



SPRING 2022

MENU WEEK 1

WEEK COMMENCING

11 April, 2 May, 23 May,
13 June, 4 July,
25 July



FIRST COURSE

SECOND COURSE

MONDAY

Quorn dippers
roast new potatoes
crunchy veg

Milk Egg Gluten



Jam sponge
& custard
OR
Fruit salad

Egg Milk Gluten Sulphur Dioxide



TUESDAY

Nottinghamshire Sausages &
gravy mashed potato carrots &
broccoli

Gluten Sulphur Dioxide



Fruit yoghurt
OR
Fruit salad

Milk



WEDNESDAY

Sunshine pizza
seasoned jacket wedges
carrot & cucumber sticks
coleslaw

Milk Gluten Egg



Strawberry jelly
& shortbread finger
OR
Fruit salad

Gluten



THURSDAY

Roast gammon with pineapple
roast potatoes
mashed potatoes
green beans & sliced Carrots

Gluten Fish



Chocolate brownie
OR
Fruit salad

Gluten



FRIDAY

MSC fish fingers
tomato ketchup
diced potatoes
peas & sweetcorn

Gluten Fish



Raspberry ripple ice cream roll
& vanilla sauce
OR
Fruit salad

Soya Milk Egg Gluten



SERVED DAILY Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served

Vegetarian meals can be
made available upon request



SPRING 2022

MENU WEEK 2

WEEK COMMENCING

18 April, 9 May, 30 May,
20 June, 11 July



FIRST COURSE

SECOND COURSE

MONDAY

Cheese & tomato parcel
crunchy new potatoes
ranch salad
Sweetcorn

Gluten Milk Egg



Frozen yoghurt
& fruit
OR
Fruit salad

Milk



TUESDAY

Spaghetti Bolognese
cucumber & carrot sticks

Fish Gluten



Honey cake
& custard
OR
Fruit salad

Milk Gluten Egg



WEDNESDAY

Jacket potato cheese, beans &
mixed salad

Milk



Butterscotch tart
OR
Fruit salad

Milk Gluten



THURSDAY

Roast pork, stuffing & gravy
roast potatoes
mashed potatoes
sliced carrots & broccoli

Gluten



Fruit flapjack
OR
Fruit salad

Gluten



FRIDAY

MSC Fish finger wrap
oven chips
garden peas
Sweetcorn

Gluten Fish Mustard



Lemon sponge
& custard
OR
Fruit salad

Milk Egg Gluten



SPRING 2022

MENU WEEK 3

WEEK COMMENCING

4 April, 25 April, 16 May,
6 June, 27 June,
18 July



FIRST COURSE

SECOND COURSE

MONDAY

Margherita pizza
the rainbow mix
carrot sticks

Milk Gluten



Fruit yoghurt

OR

Fruit salad

Milk



TUESDAY

Nottinghamshire sausages,
gravy, Yorkshire pudding
mashed potatoes,
baton carrots
broccoli

Gluten Sulphur Dioxide Milk Egg



Fruit flapjack

OR

Fruit salad

Gluten



WEDNESDAY

Tomato & basil pasta
crusty bread
mixed salad
ranch salad

Gluten Sesame Egg



Cornflake tart
& custard

OR

Fruit salad

Gluten Sulphur Dioxide Milk



THURSDAY

Roast beef, & gravy
Yorkshire pudding
roast new potatoes
cabbage & sliced carrots

Milk Egg Gluten



Fruit cookie

OR

Fruit salad

Gluten



FRIDAY

MSC fish portion
oven chips
garden peas
sweetcorn

Fish Gluten



Fruit muffin

OR

Fruit salad

Egg Gluten



SERVED DAILY Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served

Vegetarian meals can be
made available upon request