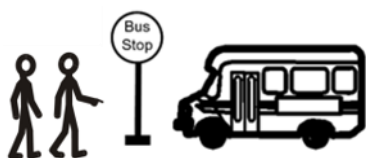


# Independent Travel Training for adults



This easy read tells you about Independent Travel Training for adults.

## What is Independent Travel Training?



Independent Travel Training (ITT) helps people learn to travel by themselves, instead of needing transport from Nottinghamshire County Council.



When you have done the training, you should be able to travel by yourself to and from places you need to get to, such as day services.



The training is based on what you need.



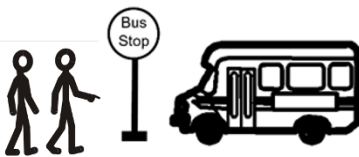
What you learn to do will depend on your abilities and where you need to go.



The training can be 'topped – up' or changed if your needs or the places you need to get to change.



Independent Travel Training helps you to be more independent do more things for yourself.

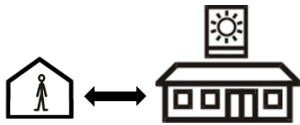


There will be a trainer to do the journey with you until you feel confident to do the journey by yourself.

## Can I get Independent Travel Training?



You can get Independent Travel Training if:



- You are an adult who needs to get to a social care service from the place you live.



- You are eligible to get social care and support from Nottinghamshire County Council.



[There is also Independent Travel Training for children and young people, but there is separate information about this.](#)

## Who do I contact to find out more?



You can find out more by contacting the Independent Travel Training Team by emailing [itt@nottscc.gov.uk](mailto:itt@nottscc.gov.uk).



You can also contact the Customer Service Centre.



There are several ways to contact them, including:



**Web:** [Use our online contact form](#)



**Telephone:** 0300 500 80 80



**Text Relay:** 18001 0115 977 4050

People who have hearing or speech difficulties and prefer to communicate via text can use the Text Relay service through the [Relay UK app](#).



**Sign Video**

People who use British Sign Language to

communicate can use [the SignVideo app](#) to speak with us.



Phone 0300 500 80 80 if you need the information in a different language or format.

## **Links in this document**

### **Independent Travel Training for Children and Young People**

[nottinghamshire.gov.uk/transport/public-transport/independent-travel-training/children](https://nottinghamshire.gov.uk/transport/public-transport/independent-travel-training/children)

### **Nottinghamshire County Council – contact us form**

[nottinghamshire.gov.uk/contactform](https://nottinghamshire.gov.uk/contactform)

### **Relay UK app**

[www.relayuk.bt.com/how-to-use-relay-uk/download-app.html](https://www.relayuk.bt.com/how-to-use-relay-uk/download-app.html)

### **SignVideo app**

[signvideo.co.uk/download](https://signvideo.co.uk/download)

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For the standard English web page version of this information, go to:

- [Independent Travel Training | Nottinghamshire County Council](https://www.nottinghamshire.gov.uk/transport/public-transport/independent-travel-training)

(<https://www.nottinghamshire.gov.uk/transport/public-transport/independent-travel-training>)

- [Independent Travel Training for adults | Nottinghamshire County Council](https://www.nottinghamshire.gov.uk/transport/public-transport/independent-travel-training/adults)

(<https://www.nottinghamshire.gov.uk/transport/public-transport/independent-travel-training/adults>)

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