



**SPRING 2022**

## MENU WEEK 1

**WEEK COMMENCING**

11 April, 2 May, 23 May,  
13 June, 4 July,  
25 July



**MONDAY**

**TUESDAY**

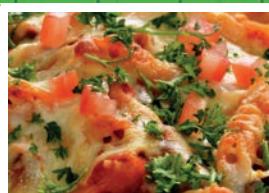
**WEDNESDAY**

**THURSDAY**

**FRIDAY**



Quorn dippers  
Milk Egg Gluten  
roast new potatoes  
crunchy veg



Chicken pasta bake  
Gluten Milk  
crusty bread Gluten Sesame  
sweetcorn  
mixed salad



Sunshine pizza  
Milk Gluten  
seasoned jacket wedges,  
carrot & cucumber sticks  
coleslaw Egg



Roast gammon & pineapple  
roast potatoes  
mashed potatoes  
green beans & carrots



MSC fish fingers Gluten Fish  
**VEGETARIAN OPTION**  
Fishless fingers Gluten  
tomato ketchup,  
diced potatoes  
peas & sweetcorn



Jacket potatoes with  
cheese, beans or tuna  
mixed salad  
  
Milk Egg Fish



Cheesy tomato pasta  
Gluten Milk  
crusty bread Gluten Sesame  
sweetcorn  
mixed salad



Jacket potatoes with  
cheese, beans or tuna  
mixed salad  
  
Milk Egg Fish



Roast Quorn & pineapple  
roast potatoes, mashed  
potatoes  
green beans & carrots  
  
Milk Egg



Jacket potatoes with  
cheese, beans or tuna  
mixed salad  
  
Milk Egg Fish



Jam sponge  
& custard  
Egg Milk Gluten Sulphur Dioxide



Fruit yoghurt  
  
Milk



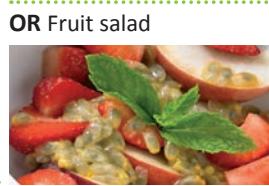
Strawberry jelly  
& shortbread finger  
Gluten



Chocolate brownie  
  
Gluten



Raspberry ripple ice  
cream roll & vanilla sauce  
  
Soya Milk Egg Gluten



**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request



**SPRING 2022**

## **MENU WEEK 2**

**WEEK COMMENCING**

18 April, 9 May, 30 May,  
20 June, 11 July



**MONDAY**



Ham & cheese hot sub roll  
or cheese & tomato sub  
roll  
Gluten Milk  
carrot & cucumber sticks

**TUESDAY**



Spaghetti Bolognese  
Fish Gluten  
**VEGETARIAN OPTION**  
Quorn Spaghetti Bolognese  
Egg Gluten  
cucumber & carrot sticks

**WEDNESDAY**



Venison burger in a bun  
the rainbow mix  
Milk Egg Soya Gluten Sulphur Dioxide  
the rainbow mix  
(roast new potatoes,  
peppers & onions)

**THURSDAY**



Roast pork  
stuffing Gluten & gravy  
roast potatoes, mashed  
potatoes  
cabbage & carrots

**FRIDAY**



**MSC** Fish finger wrap  
Gluten Fish Mustard  
**VEGETARIAN OPTION**  
Fishless fingers Gluten  
oven chips  
garden peas & sweetcorn

**OR**



Jacket potatoes with  
cheese, beans or tuna  
mixed salad

**OR**



Jacket potatoes with  
cheese, beans or tuna  
mayo  
Milk Egg Fish  
mixed salad

**OR**



Jacket potatoes with  
cheese, beans or tuna  
mixed salad

**OR**



Roast Quorn Milk Egg  
stuffing Gluten & gravy  
roast poataoes, mashed  
potatoes  
cabbage & carrots

**OR**



Jacket potatoes with  
cheese, beans or tuna  
mixed salad

Milk Egg Fish

**DESSERT**



Frozen yoghurt & fruit  
Milk

**DESSERT**



Honey cake & custard  
Milk Gluten Egg

**DESSERT**



Butterscotch tart  
Milk Gluten

**DESSERT**



Fruit flapjack  
Gluten

**DESSERT**



Lemon sponge & custard  
Milk Egg Gluten

**OR** Fruit salad



**OR** Fruit salad





**SPRING 2022**

## MENU WEEK 3

### WEEK COMMENCING

4 April, 25 April, 16 May,  
6 June, 27 June,  
18 July



### MONDAY



Margherita pizza Milk Gluten  
the rainbow mix  
carrot sticks  
Sweetcorn

### TUESDAY



Nottinghamshire sausages  
Gluten Sulphur Dioxide  
Yorkshire pudding  
Milk Egg Gluten  
gravy,  
mashed potatoes,  
baton carrots & broccoli

### WEDNESDAY



Tomato & basil pasta  
Gluten  
crusty bread  
Gluten Sesame  
mixed salad  
Egg  
ranch salad Egg

### THURSDAY



Roast beef, & gravy  
Yorkshire pudding  
Milk Egg Gluten  
roast new potatoes  
cabbage & sliced carrots

### FRIDAY



MSC fish portion  
Gluten Fish  
**VEGETARIAN OPTION**  
Fishless fingers Gluten  
oven chips  
garden peas  
sweetcorn

OR



Jacket potatoes with  
cheese, beans or tuna  
mixed salad

Milk Egg Fish

OR



Plant based sausage  
Soya Sulphur dioxide  
Yorkshire pudding, gravy  
Milk Egg Gluten  
mashed potatoes  
carrots & broccoli

OR



Jacket potatoes with  
cheese, beans or tuna  
mixed salad

Milk Egg Fish

OR



Roast Quorn & gravy  
Milk Egg  
Yorkshire pudding  
Milk Egg Gluten  
roast new potatoes  
cabbage & carrots

OR



Jacket potatoes with  
cheese, beans or tuna  
mixed salad

Milk Egg Fish

### DESSERT



Chocolate mousse Milk  
& apple wedge

OR Fruit salad



Carrot cake  
Egg Gluten Sulphur dioxide  
& custard Milk

OR Fruit salad



Cornflake tart & custard  
Gluten Sulphur Dioxide Milk

OR Fruit salad

### DESSERT



Fruit cookie Gluten

OR Fruit salad

### DESSERT



Raspberry muffin  
Gluten Egg

OR Fruit salad

