



SECONDARY MENU SPRING/SUMMER 2022



WEEK 1 MEAL DEALS OF THE DAY

all meals come with a dessert of the day
and a bottle of water or aqua juice

CHEF'S MEAL OF THE DAY

Each meal comes with a dessert and a bottle of water or aqua juice

MONDAY



Vegetable enchiladas
Milk, Gluten
or
Smokey 3 bean chilli
Celery



A
Wholegrain rice
or
Crusty bread
Gluten Sesame

B
Mixed salad
or
Coleslaw
Egg

TUESDAY



Spaghetti Bolognese
Fish, Gluten
or
Quorn Bolognese
Egg, Gluten



A
Garlic slice
Soya, Milk, Gluten
or
Jacket wedges

B
Sweetcorn
or
Crunchy veg

WEDNESDAY



Roast gammon & pineapple
or
Quorn roast
Milk, Egg



A
Roast potatoes
or
Mashed potatoes

B
Green beans
or
Baton carrots

THURSDAY



Chicken & spring vegetable pie
Celery, Gluten
or
Quorn & spring vegetable pie
Celery, Gluten Egg



A
Diced potatoes
or
Mashed potatoes

B
Spring green cabbage
or
Cauliflower

FRIDAY



Breaded fish *Fish, Gluten*
Lemon wedge
Tartare sauce *Egg*
or
Quorn fishless fingers
Gluten
with lemon wedge
Tartare sauce *Egg*



A
Crispy chunky chips
or
New potatoes

B
Mushy peas
or
Petit pois peas
or
Mixed salad

DESSERT OF THE DAY



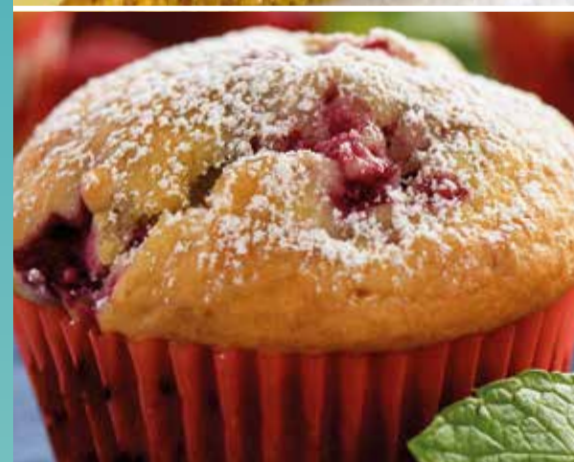
Mandarins in jelly & shortbread finger
Gluten
or
Yoghurt *Milk*
or
Fruit



Honey cake & custard *Milk, Egg, Gluten*
or
Yoghurt *Milk*
or
Fruit



Banoffee pie
Milk, Gluten
or
Yoghurt *Milk*
or
Fruit



Fruit of the forest muffin
Gluten, Egg
or
Yoghurt *Milk*
or
Fruit



Jam sponge & custard *Gluten, Egg, Sulphur Dioxide*
or
Yoghurt *Milk*
or
Fruit

Choose one item from choice A and one item from choice B

For information about food allergens please ask the Chef Manager



Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery





SECONDARY MENU SPRING/SUMMER 2022



WEEK 2 MEAL DEALS OF THE DAY

all meals come with a dessert of the day and a bottle of water or aqua juice

CHEF'S MEAL OF THE DAY

Each meal comes with a dessert and a bottle of water or aqua juice

MONDAY



Cheese & broccoli quiche

Milk, Egg, Gluten

or

Tomato & basil pasta

Gluten



A

New potatoes

or

Garlic slice

Soya, Milk, Gluten

B

Sweetcorn

or

Ranch salad

Egg

TUESDAY



Lasagne

Milk, Gluten

or

Vegetable lasagne

Milk, Gluten



A

Crusty bread

Gluten, Sesame

or

Seasoned wedges

B

Crunchy veg

or

Mixed salad

WEDNESDAY



Roast Pork, stuffing

Gluten

& gravy

or

Roast Quorn

Milk, Egg

stuffing

Gluten

& gravy



A

Roast new potatoes

or

Mashed potatoes

B

Broccoli

or

Carrots

THURSDAY



Chicken Balti

Milk, Mustard, Gluten

or

Quorn Balti

Mustard, Milk, Egg, Gluten



A

Naan bread

Milk, Gluten

or

Wholegrain rice

B

Sweetcorn

or

Green beans

FRIDAY



Breaded fish

Fish, Gluten

Lemon wedge

Tartare sauce

Egg

or

Quorn fishless fingers

Gluten

with lemon wedge

Tartare sauce

Egg



A

Crispy chunky chips

or

Diced potatoes

B

Mushy peas

or

Petit pois peas

or

Mixed salad

DESSERT OF THE DAY



Chocolate brownie

Gluten

or

Yoghurt

Milk

or

Fruit



Fruit flapjack

Gluten

Yoghurt

Milk

or

Fruit



Apple & raspberry crumble

Gluten

& cream

Milk

or

Yoghurt

Milk

or

Fruit



Butterscotch tart

Milk, Gluten

or

Yoghurt

Milk

or

Fruit



Apricot slice

Gluten

& custard

Milk

or

Yoghurt

Milk

or

Fruit



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SECONDARY MENU SPRING/SUMMER 2022



WEEK 3 MEAL DEALS OF THE DAY

all meals come with a dessert of the day and a bottle of water or aqua juice

CHEF'S MEAL OF THE DAY

Each meal comes with a dessert and a bottle of water or aqua juice

MONDAY



Pasta Americano
Gluten
or
Mixed bean bake
Milk



A
Crusty bread
Gluten, Sesame
or
New roast potatoes

B

Mixed salad
or
Coleslaw
Egg

TUESDAY



Nottinghamshire sausage
Gluten, Sulphur Dioxide
or
Vegan plant-based sausage
Soya, Sulphur Dioxide



A
& Yorkshire pudding
Gluten, Egg, Milk
or
Mashed Potatoes

B

Carrots
or
Spring cabbage

WEDNESDAY



Roast beef & Yorkshire pudding
Gluten, Milk, Egg & gravy
or
Quorn Roast Milk, Egg
Yorkshire Pudding
Gluten, Milk, Egg & gravy



A
Roast Potatoes
or
Mashed Potatoes

B

Green beans
or
Cauliflower

THURSDAY



Chicken fajitas
Gluten
or
Quorn fajitas
Gluten, Egg



A
Jacket wedges
or
Roast new potatoes

B

Mixed salad
or
Coleslaw Egg

FRIDAY



Breaded fish Fish, Gluten
Lemon wedge
Tartare sauce Egg
or
Quorn fishless fingers
Gluten
with Lemon Wedge
Tartare Sauce Egg



A
Crispy chunky chips
or
Diced potatoes

B

Mushy peas
or
Petit pois peas
or
Mixed salad

DESSERT OF THE DAY



Chocolate mousse Milk
or
Yoghurt Milk
or
Fruit



Fresh scone with jam & cream Milk
or
Yoghurt Milk
or
Fruit



Cornflake tart & custard Milk
or
Yoghurt Milk
or
Fruit



Fruit cookie Gluten
or
Yoghurt Milk
or
Fruit



Lemon sponge & custard Milk
or
Yoghurt Milk
or
Fruit



Choose one item from choice A and one item from choice B

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