

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Tortelloni Formaggio Gluten Egg Milk in a tomato & basil sauce with garlic bread Gluten Soya Milk	Pacific Salmon Fish, OR Eat Curious 'chicken', broccoli, pea & cream cheese pasta Gluten Milk Mustard Soya	Roast meat of the day OR Quorn roast Milk Egg with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Lemon & herb chicken Sulphur Dioxide OR Quorn Milk Egg with mashed potato & corn on the cob	Fishcake Cob Gluten Fish Sesame OR Fishless finger cob Gluten Sesame with lemon mayonnaise Egg Sulphur Dioxide, oven chips & peas
Pudding	Classic iced 'school' cake Egg Gluten Milk	Spiced apple crumble Gluten with custard Milk	Pinwheel cookie Gluten	Donuts Soya Milk Gluten Egg Sesame	Custard tart Milk Gluten







	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cheesy Naan bread pizza Milk Gluten with Bombay potatoes	All day brunch Nottinghamshire sausage Gluten Sulphur Dioxide & bacon OR Plant based sausage Soya Sulphur Dioxide with hash browns, baked beans & scrambled eggs Egg Milk	Roast meat of the day OR Quorn roast Milk Egg with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Loaded Chicken OR Quorn Milk Egg Biryani Chapati's Gluten with a tomato, red onion & mint salad	Tempura battered MSC Pollock taco Gluten Soya Fish OR Fishless finger taco Gluten with curried veg slaw Egg & oven chips
Pudding	Chocolate & orange cookie Gluten	JimJam 'nut free' chocolate croissant Gluten Milk	New York cheesecake Gluten Soya Milk	Cardamom rice pudding Milk	Sticky toffee pudding Milk Egg Gluten with custard Milk







17th November, 8th December, 19th January, 9th February, 2nd March, 23rd March

Taste ASIA

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	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken OR Quorn Mustard teriyaki Udon noodles Gluten Soya with a vegetable spring roll Gluten Egg Milk Soya Celery	Chicken & vegetable fajitas Gluten OR Quorn & vegetable fajitas Mustard Gluten with smoky jacket wedges & tomato salsa Sesame	Roast meat of the day OR OR Quorn roast Milk Egg with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	OR Quorn Mustard Soya filled bao bun Gluten Sesame with sticky rice & crunchy vegetable sticks	Chip shop style fish 'n' chips Gluten Fish OR Fishless fingers 'n' chips Gluten with curry sauce Celery, Egg, Milk, Mustard, Soya, Gluten & peas
Pudding	Zesty lemon jelly with a cookie Gluten	Iced carrot cake Gluten Egg Sulphur Dioxide	Chocolate Cracknell Gluten Milk	Butterscotch shortcake Gluten Milk Soya	JimJam 'Nut Free' Chocolate brownie Egg Milk Gluten



