

**AUTUMN/WINTER
2023/24**

WEEK 1

WEEK COMMENCING

**February 12, March 4,
March 25**



Vegetarian meals are available upon request

MAIN MEAL

DESSERT

MONDAY

Margherita pizza **Gluten Milk Soya**
pommes noisette
vegetable sticks

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayonnaise **Egg Fish**
& mixed salad



Cheese & crackers
Milk Gluten

OR

Fruit



TUESDAY

Pasta Bolognese **Gluten Mustard Soya Fish Milk**
garlic bread **Gluten Milk Soya**
crunchy vegetables

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayonnaise **Egg Fish**
& mixed salad



Cornflake tart **Gluten**
Sulphur Dioxide
& custard **Milk**

OR

Fruit



WEDNESDAY

Southern style burger in a bun
Gluten Egg Milk Sesame
jacket wedges, carrot sticks
& ranch salad **Egg**

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayonnaise **Egg Fish**
& mixed salad



Fruit flapjack **Gluten**
OR
Fruit



THURSDAY

Roast turkey, & gravy
Yorkshire pudding **Milk Egg Gluten**
mashed potatoes
cabbage & carrots

OR

jacket potato with baked beans,
cheese **Milk** or tuna mayonnaise **Egg Fish**
& mixed salad



Ginger cookie
Gluten
OR
Fruit



FRIDAY

MSC fish cake **Gluten Fish**
oven chips, beans, sweetcorn,
tomato ketchup

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayonnaise **Egg Fish**
& mixed salad



Apple muffin
Gluten Egg
OR
Fruit



ALSO SERVED DAILY: Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily, Coleslaw **Egg** when served.

www.nottinghamshire.gov.uk/schoolmeals



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WEEK 2

WEEK COMMENCING

**January 29, February 19,
March 11, April 1**



Vegetarian meals are available upon request

MAIN MEAL

DESSERT

MONDAY

Quorn dippers **Gluten**
seasoned roast baby potatoes
sweetcorn & cucumber sticks

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayonnaise **Egg Fish**
& mixed salad



Shortbread cookie

Gluten

OR

Fruit



TUESDAY

Nottinghamshire sausage hotdog
Gluten Sesame Sulphur Dioxide
jacket wedges
peas & carrots

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayonnaise **Egg Fish**
& mixed salad



Jelly & fruit

OR

Fruit



WEDNESDAY

Cheesy tomato pasta
Gluten Milk Mustard Soya
crusty bread **Gluten Sesame**
sweetcorn & cucumber sticks

OR

Jacket potato with baked beans, cheese
Milk or tuna mayonnaise **Egg Fish** &
mixed salad



Bakewell tart

Egg Gluten Sulphur Dioxide
& custard **Milk**

OR

Fruit



THURSDAY

Roast gammon & gravy
Yorkshire pudding **Milk Egg Gluten**
mashed potato, cabbage & fresh carrots

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayonnaise **Egg Fish**
& mixed salad



Honey & oatmeal

cookie **Gluten**

OR

Fruit



FRIDAY

MSC fish finger wrap **Gluten Fish**
pommes noisette, beans,
sweetcorn & tomato ketchup

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayonnaise **Egg Fish**
& mixed salad



Strawberry ice-cream

tub **Milk**

OR

Fruit



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WEEK 3

WEEK COMMENCING

**February 5, February 26,
March 18, April 8**



Vegetarian meals are available upon request

MAIN MEAL

DESSERT

MONDAY

Vegan roll & gravy **Gluten**
baby new potatoes
carrot & cucumber sticks

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayonnaise **Egg Fish**
& mixed salad



Fruit yoghurt

Milk

OR

Fruit



TUESDAY

Meatballs in tomato sauce **Gluten Egg**
with pitta bread **Milk Soya Gluten**

Tilda rice & crunchy vegetables

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayonnaise **Egg Fish**
& mixed salad



Butterscotch tart **Milk**

Gluten

OR

Fruit



WEDNESDAY

Pasta Neapolitan **Milk Gluten Mustard Soya**
garlic bread **Milk Gluten Soya**
sweetcorn cobette

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayonnaise **Egg Fish**
& mixed salad



Honey cake

Milk Egg Gluten

& custard **Milk**

OR

Fruit



THURSDAY

Nottinghamshire sausage & gravy, **Gluten**
Sulphur dioxide

Yorkshire pudding **Milk Egg Gluten**
mashed potatoes carrots & sweetcorn

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayonnaise **Egg Fish**
& mixed salad



Chocolate

brownie **Gluten**

OR

Fruit



FRIDAY

MSC breaded fish portion **Gluten Fish**
oven chips, beans & sweetcorn
tomato ketchup

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayonnaise **Egg Fish**
& mixed salad



Fruit cookie

Gluten

OR

Fruit



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