



WINTER 2021/22

MENU WEEK 1

WEEK COMMENCING

17 January, 7 February,
20 February, 21 March



FIRST COURSE

SECOND COURSE

MONDAY

Margherita pizza
& roast potatoes
crunchy vegetables

Milk Gluten



Spiced carrot cake
& custard
OR
Fruit

Egg Milk Gluten Sulphur Dioxide



TUESDAY

Chicken breast
jacket wedges
mixed salad



Fruit in jelly
OR
Fruit



WEDNESDAY

Nottinghamshire sausages &
gravy **Gluten Sulphur dioxide**
mashed potato
Yorkshire pudding **Gluten Egg Milk**
carrots & cauliflower



Crispy jam tart
& custard
OR
Fruit

Milk Gluten Sulphur Dioxide



THURSDAY

Roast beef & gravy
Yorkshire pudding,
roast potatoes,
carrot & swede mash & cabbage

Milk Egg Gluten



Honey & oatmeal cookie
OR
Fruit

Gluten



FRIDAY

MSC fish fingers,
tomato ketchup,
diced potatoes
peas & sweetcorn

Gluten Fish



Pears with hot chocolate sauce
& shortbread finger
OR
Fruit

Milk Gluten



SERVED DAILY Best of both bread **Gluten and Soya** Seasonal vegetables available daily Coleslaw **Egg** when served

Vegetarian meals can be
made available upon request



WINTER 2021/22

MENU WEEK 2

WEEK COMMENCING

3 January, 24 January
14 February, 7 March
28 March



FIRST COURSE

SECOND COURSE

MONDAY

Pasta Neapolitan
crusty bread
sweetcorn
& coleslaw

Gluten Milk Sulphur Dioxide Sesame Egg



Fruit flapjack
OR
Fruit

Gluten



TUESDAY

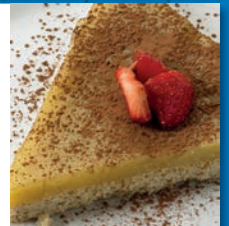
Cheesy topped cottage pie
& gravy
carrots & cabbage

Milk Fish



Butterscotch tart
OR
Fruit

Milk Gluten



WEDNESDAY

BBQ turkey wrap
seasoned wedges
coleslaw
& cucumber sticks

Gluten Egg



Ginger sponge
& custard
OR
Fruit

Milk Egg Gluten



THURSDAY

Roast gammon & gravy
Yorkshire pudding,
roast potatoes,
carrots & honey roast parsnips

Milk Egg Gluten



Fruit yoghurt milk
OR
Fruit

Milk



FRIDAY

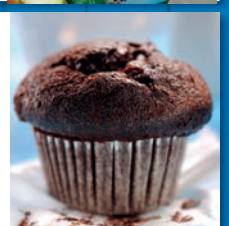
MSC Fish fingers
diced potato
peas & sweetcorn

Gluten Fish



Chocolate & orange muffin
OR
Fruit

Egg Gluten



SERVED DAILY Best of both bread **Gluten and Soya** Seasonal vegetables available daily **Coleslaw** **Egg** when served

Vegetarian meals can be made available upon request



WINTER 2021/22

MENU WEEK 3

WEEK COMMENCING

10 January, 31 January

21 February, 14 March



FIRST COURSE

SECOND COURSE

MONDAY

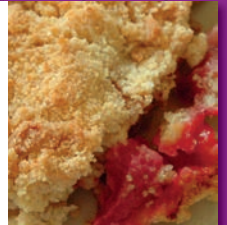
Quorn dippers
diced potatoes
sweetcorn
& coleslaw

Milk Egg Gluten



Apple & plum crumble
& custard
OR
Fruit

Milk Gluten



TUESDAY

Nottinghamshire sausages,
gravy, Yorkshire pudding
mashed potatoes,
honey roast parsnips
& sliced carrots

Gluten Sulphur Dioxide Milk Egg



Raspberry ice cream roll
Gluten Egg Milk Soya
OR
Fruit



WEDNESDAY

Cheesy tomato pasta
crusty bread
mixed salad
& coleslaw

Milk Gluten Sesame Egg



Fruit yoghurt
OR
Fruit

Milk



THURSDAY

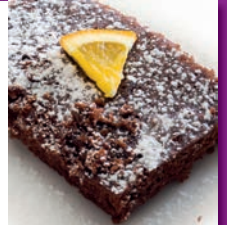
Roast pork, stuffing & gravy
Yorkshire pudding
roast potatoes, cabbage
carrot & swede mash

Milk Egg Gluten



Chocolate brownie
OR
Fruit

Gluten



FRIDAY

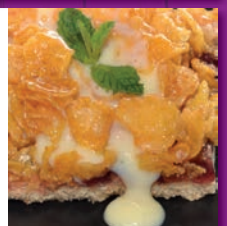
MSC fish fingers
tomato ketchup,
diced potato
garden peas & sweetcorn

Fish Gluten



Cornflake tart
& Custard
OR
Fruit

Milk Gluten Sulphur Dioxide



SERVED DAILY Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served

Vegetarian meals can be made available upon request