My School Menu Spring/Summer 2025

Week

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Week commencing 21 April, 12 May, 2 June, 23 June, 14 July, 1 Sept, 22 Sept, 13 October

Wednesdays

				SALA MARINA IN SALA BALANA	ALKE AND BALLED MARK AND A
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cheesy tomato pasta Mustard Soya Gluten Milk with garlic bread Gluten Soya Milk & vegetable sticks	BBQ cheesy chicken Milk with roasted new potatoes, broccoli & carrots	Beef burger Egg Sesame Gluten Sulphur Dioxide with oven chips, baked beans & peas	Yorkshire pudding Wrap Milk Egg Gluten filled with roast meat of the day, roast potatoes, seasonal vegetables & gravy	Breaded fish Fish Gluten with crushed new potatoes, sweetcorn & peas
Option 2	Sandwich Gluten Soya Fillings: cheese Milk, ham or tuna mayonnaise Fish Egg, mixed salad, crisps & fruit or frube yogurt Milk, or pudding of the day	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Sandwich Gluten Soya Fillings: cheese Milk, ham or tuna mayonnaise Fish Egg, mixed salad, crisps & fruit or frube yogurt Milk, or pudding of the day	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Sandwich Gluten Soya Fillings: cheese Milk, ham or tuna mayonnaise Fish Egg, mixed salad, crisps & fruit or frube yogurt Milk, or pudding of the day
Pudding	Honey & oat cookie Gluten	Chocolate muffin Egg Gluten	lce cream tub Milk	Cornflake tart Gluten Sulphur Dioxide with custard Milk	Chocolate brownie Gluten

Nottinghamshire County Council



Week 🔁

Week commencing 28 April, 19 May, 9 June, 30 June, 21 July, 8 Sept, 29th Sept

Tuesdays

*	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Quorn dipper Gluten wrap Gluten with jacket wedges & vegetable sticks	Chicken taco Gluten with BBQ sauce OR tomato salsa Sesame jewelled rice, carrot & cucumber sticks	Bangers & mash Gluten Sulphur Dioxide with seasonal vegetables & gravy Featuring our Nottinghamshire sausage from local butchers Maioney's	Roasted gammon with jacket wedges, roasted summery vegetables & gravy	Fish finger cob Fish Gluten Sesame with oven chips, baked beans & peas
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Pudding	Gingerbread cookies ^{Gluten}	Pancakes Gluten Milk Egg & honey	Butterscotch shortcake Milk Gluten	Cherry iced bun Gluten Egg Milk Soya	Strawberry fairy cake Egg Gluten





Week commencing

5 May, 26 May, 16 June, 7 July, 28 July, 15 Sept, 6 October

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Option 1	Cheesy BBQ pizza Soya Gluten Milk with potato balls & sweetcorn	Beef Bolognese Mustard Soya Gluten with garlic bread, Gluten Milk Soya carrot & cucumber sticks	Chicken enchiladas Milk Gluten with rice & tomato salsa Sesame	Roast meat of the day filled cob Gluten Sesame (pork or gammon) with jacket wedges & roasted summery vegetable	Hot Dog Gluten Sesame Sulphur dioxide with tomato ketchup, peas & french fries
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Pudding	Golden syrup flapjack ^{Gluten}	Fruit ice lolly	Strawberry mousse Milk with crushed meringues Egg Milk & raspberry sauce	Jam roly poly Gluten Sulphur Dioxide with ice cream Milk	Donuts Soya Milk Gluten Egg Sesame

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Fridays

