



SPRING 2022

MENU WEEK 1

WEEK COMMENCING

11 April, 2 May, 23 May,
13 June, 4 July,
25 July



FIRST COURSE

SECOND COURSE

MONDAY

Quorn dippers **Milk Egg Gluten**
roast new potatoes
crunchy veg
OR
Jacket potato with baked beans,
cheese **Milk** or tuna mayo **Egg Fish**
mixed salad



Jam sponge **Gluten**
Egg Sulphur Dioxide
& custard **Milk**
OR
Fruit yoghurt
Milk



TUESDAY

Lasagne **Milk Gluten**
crusty bread **Gluten Sesame**
sweetcorn & mixed salad
OR
Jacket potato with baked beans,
cheese **Milk** or tuna mayo **Egg Fish**
mixed salad



Fruit yoghurt **Milk**



WEDNESDAY

Sunshine pizza **Milk Gluten**
seasoned jacket wedges
carrot & cucumber sticks & coleslaw **Egg**
OR
Jacket potato with baked beans,
cheese **Milk** or tuna mayo **Egg Fish**
mixed salad



Strawberry jelly
Gluten
& shortbread
finger
OR
Fruit yoghurt **Milk**



THURSDAY

Roast gammon with pineapple
roast potatoes
mashed potatoes
green beans & sliced Carrots
OR
Jacket potato with baked beans, cheese **Milk**
or tuna mayo **Egg Fish** & mixed salad



Chocolate
brownie **Gluten**
OR
Fruit yoghurt **Milk**



FRIDAY

MSC fish fingers **Gluten Fish**
tomato ketchup, diced potatoes
peas & sweetcorn
OR
Jacket potato with baked beans,
cheese **Milk** or tuna mayo **Egg Fish**
mixed salad



Raspberry ripple
ice cream roll
Soya Milk Egg **Gluten**
& vanilla sauce
Milk
OR
Fruit yoghurt **Milk**



SERVED DAILY Best of both bread **Gluten and Soya** Seasonal vegetables available daily Coleslaw **Egg** when served

Vegetarian meals can be
made available upon request



SPRING 2022

MENU WEEK 2

WEEK COMMENCING

18 April, 9 May, 30 May,
20 June, 11 July



FIRST COURSE

SECOND COURSE

MONDAY

Cheese & tomato parcel **Gluten Milk**
crunchy new potatoes
ranch salad **Egg**
Sweetcorn
OR

Jacket potato with baked beans, cheese **Milk**
or tuna mayo **Egg Fish** & mixed salad



Frozen yoghurt **Milk**
& fruit
OR
Fruit yoghurt **Milk**



TUESDAY

Spaghetti Bolognese **Fish Gluten**
cucumber & carrot sticks
OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayo **Egg Fish**
mixed salad



Honey cake **Milk**
Gluten Egg
& custard **Milk**
OR
Fruit yoghurt **Milk**



WEDNESDAY

All day breakfast **Milk Egg**
the rainbow mix
OR

Jacket potato with baked beans, cheese **Milk**
or tuna mayo **Egg Fish** & mixed salad



Butterscotch tart **Milk Gluten**
OR
Fruit yoghurt **Milk**



THURSDAY

Roast pork, stuffing **Gluten** & gravy
roast potatoes
mashed potatoes
sliced carrots & broccoli
OR

Jacket potato with baked beans, cheese **Milk**
or tuna mayo **Egg Fish** & mixed salad



Fruit flapjack **Gluten**
OR
Fruit yoghurt **Milk**



FRIDAY

MSC Fish finger wrap **Gluten Fish Mustard**
oven chips
garden peas
Sweetcorn
OR

Jacket potato with baked beans, cheese **Milk**
or tuna mayo **Egg Fish** & mixed salad



Lemon sponge **Egg Gluten**
& custard **Milk**
OR
Fruit yoghurt **Milk**



SERVED DAILY

Best of both bread **Gluten and Soya** Seasonal vegetables available daily Coleslaw **Egg** when served

Vegetarian meals can be
made available upon request



SPRING 2022

MENU WEEK 3

WEEK COMMENCING

4 April, 25 April, 16 May,
6 June, 27 June,
18 July



FIRST COURSE

SECOND COURSE

MONDAY

Margherita pizza **Milk** **Gluten**
the rainbow mix
carrot sticks

OR

Jacket potato with baked beans, cheese **Milk**
or tuna mayo **Egg** **Fish** & mixed salad



Chocolate mousse **Milk**
& apple wedge

OR

Fruit yoghurt **Milk**



TUESDAY

Nottinghamshire sausages,
Gluten **Sulphur Dioxide**
gravy, Yorkshire pudding **Gluten** **Milk** **Egg**
mashed potatoes, baton carrots & broccoli

OR

Jacket potato with baked beans, cheese **Milk**
or tuna mayo **Egg** **Fish** & mixed salad



Apricot slice **Gluten**
& custard **Milk**

OR

Fruit yoghurt **Milk**



WEDNESDAY

Tomato & basil pasta **Gluten**
crusty bread **Gluten** **Sesame**
mixed salad
ranch salad **Egg**

OR

Jacket potato with baked beans, cheese **Milk**
or tuna mayo **Egg** **Fish** & mixed salad



Cornflake tart
Gluten **Sulphur Dioxide**
& custard **Milk**

OR

Fruit yoghurt **Milk**



THURSDAY

Roast beef, & gravy
Yorkshire pudding **Milk** **Egg** **Gluten**
roast new potatoes
cabbage & sliced carrots

OR

Jacket potato with baked beans, cheese **Milk**
or tuna mayo **Egg** **Fish** & mixed salad



Fruit cookie **Gluten** **OR**
Fruit yoghurt **Milk**



FRIDAY

MSC fish portion **Fish** **Gluten**
oven chips
garden peas
sweetcorn

OR

Jacket potato with baked beans, cheese **Milk**
or tuna mayo **Egg** **Fish** & mixed salad



Fruit scone **Milk**
Gluten **Sulphur Dioxide**
jam & cream
OR

Fruit yoghurt **Milk**



SERVED DAILY

Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily Coleslaw **Egg** when served

Vegetarian meals can be
made available upon request