

If you're under the age of 25, have special educational needs and disabilities (SEND) and live anywhere in Nottinghamshire, we want to hear from you.

It can be about anything!

- Your opinions
- Your experiences
- Groups you love going to
- Personal stories about school, work, or training
- Things you enjoy doing
- Facts about your disability

It might be an article, a blog, or a video. If you can think of it, we want to hear it.

Email your ideas to communications@futuresforyou.com or tell us what you think online https://askusnotts.org.uk/YPZ

scan me!







