



AUTUMN WINTER 2021

MENU WEEK 1

WEEK COMMENCING

13 Sept, 4 Oct, 25 Oct,
15 Nov, 6 Dec, 27 Dec



FIRST COURSE

SECOND COURSE

MONDAY

Margherita pizza
& roast potatoes
crunchy vegetables

Milk Gluten



Spiced carrot cake
& custard
OR
Fruit

Egg Milk Gluten Sulphur Dioxide



TUESDAY

Porkies in gravy
mashed potatoes
carrots & cauliflower

Soya Gluten



Fruit in jelly
OR
Fruit



WEDNESDAY

Chicken casserole
Potato footballs **Milk**
broccoli
honey roast parsnips



Crispy jam tart
& custard
OR
Fruit

Milk Gluten Sulphur Dioxide



THURSDAY

Roast beef & gravy
Yorkshire pudding,
roast potatoes,
carrot & swede mash & cabbage

Milk Egg Gluten



Honey & oatmeal cookie
OR
Fruit

Gluten



FRIDAY

MSC fish fingers,
tomato ketchup,
diced potatoes
peas & sweetcorn

Gluten Fish



Pears with hot chocolate sauce
& shortbread finger
OR
Fruit

Milk Gluten



SERVED DAILY Best of both bread **Gluten and Soya** Seasonal vegetables available daily **Coleslaw** **Egg** when served

Vegetarian meals can be
made available upon request



AUTUMN WINTER 2021

MENU WEEK 2

WEEK COMMENCING

1 Sept, 20 Sept, 11 Oct,
1 Nov, 22 Nov, 13 Dec



FIRST COURSE

SECOND COURSE

MONDAY

Sunshine pizza **Gluten Milk**
potato wedges
sweetcorn
& coleslaw **Egg**



Fruit flapjack
OR
Fruit

Gluten



TUESDAY

Cheesy topped cottage pie
& gravy
carrots & cabbage

Milk Fish



Butterscotch tart
OR
Fruit

Milk Gluten



WEDNESDAY

BBQ turkey wrap
seasoned wedges
coleslaw
& cucumber sticks

Gluten Egg



Ginger sponge
& custard
OR
Fruit

Milk Egg Gluten



THURSDAY

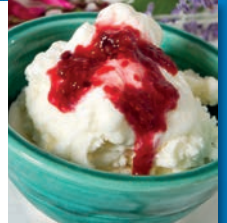
Roast gammon & gravy
Yorkshire pudding,
roast potatoes,
carrots & honey roast parsnips

Milk Egg Gluten



Frozen yogurt
& raspberry puree
OR
Fruit

Milk



FRIDAY

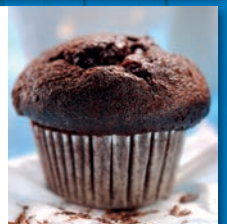
MSC Fish portion
tomato ketchup,
oven chips
peas & sweetcorn

Gluten Fish



Chocolate & orange muffin
OR
Fruit

Egg Gluten



SERVED DAILY Best of both bread **Gluten and Soya** Seasonal vegetables available daily **Coleslaw Egg** when served

Vegetarian meals can be made available upon request



AUTUMN WINTER 2021

MENU WEEK 3

WEEK COMMENCING

6 Sept, 27 Sept, 18 Oct,
8 Nov, 29 Nov, 20 Dec



FIRST COURSE

SECOND COURSE

MONDAY

Quorn dippers
diced potatoes
sweetcorn
& coleslaw

Milk Egg Gluten



Apple & plum crumble
& custard
OR
Fruit

Milk Gluten



TUESDAY

Nottinghamshire sausages,
gravy, Yorkshire pudding
mashed potatoes,
honey roast parsnips
& sliced carrots

Gluten Sulphur Dioxide Milk Egg



Rice pudding & jam
OR
Fruit

Milk Sulphur Dioxide



WEDNESDAY

Spaghetti Bolognese **Fish Gluten**
crusty bread **Gluten Sesame**
mixed salad
& coleslaw **Egg**



Fruit yoghurt
OR
Fruit

Milk



THURSDAY

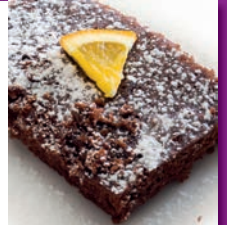
Roast pork, stuffing & gravy
Yorkshire pudding
roast potatoes, cabbage
carrot & swede mash

Milk Egg Gluten



Chocolate brownie
OR
Fruit

Gluten



FRIDAY

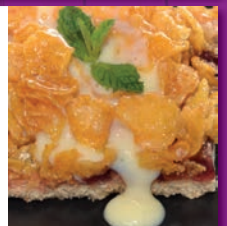
MSC fish cake,
tomato ketchup,
jacket wedges
garden peas & sweetcorn

Fish Gluten



Cornflake tart
& Custard
OR
Fruit

Milk Gluten Sulphur Dioxide



SERVED DAILY Best of both bread **Gluten and Soya** Seasonal vegetables available daily **Coleslaw** **Egg** when served

Vegetarian meals can be
made available upon request