



SPRING 2022

## MENU WEEK 1

WEEK COMMENCING

11 April, 2 May, 23 May,  
13 June, 4 July,  
25 July



### FIRST COURSE

### SECOND COURSE

MONDAY

Quorn dippers **Milk Egg Gluten**  
roast new potatoes  
crunchy veg  
**OR**  
Jacket potato with baked beans,  
cheese **Milk** or tuna mayo **Egg Fish**  
mixed salad



Jam sponge **Gluten**  
Egg Sulphur Dioxide  
& custard **Milk**  
**OR**  
Fruit salad



TUESDAY

Lasagne **Milk Gluten**  
crusty bread **Gluten Sesame**  
sweetcorn & mixed salad  
**OR**  
Jacket potato with baked beans,  
cheese **Milk** or tuna mayo **Egg Fish**  
mixed salad



Fruit yoghurt **Milk**  
**OR**  
Fruit salad



WEDNESDAY

Sunshine pizza **Milk Gluten**  
seasoned jacket wedges  
carrot & cucumber sticks & coleslaw **Egg**  
**OR**  
Jacket potato with baked beans,  
cheese **Milk** or tuna mayo **Egg Fish**  
mixed salad



Strawberry jelly  
**Gluten**  
& shortbread  
finger  
**OR**  
Fruit salad



THURSDAY

Roast gammon with pineapple  
roast potatoes  
mashed potatoes  
green beans & sliced Carrots  
**OR**  
Jacket potato with baked beans, cheese **Milk**  
or tuna mayo **Egg Fish** & mixed salad



Chocolate  
brownie **Gluten**  
**OR**  
Fruit salad



FRIDAY

MSC fish fingers **Gluten Fish**  
tomato ketchup, diced potatoes  
peas & sweetcorn  
**OR**  
Jacket potato with baked beans,  
cheese **Milk** or tuna mayo **Egg Fish**  
mixed salad



Raspberry ripple  
ice cream roll  
**Soya Milk Egg Gluten**  
& vanilla sauce  
**Milk**  
**OR**  
Fruit salad



**SERVED DAILY** Best of both bread **Gluten and Soya** Seasonal vegetables available daily Coleslaw **Egg** when served

Vegetarian meals can be  
made available upon request





SPRING 2022

## MENU WEEK 2

WEEK COMMENCING

18 April, 9 May, 30 May,  
20 June, 11 July



### FIRST COURSE

### SECOND COURSE

MONDAY

Cheese & tomato parcel **Gluten Milk**  
crunchy new potatoes  
ranch salad **Egg**  
Sweetcorn

OR

Jacket potato with baked beans, cheese **Milk**  
or tuna mayo **Egg Fish** & mixed salad



Frozen yoghurt **Milk**  
& fruit  
OR  
Fruit salad



TUESDAY

Spaghetti Bolognese **Fish Gluten**  
cucumber & carrot sticks

OR

Jacket potato with baked beans,  
cheese **Milk** or tuna mayo **Egg Fish**  
mixed salad



Honey cake **Milk**  
**Gluten Egg**  
& custard **Milk**  
OR  
Fruit salad



WEDNESDAY

All day breakfast **Milk Egg**  
the rainbow mix

OR

Jacket potato with baked beans, cheese **Milk**  
or tuna mayo **Egg Fish** & mixed salad



Butterscotch tart  
**Milk Gluten**  
OR  
Fruit salad



THURSDAY

Roast pork, stuffing **Gluten** & gravy  
roast potatoes  
mashed potatoes  
sliced carrots & broccoli

OR

Jacket potato with baked beans, cheese **Milk**  
or tuna mayo **Egg Fish** & mixed salad



Fruit flapjack **Gluten**  
OR  
Fruit salad



FRIDAY

MSC Fish finger wrap **Gluten Fish Mustard**  
oven chips  
garden peas  
Sweetcorn

OR

Jacket potato with baked beans, cheese **Milk**  
or tuna mayo **Egg Fish** & mixed salad



Lemon sponge  
**Egg Gluten**  
& custard **Milk**  
OR  
Fruit salad



**SERVED DAILY**

Best of both bread **Gluten and Soya** Seasonal vegetables available daily Coleslaw **Egg** when served

Vegetarian meals can be  
made available upon request





SPRING 2022

## MENU WEEK 3

WEEK COMMENCING

4 April, 25 April, 16 May,  
6 June, 27 June,  
18 July



### FIRST COURSE

### SECOND COURSE

**MONDAY**

Margherita pizza **Milk** **Gluten**  
the rainbow mix  
carrot sticks

**OR**

Jacket potato with baked beans, cheese **Milk**  
or tuna mayo **Egg** **Fish** & mixed salad



Chocolate mousse **Milk**  
& apple wedge

**OR**

Fruit salad



**TUESDAY**

Nottinghamshire sausages,  
**Gluten** **Sulphur Dioxide**  
gravy, Yorkshire pudding **Gluten** **Milk** **Egg**  
mashed potatoes, baton carrots & broccoli

**OR**

Jacket potato with baked beans, cheese **Milk**  
or tuna mayo **Egg** **Fish** & mixed salad



Apricot slice **Gluten**  
& custard **Milk**

**OR**

Fruit salad



**WEDNESDAY**

Tomato & basil pasta **Gluten**  
crusty bread **Gluten** **Sesame**  
mixed salad  
ranch salad **Egg**

**OR**

Jacket potato with baked beans, cheese **Milk**  
or tuna mayo **Egg** **Fish** & mixed salad



Cornflake tart  
**Gluten** **Sulphur Dioxide**  
& custard **Milk**

**OR**

Fruit salad



**THURSDAY**

Roast beef, & gravy  
Yorkshire pudding **Milk** **Egg** **Gluten**  
roast new potatoes  
cabbage & sliced carrots

**OR**

Jacket potato with baked beans, cheese **Milk**  
or tuna mayo **Egg** **Fish** & mixed salad



Fruit cookie **Gluten**  
**OR**  
Fruit salad



**FRIDAY**

MSC fish portion **Fish** **Gluten**  
oven chips  
garden peas  
sweetcorn

**OR**

Jacket potato with baked beans, cheese **Milk**  
or tuna mayo **Egg** **Fish** & mixed salad



Fruit scone **Milk**  
**Gluten** **Sulphur Dioxide**  
jam & cream  
**OR**  
Fruit salad



**SERVED DAILY** Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily Coleslaw **Egg** when served

Vegetarian meals can be  
made available upon request