



SUMMER 2022

MENU WEEK 1

WEEK COMMENCING

11 April, 2 May, 23 May
13 June, 4 July, 25 July



FIRST COURSE

SECOND COURSE

MONDAY

Margherita pizza **Milk Gluten** **OR** Chicken breast & roast potatoes
broccoli & carrots
gravy

OR

Jacket potato with baked beans, cheese **Milk** or tuna mayo **Egg Fish** mixed salad



Raspberry swirl sponge **Egg Gluten** & custard **Milk**
OR
Fruit yoghurt **Milk**
OR
Fresh fruit



TUESDAY

Porkies in gravy **Soya Gluten**
mashed potatoes
carrots & cauliflower

OR

Jacket potato with baked beans, cheese **Milk** or tuna mayo **Egg Fish** mixed salad



Fruit in jelly
OR
Chocolate sponge & chocolate sauce
Gluten Milk Egg
Fruit yoghurt **Milk OR**
Fresh fruit



WEDNESDAY

Mediterranean tagliatelle **Milk Glu**
Crusty bread **Gluten Sesame**
carrot & cucumber sticks or vegetables
tomato & basil sauce

OR

Jacket potato with baked beans, cheese **Milk** or tuna mayo **Egg Fish** mixed salad



Crispy jam tart
Gluten Sulphur Dioxide & custard **Milk**
OR
Fruit yoghurt **Milk**
OR
Fresh fruit



THURSDAY

Roast beef & gravy
Yorkshire pudding **Milk Egg Gluten**
roast potatoes,
carrot & swede mash & cabbage

OR

Jacket potato with baked beans, cheese **Milk** or tuna mayo **Egg Fish** & mixed salad



Honey cake **Gluten**
Egg Milk & custard **Milk**
OR
Fruit yoghurt **Milk**
OR
Fresh fruit

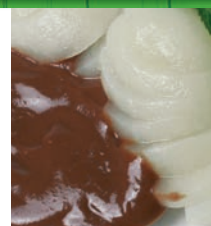


FRIDAY

MSC fish fingers **Gluten Fish OR** Fish portion **Gluten Fish**
diced potatoes
peas & sweetcorn
tomato ketchup or parsley sauce **Milk Gluten OR**
Jacket potato with baked beans, cheese **Milk** or tuna mayo **Egg Fish** mixed salad



Pears & chocolate sauce **Milk** & shortbread bread finger **Gluten Milk**
OR
Fruit yoghurt **Milk**
OR
Fresh fruit



SERVED DAILY Bread **Gluten and Soya** with Pure - Cheese, crackers and apple wedge available daily **Gluten Milk**

Vegetarian meals can be made available upon request



SUMMER 2022

MENU WEEK 2

WEEK COMMENCING

18 April, 9 May, 30

May, 20 June, 11 July



FIRST COURSE

SECOND COURSE

MONDAY

Pasta Neapolitan **Gluten Milk Sulphur dioxide**

crusty bread **Glute Sesame**

sweetcorn & green beans
tomato & basil sauce

OR

Jacket potato with baked beans, cheese **Milk** or
tuna mayo **Egg Fish** & mixed salad



Apple sponge
pudding & custard

Gluten Egg Milk

OR

Fruit yoghurt **Milk**

OR

Fresh fruit



TUESDAY

Cheesy topped cottage pie **Milk Fish**

& gravy
carrots & cabbage

OR

Jacket potato with baked beans,
cheese **Milk** or tuna mayo **Egg Fish**
mixed salad



Butterscotch tart

Milk Gluten

& custard **Milk**

OR

Fruit yoghurt **Milk**

OR

Fresh fruit



WEDNESDAY

Turkey & vegetable pie & gravy **Gluten Fish Milk**
mashed potatoes
carrots
broccoli

OR

Jacket potato with baked beans, cheese **Milk** or
tuna mayo **Egg Fish** & mixed salad



Marble sponge **Egg**
Gluten

& custard **Milk**

OR

Fruit yoghurt **Milk**

OR

Fresh fruit



THURSDAY

Roast gammon & gravy
Yorkshire pudding **Milk Egg Gluten**
roast potatoes,
carrots & honey roast parsnips

OR

Jacket potato with baked beans, cheese **Milk**
or tuna mayo **Egg Fish** & mixed salad



Frozen yoghurt **Milk**
raspberry puree

OR

Rice pudding & jam
Milk Sulphur dioxide

OR

Fruit yogurt **Milk**

OR

Fresh fruit



FRIDAY

MSC Fish portion **Fish Gluten** tomato ketchup
or parsley sauce **Milk Gluten**
oven chips
peas & sweetcorn

OR

Jacket potato with baked beans, cheese **Milk**
or tuna mayo **Egg Fish** & mixed salad



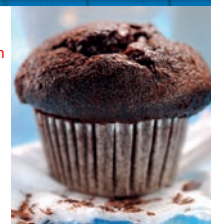
Chocolate &
orange muffin **Gluten**
& custard **Milk**

OR

Fruit yoghurt **Milk**

OR

Fresh fruit



SERVED DAILY

Bread **Gluten and Soya** with Pure - Cheese, crackers & apple wedge available daily **Gluten Milk**

Vegetarian meals can be
made available upon request



SUMMER 2022

MENU WEEK 3

WEEK COMMENCING

4 April, 25 April, 16 May,
6 June, 27 June, 18 July



FIRST COURSE

SECOND COURSE

MONDAY

Quorn dippers **Milk Egg Gluten** **OR** Chicken breast
mashed potatoes
sweetcorn & broccoli
gravy

OR

Jacket potato with baked beans, cheese **Milk** or
tuna mayo **Egg Fish** & mixed salad



Apple & plum
crumble **Gluten**
& custard **Milk**
OR
Fruit yoghurt **Milk**
OR
Fresh fruit



TUESDAY

Nottinghamshire sausages **Gluten Sulphur Dioxide**
gravy, Yorkshire pudding **Gluten Milk Egg**
mashed potatoes, honey roast parsnips
& sliced carrots

OR

Jacket potato with baked beans, cheese **Milk**
or tuna mayo **Egg Fish** & mixed salad



Rice pudding &
jam **Milk Sulphur**
Dioxide
OR
Fruit yoghurt **Milk**
OR
Fresh fruit



WEDNESDAY

Cheesy tomato pasta **Milk Gluten**
crusty bread **Gluten Sesame**
mixed salad or vegetables
tomato & basil sauce

OR

Jacket potato with baked beans, cheese **Milk**
or tuna mayo **Egg Fish** & mixed salad



Cherry sponge **Gluten**
& custard **Milk**
OR
Fruit yoghurt **Milk**
OR
Fresh fruit



THURSDAY

Roast pork, stuffing & gravy **Gluten**
Yorkshire pudding **Milk Egg Gluten**
roast potatoes, cabbage
carrot & swede mash

OR

Jacket potato with baked beans, cheese **Milk**
or tuna mayo **Egg Fish** & mixed salad



Chocolate brownie
& Custard **Milk**
OR
Fruit yoghurt **Milk**
OR
Fresh fruit



FRIDAY

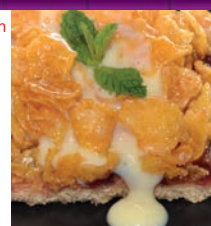
MSC fish fingers **Fish Gluten** **OR** Fish portion **Fish Gluten**
tomato ketchup or parsley sauce **Gluten Milk**
jacket wedges
garden peas & sweetcorn

OR

Jacket potato with baked beans, cheese **Milk** or
tuna mayo **Egg Fish** & mixed salad



Cornflake tart **Gluten**
Sulphur Dioxide
& Custard **Milk**
OR
Fruit



SERVED DAILY

Bread **Gluten and Soya** with Pure - Cheese, crackers & apple wedge available daily **Gluten Milk**

Vegetarian meals can be
made available upon request