

SPRING 2022

MENU WEEK 1

WEEK COMMENCING

11 April, 2 May, 23 May,
13 June, 4 July,
25 July



FIRST COURSE

SECOND COURSE

MONDAY

Quorn dippers
roast new potatoes
crunchy veg

Milk Egg Gluten



Jam sponge
& custard
OR
Fruit salad

Egg Milk Gluten Sulphur Dioxide



TUESDAY

Lasagne
crusty bread
sweetcorn
mixed salad

Milk Gluten Sesame



Fruit yoghurt
OR
Fruit salad

Milk



WEDNESDAY

Sunshine pizza
seasoned jacket wedges
carrot & cucumber sticks
coleslaw

Milk Gluten Egg



Strawberry jelly
& shortbread finger
OR
Fruit salad

Gluten



THURSDAY

Roast gammon with pineapple
roast potatoes
mashed potatoes
green beans & sliced Carrots

Chocolate brownie
OR
Fruit salad

Gluten



FRIDAY

MSC fish fingers
tomato ketchup, wedges
peas & sweetcorn

Gluten Fish



Raspberry ripple ice cream roll
& vanilla sauce
OR
Fruit salad

Soya Milk Egg Gluten



SERVED DAILY Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served

Vegetarian meals can be
made available upon request



SPRING 2022

MENU WEEK 2

WEEK COMMENCING

18 April, 9 May, 30 May,
20 June, 11 July



FIRST COURSE

SECOND COURSE

MONDAY

Vegan roll crunchy new potatoes
ranch salad sweetcorn

Gluten Egg



Fruit yoghurt
OR
Fruit salad

Milk



TUESDAY

Spaghetti Bolognese
cucumber & carrot sticks

Fish Gluten



Honey cake
& custard
OR
Fruit salad

Milk Gluten Egg



WEDNESDAY

All day breakfast
the rainbow mix

Milk Egg



Butterscotch tart
OR
Fruit salad

Milk Gluten



THURSDAY

Roast chicken, stuffing &
gravy roast potatoes
mashed potatoes
sliced carrots & broccoli

Gluten



Fruit flapjack
OR
Fruit salad

Gluten



FRIDAY

MSC Fish finger wrap
oven chips
garden peas
Sweetcorn

Gluten Fish Mustard



Lemon sponge
& custard
OR
Fruit salad

Milk Egg Gluten





SPRING 2022

MENU WEEK 3

WEEK COMMENCING

4 April, 25 April, 16 May,
6 June, 27 June,
18 July



FIRST COURSE

SECOND COURSE

MONDAY

Margherita pizza
the rainbow mix
carrot sticks

Milk Gluten



Chocolate mousse
& apple wedge
OR
Fruit salad

Milk



TUESDAY

Nottinghamshire sausages,
gravy, Yorkshire pudding
mashed potatoes,
baton carrots
broccoli

Gluten Sulphur Dioxide Milk Egg



Apricot slice
& custard
OR
Fruit salad

Milk Gluten



WEDNESDAY

Tomato & basil pasta
crusty bread
mixed salad
ranch salad

Gluten Sesame Egg



Cornflake tart
& custard
OR
Fruit salad

Gluten Sulphur Dioxide Milk



THURSDAY

Roast beef, & gravy
Yorkshire pudding
roast new potatoes
cabbage & sliced carrots

Milk Egg Gluten



Fruit cookie
OR
Fruit salad

Gluten



FRIDAY

MSC fish portion
oven chips
garden peas
sweetcorn

Fish Gluten



Fruit scone
jam & cream
OR
Fruit salad

Milk Gluten Sulphur Dioxide



SERVED DAILY Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served

Vegetarian meals can be
made available upon request