

**AUTUMN/WINTER
2023/24**

WEEK 1

WEEK COMMENCING

February 12, March 4,
March 25



Vegetarian meals are available upon request

MAIN MEAL

DESSERT

MONDAY

Margherita pizza
pommes noisette
vegetable sticks

Gluten Milk Soya



Mixed berry mousse
& apple wedge
OR
Fruit

Milk



TUESDAY

Spaghetti Bolognese
garlic bread
crunchy vegetables

Gluten Milk Soya Fish



Cornflake tart
& custard
OR
Fruit

Milk Gluten Sulphur Dioxide



WEDNESDAY

Southern style burger
in a bun
jacket wedges
carrot sticks & ranch salad

Gluten Egg Milk Sesame



Fruit flapjack
OR
Fruit

Gluten



THURSDAY

Roast turkey & stuffing
gravy
roast OR mashed potatoes
cabbage & carrots

Gluten



Cheese & crackers
OR
Fruit

Gluten Milk



FRIDAY

MSC fish cake
diced potatoes
garden peas & crunchy veg
tomato ketchup

Gluten Fish



Apple muffin
OR
Fruit

Gluten Egg



ALSO SERVED DAILY: Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily, Coleslaw **Egg** when served.

www.nottinghamshire.gov.uk/schoolmeals



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WEEK 2

WEEK COMMENCING

January 29, February 19,
March 11, April 1



Vegetarian meals are available upon request

MAIN MEAL

DESSERT

MONDAY

Quorn dippers
roast baby potatoes
sweetcorn
cucumber sticks

Gluten



Chocolate sponge
& chocolate sauce
OR
Fruit

Milk Egg Gluten



TUESDAY

Nottinghamshire sausage
gravy, Yorkshire pudding
mashed potato
broccoli & carrots

Egg Gluten Milk Sulphur Dioxide



Jelly & fruit
OR
Fruit



WEDNESDAY

Cheesy tomato pasta
garlic bread
carrot & cucumber sticks

Gluten Milk Soya



Apple crumble
& custard
OR
Fruit

Gluten Milk



THURSDAY

Roast pork, stuffing & gravy
Yorkshire pudding
roast OR mashed potato
cabbage & fresh carrots

Milk Egg Gluten



Honey & oatmeal cookie
OR
Fruit

Gluten



FRIDAY

MSC fish finger wrap
Pommes noisette
crunchy veg & sweetcorn
tomato ketchup

Gluten Milk Fish



Strawberry ice-cream tub
OR
Fruit

Milk



ALSO SERVED DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily, Coleslaw Egg when served.

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WEEK 3

WEEK COMMENCING

February 5, February 26,
March 18, April 8



Vegetarian meals are available upon request

MAIN MEAL

DESSERT

MONDAY

Vegan roll & gravy
baby roast potatoes
garden peas
fresh carrots

Gluten



Chocolate brownie
OR
Fruit

Gluten



TUESDAY

Jacket potato with cheese,
baked beans or tuna
mayonnaise & mixed salad

Egg Milk Fish



Fruit yoghurt
OR
Fruit

Milk



WEDNESDAY

Pasta Neapolitan
garlic bread
sweetcorn cobette

Milk Gluten Soya



Honey cake
& custard
OR
Fruit

Milk Egg Gluten



THURSDAY

Roast Gammon & gravy
Yorkshire pudding
roast OR mashed potatoes
carrots & broccoli

Milk Egg Gluten



Fruit cookie
OR
Fruit

Gluten



FRIDAY

MSC breaded fish portion
oven chips
garden peas & sweetcorn
tomato ketchup

Gluten Fish



Butterscotch tart
OR
Fruit

Milk Gluten



ALSO SERVED DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily, Coleslaw Egg when served.

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