish Gluten Mustard

Pork burger in a bun
Soya Milk, Egg, Gluten Sesame Sulphur dioxide

Roast chicken,
stuffing **Gluten**
& gravy

MSC battered fish
Fish Gluten

SIDES

Baby roast
potatoes
carrot sticks
& fresh coleslaw **Egg**

Garlic bread
Gluten Soya Milk
& sweetcorn

Jacket wedges
& vegetable sticks

Mashed or roast potatoes
Yorkshire pudding
Milk Egg Gluten
fresh broccoli & carrots

Oven chips
garden peas
or baked beans

PUDDING

Chocolate brownie
Gluten

Crispy lemon tart
Gluten Egg Milk
& custard

Chocolate crispy
Gluten
with strawberry milkshake
Milk

Strawberry shortcake
Milk Gluten

Fruit Yoghurt
Milk



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