## Mysehool Mehus

week 1

**Week commencing** 

21 April, 12 May, 2 June, 23 June, 14 July, 1 Sept, 22 Sept, 13 October

Spring/Summer 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Vegetarian roll Soya Milk Gluten with seasonal vegetables & jacket wedges	BBQ cheesy chicken Milk OR Quorn Milk Egg with roasted new potatoes & seasonal vegetables	Quorn dippers  Gluten, with pommes noisettes & seasonal vegetables	Yorkshire pudding wrap Milk Egg Gluten filled with roast meat of the day OR Quorn Milk Egg roast potatoes, seasonal vegetables & gravy	Breaded fish Fish Gluten OR Fishless finger Gluten with oven chips, sweetcorn & peas
Option 2	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad
Pudding	Honey & oat cookie Gluten	Chocolate muffin Egg Gluten	Ice cream tub Milk	Cornflake tart Gluten Sulphur Dioxide with custard Milk	Chocolate brownie Gluten

AND WIND CALL DISCOUNTS.





	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pork meatballs  Egg Gluten  OR  Veggie meatballs  Soya  in a tomato  sauce with pasta shape of the day Gluten Soya Mustard  & seasonal  vegetables	BBQ Chicken taco Gluten OR BBQ Quorn taco Gluten Egg with rice, carrot & cucumber sticks	Bangers & mash Gluten Sulphur Dioxide OR Plant based sausage Soya Sulphur Dioxide with seasonal vegetables & gravy Featuring our Nottinghamshire sausage from local butchers Maloney's	Roasted gammon OR Quorn Milk Egg with jacket wedges, seasonal vegetables & gravy	Beef burger Egg Sesame Gluten Sulphur Dioxide OR Southern fried Quorn burger Milk Egg Sesame Gluten with oven chips, & seasonal vegetables
Option 2	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad)	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad
Pudding	Gingerbread cookies Gluten	Pancakes Gluten Milk Egg & honey	Butterscotch shortcake Milk Gluten	Cherry iced bun Gluten Egg Milk Soya	Ice cream tub Milk



My School Menu

Spring/Summer 2025

week 3

Week commencing

5 May, 26 May, 16 June, 7 July, 28 July, 15 Sept, 6 October

## Fridays

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		Monday	Tuesday	Wednesday	Thursday	Friday	
	Updon 1	Margherita pizza Soya Gluten Milk with potato balls & seasonal vegetables	Beef Bolognese Mustard Soya Gluten OR Quorn Bolognese Mustard Soya Gluten Egg with garlic bread, Gluten Milk Soya carrot & cucumber sticks	Chicken enchiladas Milk Gluten OR Quorn enchiladas Milk Gluten Egg with rice & tomato salsa Sesame	Roast meat of the day filled cob Gluten Sesame (pork or gammon) OR Quorn Egg Milk with jacket wedges & seasonal vegetables	Fish finger cob Fish Gluten Sesame OR Fishless finger cob Gluten Sesame with French fries, tomato ketchup & peas	
	מסוז ל	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	Jacket potato served with your choice of: cheese Milk, baked beans or tuna mayonnaise Fish Egg & mixed salad	
\$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	Fudding	Golden syrup flapjack Gluten	Fruit ice lolly	Strawberry mousse Milk with crushed meringues Egg Milk & raspberry sauce	Jam roly poly Gluten Milk Sulphur Dioxide Egg with custard Milk	Donuts Soya Milk Gluten Egg Sesame	

