This diagram represents the six key building blocks for health. The blocks are named as:

1. Safe and secure housing (top left-hand box)
2. Giving children the best start in life (top middle box)
3. Education and skills (top right-hand box)
4. A good diet (bottom left-hand box)
5. Secure employment (bottom middle box)
6. Connection with family and friends (bottom right-hand box)

Each block is represented in its own box and has a small image next to it.