

# My School Menu

**Week 1**

Week commencing

3 Nov, 24 Nov

15 Dec, 5 Jan

26 Jan, 9 March

**Autumn/Winter 2025-26**

**Available Daily:**

Fresh fruit & salad

Best of both bread

Gluten Soya

Vegetarian & Halal meals available upon request

## MONDAY



**Tortelloni formaggio**  
Gluten Egg Milk  
in a tomato & basil sauce  
with garlic bread  
Gluten Soya Milk

OR



**Jacket potato**  
with cheese Milk  
baked beans or  
tuna mayonnaise Fish Egg  
& salad bar

OR



**Sandwich** Gluten Soya  
Fillings: cheese Milk, ham or  
tuna mayonnaise Fish Egg  
salad bar, crisps,  
fruit or frube yoghurt Milk,  
or pudding of the day

DESSERT



**Iced school cake**  
Gluten Egg Milk

## TUESDAY



**Margherita pizza**  
Soya Milk Gluten  
with potato balls  
& sweetcorn

OR



**Jacket potato**  
with cheese Milk  
baked beans or  
tuna mayonnaise Fish Egg  
& salad bar

OR



**Sandwich** Gluten Soya  
Fillings: cheese Milk, ham or  
tuna mayonnaise Fish Egg  
salad bar, crisps,  
fruit or frube yoghurt Milk,  
or pudding of the day

DESSERT



**Apple crumble** Gluten  
& custard Milk

## WEDNESDAY



**Spaghetti Bolognese**  
Gluten Mustard Soya,  
garlic bread  
Gluten Soya Milk,  
carrot & cucumber sticks

OR



**Jacket potato**  
with cheese Milk  
baked beans or  
tuna mayonnaise Fish Egg  
& salad bar

OR



**Sandwich** Gluten Soya  
Fillings: cheese Milk, ham or  
tuna mayonnaise Fish Egg  
salad bar, crisps,  
fruit or frube yoghurt Milk,  
or pudding of the day

DESSERT



**Pinwheel cookie**  
Gluten

## THURSDAY



**Roast meat of the day,**  
Yorkshire pudding  
Milk Egg Gluten,  
roast potatoes,  
seasonal vegetables & gravy

OR



**Jacket potato**  
with cheese Milk  
baked beans or  
tuna mayonnaise Fish Egg  
& salad bar

OR



**Hot filled Panini** Gluten  
with ham, tuna Fish,  
or cheese Milk,  
served with  
potato balls  
& salad bar

DESSERT



**Donuts**  
Soya Milk Gluten Egg Sesame

## FRIDAY



**Fishcake cob**  
Gluten Fish Sesame  
with oven chips,  
sweetcorn & peas

OR



**Jacket potato**  
with cheese Milk  
baked beans or  
tuna mayonnaise Fish Egg  
& salad bar

OR



**Sandwich** Gluten Soya  
Fillings: cheese Milk, ham or  
tuna mayonnaise Fish Egg  
salad bar, crisps,  
fruit or frube yoghurt Milk,  
or pudding of the day

DESSERT



**Cornflake tart**  
Gluten Sulphur dioxide,  
& custard Milk



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# My School Menu

**Week 2**

Week commencing

10 Nov, 1 Dec,  
12 Jan, 2 Feb,  
23 Feb,  
16 March

**Autumn/Winter 2025-26**

**Available Daily:**

Fresh fruit & salad  
Best of both bread

Gluten Soya

Vegetarian & Halal meals  
available upon request

**MONDAY**



**Cheesy naan bread pizza**  
Soya Gluten Milk  
with potato balls

OR



**Jacket potato**  
with cheese Milk  
baked beans or  
tuna mayonnaise Fish Egg  
& salad bar

OR



**Sandwich** Gluten Soya  
Fillings: cheese Milk, ham or  
tuna mayonnaise Fish Egg  
salad bar, crisps,  
fruit or frube yoghurt Milk,  
or pudding of the day

**DESSERT**



**Chocolate & orange cookie**  
Gluten

**TUESDAY**



**Quorn Dippers** Gluten  
with potato balls  
& crunchy vegetable Sticks

OR



**Jacket potato**  
with cheese Milk  
baked beans or  
tuna mayonnaise Fish Egg  
& salad bar

OR



**Sandwich** Gluten Soya  
Fillings: cheese Milk, ham or  
tuna mayonnaise Fish Egg  
salad bar, crisps,  
fruit or frube yoghurt Milk,  
or pudding of the day

**DESSERT**



**New York cheesecake**  
Gluten Soya Milk

**WEDNESDAY**



**Chicken & coconut curry**  
Milk  
with rice,  
carrot & cucumber sticks

OR



**Jacket potato**  
with cheese Milk  
baked beans or  
tuna mayonnaise Fish Egg  
& salad bar

OR



**Sandwich** Gluten Soya  
Fillings: cheese Milk, ham or  
tuna mayonnaise Fish Egg  
salad bar, crisps,  
fruit or frube yoghurt Milk,  
or pudding of the day

**DESSERT**



**Syrup sponge**  
Egg Gluten & custard Milk

**THURSDAY**



**Roast meat of the day,**  
Yorkshire pudding  
Milk Egg Gluten,  
roast potatoes,  
seasonal vegetables & gravy

OR



**Jacket potato**  
with cheese Milk  
baked beans or  
tuna mayonnaise Fish Egg  
& salad bar

OR



**Hot filled Panini** Gluten  
with ham, tuna Fish,  
or cheese Milk,  
served with  
potato balls  
& salad bar

**DESSERT**



**Rice pudding**  
Milk

**FRIDAY**



**MSC fish portion**  
Gluten Fish  
oven chips,  
sweetcorn & mushy peas

OR



**Jacket potato**  
with cheese Milk  
baked beans or  
tuna mayonnaise Fish Egg  
& salad bar

OR



**Sandwich** Gluten Soya  
Fillings: cheese Milk, ham or  
tuna mayonnaise Fish Egg  
salad bar, crisps,  
fruit or frube yoghurt Milk,  
or pudding of the day

**DESSERT**



**Cheese & crackers**  
Milk Gluten



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# My School Menu

**Week 3**

Week commencing

17 Nov, 8 Dec,  
19 Jan, 9 Feb,  
2 March  
23 March

**Autumn/Winter 2025-26**

**Available Daily:**

Fresh fruit & salad  
Best of both bread

Gluten Soya

Vegetarian & Halal meals  
available upon request

## MONDAY



Quorn **Mustard** Teriyaki Udon noodles **Soya** **Gluten** with a vegetable spring roll  
**Gluten** **Egg** **Milk** **Soya** **Celery**

OR



**Jacket potato** with cheese **Milk** baked beans or tuna mayonnaise **Fish** **Egg** & salad bar

OR



**Sandwich** **Gluten** **Soya**  
Fillings: cheese **Milk**, ham or tuna mayonnaise **Fish** **Egg** salad bar, crisps, fruit or frube yoghurt **Milk**, or pudding of the day

DESSERT



Jelly & a cookie  
**Gluten**

## TUESDAY



Beef chilli with nachos & rice

OR



**Jacket potato** with cheese **Milk** baked beans or tuna mayonnaise **Fish** **Egg** & salad bar

OR



**Sandwich** **Gluten** **Soya**  
Fillings: cheese **Milk**, ham or tuna mayonnaise **Fish** **Egg** salad bar, crisps, fruit or frube yoghurt **Milk**, or pudding of the day

DESSERT



Golden syrup sponge  
**Egg** **Gluten** **Milk** with custard **Milk**

## WEDNESDAY



Quorn Dippers **Gluten** with potato balls & crunchy vegetable Sticks

OR



**Jacket potato** with cheese **Milk** baked beans or tuna mayonnaise **Fish** **Egg** & salad bar

OR



**Sandwich** **Gluten** **Soya**  
Fillings: cheese **Milk**, ham or tuna mayonnaise **Fish** **Egg** salad bar, crisps, fruit or frube yoghurt **Milk**, or pudding of the day

DESSERT



Chocolate cracknell  
**Milk** **Gluten**

## THURSDAY



Nottinghamshire sausage **Gluten** **Sulphur Dioxide**, mashed potatoes, vegetables of the day & gravy

OR



**Jacket potato** with cheese **Milk** baked beans or tuna mayonnaise **Fish** **Egg** & salad bar

OR



**Sandwich** **Gluten** **Soya**  
Fillings: cheese **Milk**, ham or tuna mayonnaise **Fish** **Egg** salad bar, crisps, fruit or frube yoghurt **Milk**, or pudding of the day

DESSERT



Butterscotch shortcake  
**Gluten** **Milk** **Soya**

## FRIDAY



MSC fish portion **Gluten** **Fish** oven chips, sweetcorn & peas

OR



**Jacket potato** with cheese **Milk** baked beans or tuna mayonnaise **Fish** **Egg** & salad bar

OR



**Sandwich** **Gluten** **Soya**  
Fillings: cheese **Milk**, ham or tuna mayonnaise **Fish** **Egg** salad bar, crisps, fruit or frube yoghurt **Milk**, or pudding of the day

DESSERT



Chocolate Brownie  
**Milk** **Gluten**



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