

Nottinghamshire County Council Day Opportunities



This easy read tells you information about Nottinghamshire County Council Day Opportunities and what we do.

What do Nottinghamshire County Council Day Opportunities do?



We have lots of different things for people to do and different ways for people to achieve their goals.



The goals you set will be personal to you and will help you to become and stay more independent and do things you enjoy.



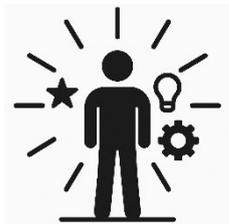
Our services also give carers a break.



People need different kinds of support and some people need more help than others.



We know that everyone has different strengths and different interests.



Our team are friendly, skilled and have lots of experience of working with adults with all sorts of disabilities.

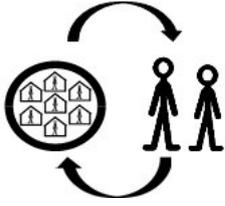


There are lots of activities that support wellbeing, personal care, and eating and drinking.

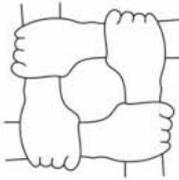


We make sure people are involved in deciding what they do and how they take part in the activities we offer.

This is called 'person-centered' care.



We help people to enjoy and be a part of the community.



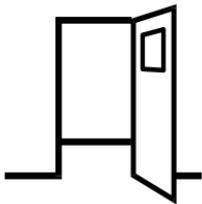
We work with local organisations such as colleges, and sports and leisure clubs so we can offer people more experiences.



We sell a variety of hot meals for different dietary needs.



In many of our buildings there are coffee bars where you can buy drinks and snacks.



The day opportunities are open Monday to Friday, 9am until 4:30pm (4pm on Fridays).



We are closed:

- For two weeks in the summer.
- On bank holidays.

- Up to 2 days a year for staff training.

Who can we support?



Our team can support:



- Older people.



- People with physical disabilities.



- People with learning disabilities.

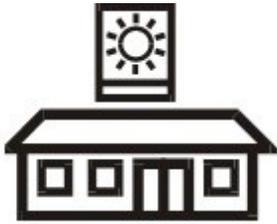


- People with autism.



- People with mental health support needs.

Our buildings



Our buildings have lots of resources and are safe, stimulating and an inclusive environment.



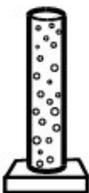
Our facilities are made to help all sorts of people with lots of different needs.



Our facilities include things like:



- Accessible kitchens and dining areas.



- Sensory rooms.



- Quiet spaces.



- Activity zones for arts, crafts and music therapy.



- Health and wellbeing rooms.



- Gardens and greenhouses.

Where are we?



Nottinghamshire County Council run Day Opportunity Hubs are currently in:



- Bassetlaw
- Newark
- Ollerton
- Ashfield
- Gedling
- Broxtowe

- Bingham



As of November 2025, we are developing day opportunities to meet individual needs through the Community Hubs at Broxtowe, Bassetlaw, Newark and Ashfield.



The Ollerton hub will offer a more specialist day opportunity to support people with dementia.



The Gedling hub will offer a more specialist support service for people with autism.



Worksop Library and Bingham Hubs are the Promoting Independence Day Opportunity



This is where people can be offered short term support for reablement and independence.

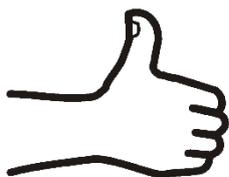


Reablement means getting back skills and abilities you had before.



You can talk to a member of the team to get more information about Nottinghamshire County Council Day Opportunities.

What do people say about us?



People who use our day opportunities and their carers have lots of good things to say about us, such as:



- People have enjoyed learning new skills in the kitchen.



- People love using the services, doing lots of different things, seeing their friends and getting help with personal care.



- A team member says they take pride in what they do, the services are good quality and they would be happy for their relatives or themselves to go there.



- A carer said their mum was very down before using the day opportunities but now is giggling, laughing and joking and it is having a really positive impact on her.



- People have said after their annual sports event they:



“Felt seen and included.”



“Had fun.”



There was a “focus on teamwork, confidence building and empowerment.”



It was “a source of pride.”

More information and how to get in touch



The council’s social care teams can help arrange a taster session or a visit so you can look round, see what the day opportunities can offer, and see if it is right for you.



Our services are developing in line with the Nottinghamshire County Council Day Opportunities Strategy. [We have an easy read document on this.](#)



There is more information on the [Nottinghamshire County Council website.](#)



You can phone Nottinghamshire County Council's Customer Service Centre on 0300 500 80 80.

Links in this document

Nottinghamshire County Council Day Opportunities Strategy

nottinghamshire.gov.uk/global-content/easy-read-library/day-opportunities-strategy-2022-to-2027-easy-read

Nottinghamshire County Council

nottinghamshire.gov.uk

This easy read was first published 19th February 2026.
This information was last updated 19th February 2026.