

**AUTUMN/WINTER  
2023/24**

**WEEK 1**

**WEEK COMMENCING**

February 12, March 4,  
March 25



Vegetarian meals are available upon request

**MAIN MEAL**

**DESSERT**

**MONDAY**

Margherita pizza  
pommes noisette  
vegetable sticks

Gluten Milk Soya



Mixed berry mousse  
& apple wedge  
**OR**  
Fruit

Milk



**TUESDAY**

Spaghetti Bolognese  
garlic bread  
crunchy vegetables

Gluten Milk Soya Fish



Cheese & crackers  
**OR**  
Fruit

Milk Gluten



**WEDNESDAY**

Southern style burger  
in a bun  
jacket wedges  
carrot & cucumber sticks

Gluten Egg Milk Sesame



Cornflake tart &  
custard  
**OR**  
Fruit

Gluten Sulphur dioxide Milk



**THURSDAY**

Roast turkey & stuffing  
gravy, Yorkshire pudding,  
roast OR mashed potatoes  
cabbage & carrots

Gluten Milk Egg



Flapjack  
**OR**  
Fruit

Gluten



**FRIDAY**

MSC fish cake  
diced potatoes  
garden peas, sweetcorn &  
tomato ketchup

Gluten Fish



Apple muffin  
**OR**  
Fruit

Gluten Egg



**ALSO SERVED DAILY:** Best of both bread **Gluten and Soya** Seasonal vegetables available daily, Coleslaw **Egg** when served.

[www.nottinghamshire.gov.uk/schoolmeals](http://www.nottinghamshire.gov.uk/schoolmeals)



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**WEEK 2**

**WEEK COMMENCING**

January 29, February 19,  
March 11, April 1



Vegetarian meals are available upon request

**MAIN MEAL**

**DESSERT**

**MONDAY**

Quorn dippers  
roast baby potatoes  
sweetcorn & green  
beans

Gluten



Chocolate sponge  
& chocolate sauce  
**OR**  
Fruit

Milk Egg Gluten



**TUESDAY**

Nottinghamshire sausage  
gravy, Yorkshire pudding  
mashed potato  
broccoli & carrots

Egg Gluten Milk Sulphur Dioxide



Jelly & fruit  
**OR**  
Fruit



**WEDNESDAY**

Cheesy tomato pasta  
garlic bread  
carrot & cucumber sticks

Gluten Milk Soya



Bakewell tart  
& custard  
**OR**  
Fruit

Egg Gluten Sulphur Dioxide Milk



**THURSDAY**

Roast pork, stuffing & gravy  
Yorkshire pudding  
roast OR mashed potato  
cabbage & fresh carrots

Milk Egg Gluten



Honey & oatmeal cookie  
**OR**  
Fruit

Gluten



**FRIDAY**

MSC fish finger wrap  
Pommes noisette  
peas & sweetcorn  
tomato ketchup

Gluten Milk Fish



Strawberry ice-cream tub  
**OR**  
Fruit

Milk



**ALSO SERVED DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily, Coleslaw Egg when served.

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**WEEK 3**

**WEEK COMMENCING**

February 5, February 26,  
March 18, April 8



Vegetarian meals are available upon request

**MAIN MEAL**

**DESSERT**

**MONDAY**

Vegan roll & gravy  
roast potatoes  
garden peas  
fresh carrots

Gluten



Chocolate muffin  
**OR**  
Fruit

Gluten Egg



**TUESDAY**

Meatballs in tomato sauce  
with pitta bread  
Tilda rice  
Crunchy vegetables

Gluten Egg Milk Soya



Fruit yoghurt  
**OR**  
Fruit

Milk



**WEDNESDAY**

Pasta Neapolitan  
garlic bread  
sweetcorn cobette

Milk Gluten Soya



Butterscotch tart  
**OR**  
Fruit

Milk Gluten



**THURSDAY**

Roast Gammon & gravy  
Yorkshire pudding  
roast OR mashed potatoes  
carrots & broccoli

Milk Egg Gluten



Fruit cookie  
**OR**  
Fruit

Gluten



**FRIDAY**

MSC breaded fish portion  
oven chips  
garden peas & sweetcorn  
tomato ketchup

Gluten Fish



Honey cake  
muffin  
**OR**  
Fruit

Milk Egg Gluten



**ALSO SERVED DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily, Coleslaw Egg when served.

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