

# My School Menu

Spring/Summer 2025



**Week 1**

Week commencing

21 April, 12 May,  
2 June, 23 June,  
14 July,  
1 Sept, 22 Sept,  
13 October

# Beef burger

## Wednesdays

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Vegetarian roll <b>Soya Milk Gluten</b> with baked beans, jacket wedges & sweetcorn	BBQ cheesy chicken <b>Milk</b> with roasted new potatoes, broccoli & carrots	Beef burger <b>Egg Sesame Gluten</b> <b>Sulphur Dioxide</b> <b>OR</b> Southern fried Quorn burger <b>Milk Egg Sesame</b> <b>Gluten</b> with oven chips, baked beans & peas	Yorkshire pudding wrap <b>Milk Egg Gluten</b> filled with roast meat of the day, roast potatoes, seasonal vegetables & gravy	Breaded fish <b>Fish Gluten</b> with crushed new potatoes, sweetcorn & peas
Option 2	Cheesy tomato pasta <b>Mustard Soya</b> <b>Gluten Milk</b> with garlic bread <b>Gluten Soya Milk</b> & vegetable sticks	Cheesy tomato pizza muffin <b>Gluten Milk Soya</b> <b>Sesame</b> with potato balls & sweetcorn	<b>BEEF BURGER</b> <b>WEDNESDAY'S</b> <b>THEME DAY</b> <b>(AS ABOVE)</b>	Glamorgan sausage (veggie) <b>Mustard Milk Gluten</b> with roasted new potatoes, seasonal vegetables & gravy	Veggie burrito <b>Soya Gluten</b> with cheese <b>Milk</b> , tomato salsa <b>Sesame</b> & rice
3	Jacket potato available daily, served with your choice of: baked beans & cheese <b>Milk</b> or tuna mayonnaise <b>Fish Egg</b>				
Pudding	Honey & oat cookie <b>Gluten</b>	Chocolate muffin <b>Egg Gluten</b>	Ice cream tub <b>Milk</b>	Cornflake tart <b>Gluten Sulphur Dioxide</b> with custard <b>Milk</b>	Chocolate brownie <b>Gluten</b>



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# Taco

## Tuesdays

### Week 2

Week commencing  
28 April, 19 May,  
9 June, 30 June,  
21 July, 8 Sept,  
29th Sept

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pork meatballs <b>Egg Gluten</b> in a tomato sauce with pasta shape of the day <b>Gluten Soya Mustard</b> & roasted mediterranean vegetables	BBQ Chicken taco <b>Gluten</b> with jewelled rice, carrot & cucumber sticks	Bangers & mash <b>Gluten Sulphur Dioxide</b> with seasonal vegetables & gravy 	Roasted gammon with jacket wedges, roasted summery vegetables & gravy	Fish finger cob <b>Fish Gluten Sesame</b> with oven chips, baked beans & peas
Option 2	Quorn dipper <b>Gluten</b> wrap <b>Gluten</b> with mayonnaise <b>Egg</b> & vegetable sticks	<b>TACO TUESDAY THEME DAY (AS ABOVE)</b>	Vegetable chilli with nachos & rice	Plant based sausages <b>Soya Sulphur Dioxide</b> with jacket wedges, roasted summery vegetables & gravy	Fishless fingers <b>Gluten</b> with oven chips, baked beans & peas
3	Jacket potato available daily, served with your choice of: baked beans & cheese <b>Milk</b> or tuna mayonnaise <b>Fish Egg</b>				
Pudding	Gingerbread cookies <b>Gluten</b>	Pancakes <b>Gluten Milk Egg</b> & honey	Butterscotch shortcake <b>Milk Gluten</b>	Cherry iced bun <b>Gluten Egg Milk Soya</b>	Strawberry fairy cake <b>Egg Gluten</b>



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# My School Menu

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**Week 3**

Week commencing

5 May, 26 May,

16 June, 7 July,

28 July, 15 Sept,

6 October

# Fakeaway

## Fridays

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cheesy BBQ pizza <small>Soya Gluten Milk</small> with potato balls & sweetcorn	Beef Bolognese <small>Mustard Soya Gluten</small> with garlic bread, <small>Gluten Milk Soya</small> carrot & cucumber sticks	Chicken enchiladas <small>Milk Gluten</small> with rice & tomato salsa <small>Sesame</small>	Roast meat of the day filled cob <small>Gluten Sesame</small> (pork or gammon) with jacket wedges & roasted summery vegetables	Hot Dog <small>Gluten Sesame Sulphur dioxide</small> with tomato ketchup, peas & french fries
Option 2	Cheese & tomato panini <small>Milk Gluten</small> with vegetable sticks	Pesto pasta with melted cheese, <small>Mustard Soya Milk Gluten</small> garlic bread, <small>Gluten Soya Milk</small> pepper & cucumber sticks	Filled cob <small>Gluten Sesame</small> with choice of: tuna mayonnaise <small>Fish Egg</small> , ham or cheese <small>Milk</small> with vegetable sticks & raisins & sultanas snack pack	Mac 'n' Cheese <small>Milk Gluten Mustard Soya</small> with garlic bread <small>Gluten Milk Soya</small>	<b>FAKEAWAY FRIDAY'S THEME DAY AS ABOVE</b>
3	Jacket potato available daily, served with your choice of: baked beans & cheese <small>Milk</small> or tuna mayonnaise <small>Fish Egg</small>				
Pudding	Golden syrup flapjack <small>Gluten</small>	Fruit ice lolly	Strawberry mousse <small>Milk</small> with crushed meringues <small>Egg Milk</small> & raspberry sauce	Jam roly poly <small>Gluten Milk Sulphur Dioxide Egg</small> with custard <small>Milk</small>	Donuts <small>Soya Milk Gluten Egg Sesame</small>



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