



## SPRING 2022

# MENU WEEK 1

### WEEK COMMENCING

11 April, 2 May, 23 May,  
13 June, 4 July,  
25 July



### MONDAY



Quorn dippers  
roast new potatoes  
crunchy veg

Milk Egg Gluten

### TUESDAY



Lasagne  
crusty bread  
sweetcorn & mixed salad

Milk Gluten Sesame

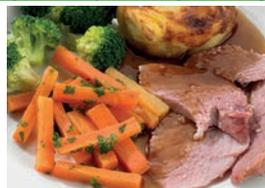
### WEDNESDAY



Sunshine pizza, seasoned  
jacket wedges, carrot  
& cucumber sticks &  
coleslaw

Milk Gluten Egg

### THURSDAY



Roast gammon with  
pineapple, roast pota  
toes mashed potatoes  
green beans, sliced carrots

### FRIDAY



MSC fish fingers, tomato  
ketchup, diced potatoes  
peas & sweetcorn

Gluten Fish

OR



Jacket potatoes with  
cheese, beans or tuna  
mixed salad

Milk Egg Fish

OR



BBQ chicken tortilla wrap  
mixed salad

Gluten

OR



Tortilla wrap with cheese  
salad, ham salad or tuna  
mayo, cucumber sticks

Milk Egg Gluten Fish

OR



Roast quorn & gravy, roast  
potatoes, mashed potatoes,  
green beans, sliced carrots

Milk Egg

OR



Jacket potatoes with  
cheese, beans or tuna  
mixed salad

Milk Egg Fish

DESSERT



Jam sponge  
& custard

Egg Milk Gluten Sulphur Dioxide

DESSERT



Fruit yoghurt

Milk

DESSERT



Strawberry jelly  
& shortbread finger

Gluten

DESSERT



Chocolate brownie

Gluten

DESSERT



Raspberry ripple ice  
cream roll & vanilla sauce

Soya Milk Egg Gluten

OR Fruit salad



OR Fruit salad



OR Fruit salad



OR Fruit salad



OR Fruit salad



**AVAILABLE DAILY:** Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily Coleslaw **Egg** when served. **Vegetarian** meals available upon request



SPRING 2022

## MENU WEEK 2

WEEK COMMENCING

18 April, 9 May, 30 May,  
20 June, 11 July



### MONDAY



Cheese & tomato parcel  
crunchy new potatoes  
ranch salad & sweetcorn

Gluten Milk Egg

OR



Jacket potatoes with  
cheese, beans or tuna  
mixed salad

Milk Egg Fish

#### DESSERT



Frozen yoghurt  
& fruit

Milk

OR Fruit salad



### TUESDAY



Spaghetti Bolognese  
cucumber & carrot sticks

Fish Gluten

OR



Ham & cheese hot sub roll  
carrot & cucumber sticks

Milk Gluten

#### DESSERT



Honey cake  
& custard

Milk Gluten Egg

OR Fruit salad



### WEDNESDAY



All day breakfast  
the rainbow mix

Egg Milk

OR



Tortilla wrap with cheese  
salad, ham salad or tuna  
mayo, mixed salad, carrot  
& cucumber sticks

Milk Egg Fish  
Gluten

#### DESSERT



Butterscotch tart

Milk Gluten

OR Fruit salad



### THURSDAY



Roast pork, stuffing &  
gravy, roast potatoes  
mashed potatoes  
& vegetables

Gluten

OR



Quorn roast stuffing &  
gravy, roast  
potatoes, mashed  
potatoes & vegetables

Milk Egg Gluten

#### DESSERT



Fruit flapjack

Gluten

OR Fruit salad



### FRIDAY



MSC Fish finger wrap  
oven chips  
garden peas & sweetcorn

Gluten Fish Mustard

OR



Jacket potatoes with  
cheese, beans or tuna  
mixed salad

Milk Egg Fish

#### DESSERT



Lemon sponge  
& custard

Milk Egg Gluten

OR Fruit salad





## SPRING 2022

# MENU WEEK 3

### WEEK COMMENCING

4 April, 25 April, 16 May,  
6 June, 27 June,  
18 July



### MONDAY



Margherita pizza  
the rainbow mix  
carrot sticks  
Sweetcorn

Milk Gluten

OR



Jacket potatoes with  
cheese, beans or tuna  
mixed salad

Milk Egg Fish

DESSERT



Chocolate ice  
cream roll

Milk Soya Egg Gluten

OR Fruit salad



### TUESDAY



Nottinghamshire sausages,  
gravy, Yorkshire pudding  
mashed potatoes,  
baton carrots  
broccoli

Gluten Sulphur Dioxide Milk Egg

OR



BBQ chicken tortilla wrap  
mixed salad

Gluten

DESSERT



Apple slice  
& custard

Milk Gluten

OR Fruit salad



### WEDNESDAY



Tomato & basil pasta  
crusty bread  
mixed salad  
ranch salad

Gluten Sesame Egg

OR



Ham & cheese hot sub  
roll carrot & cucumber  
sticks

Gluten Milk

DESSERT



Cornflake tart  
& custard

Gluten Sulphur Dioxide Milk

OR Fruit salad



### THURSDAY



Roast beef, & gravy  
Yorkshire pudding  
roast new potatoes  
cabbage  
& sliced carrots

Milk Egg Gluten

OR



Quorn roast Yorkshire  
pudding & gravy, roast  
new potatoes, cabbage &  
sliced carrots

Milk Egg Gluten

DESSERT



Fruit cookie

Gluten

OR Fruit salad



### FRIDAY



MSC fish portion  
oven chips  
garden peas  
sweetcorn

Gluten Fish

OR



Jacket potatoes with  
cheese, beans or tuna  
mixed salad

Milk Egg Fish

DESSERT



Strawberry Eton Mess

Milk Egg

OR Fruit salad

