### My School Menu Spring/Summer 2025

#### Week

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Week commencing 21 April, 12 May, 2 June, 23 June, 14 July, 1 Sept, 22 Sept, 13 October

# CCCF DUCE Wednesdays

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	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Vegetarian roll Soya Milk Gluten with baked beans, jacket wedges & sweetcorn	BBQ cheesy chicken Milk OR Quorn Milk Egg with roasted new potatoes, broccoli & carrots	Beef burger Egg Sesame Gluten Sulphur Dioxide OR Southern fried Quorn burger Milk Egg Sesame Gluten with oven chips, baked beans & peas	Yorkshire pudding wrap Milk Egg Gluten filled with roast meat of the day OR Quorn Milk Egg roast potatoes, seasonal vegetables & gravy	Breaded fish Fish Gluten OR Fishless finger Gluten with crushed new potatoes, sweetcorn & peas
Option 2	Jacket potato with cheese Milk, beans & mixed salad	Jacket potato with tuna mayonnaise Egg Fish & mixed salad	Jacket potato with cheese Milk, beans & mixed salad		Jacket potato with cheese Milk, beans & mixed salad
Pudding	Honey & oat cookie Gluten	Chocolate muffin Egg Gluten	lce cream tub Milk	Cornflake tart Gluten Sulphur Dioxide with custard Milk	Chocolate brownie Gluten





#### Week 🚄

Week commencing 28 April, 19 May, 9 June, 30 June, 21 July, 8 Sept, 29th Sept

## Tuesdays

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pork meatballs Egg Gluten OR Veggie meatballs Soya in a tomato sauce with pasta shape of the day Gluten Soya Mustard & roasted mediterranean vegetables	Chicken taco Gluten OR Quorn taco Gluten Egg with BBQ sauce OR tomato salsa Sesame jewelled rice, carrot & cucumber sticks	Bangers & mash Gluten Sulphur Dioxide OR Plant based sausage Soya Sulphur Dioxide with seasonal vegetables & gravy Featuring our Nottinghamshire sausage from local butchers Maloney's	Roasted gammon OR Quorn Milk Egg with jacket wedges, roasted summery vegetables & gravy	Fish finger cob Fish Gluten Sesame OR Fishless finger cob Gluten Sesame with oven chips, baked beans & peas
Option 2	Jacket potato with cheese Milk, beans & mixed salad	Jacket potato with tuna mayonnaise Egg Fish & mixed salad	Jacket potato with cheese Milk, beans & mixed salad		Jacket potato with cheese Milk, beans & mixed salad
Pudding	Gingerbread cookies Gluten	Pancakes Gluten Milk Egg & honey	Butterscotch shortcake Milk Gluten	Cherry iced bun Gluten Egg Milk Soya	Strawberry fairy cake Egg Gluten



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#### Week 3

Week commencing 5 May, 26 May, 16 June, 7 July, 28 July, 15 Sept, 6 October

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Option 1	Cheesy BBQ pizza Soya Gluten Milk OR Margherita pizza Soya Gluten Milk with potato balls &sweetcorn	Beef Bolognese Mustard Soya Gluten OR Quorn Bolognese Mustard Soya Gluten Egg with garlic bread, Gluten Milk Soya carrot & cucumber sticks	Chicken enchiladas Milk Gluten OR Quorn enchiladas Milk Gluten Egg with rice & tomato salsa Sesame	Roast meat of the day filled cob Gluten Sesame (pork or gammon) OR Quorn Egg Milk with jacket wedges & roasted summery vegetables	Hot Dog Gluten Sesame Sulphur dioxide OR Plant based sausage Soya Sulphur dioxide Gluten Sesame with tomato ketchup, peas & french fries
Option 2	Jacket potato with cheese Milk, beans & mixed salad	Jacket potato with tuna mayonnaise Egg Fish & mixed salad	Jacket potato with cheese Milk, beans & mixed salad		Jacket potato with cheese Milk, beans & mixed salad
Pudding	Golden syrup flapjack <sup>Gluten</sup>	Fruit ice lolly	Strawberry mousse Milk with crushed meringues Egg Milk & raspberry sauce	Jam roly poly Gluten Milk Sulphur Dioxide Egg with custard Milk	Donuts Soya Milk Gluten Egg Sesame

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Fridays

