

WINTER 2021/2022

MENU WEEK 1

WEEK COMMENCING

17 Jan, 7 Feb,
20 Feb, 21 Mar



FIRST COURSE

SECOND COURSE

MONDAY

Margherita pizza
& roast potatoes
crunchy vegetables

Milk Gluten



Spiced carrot cake
& custard

OR

Fruit

Egg Milk Gluten Sulphur Dioxide



TUESDAY

Beef burger in a bun
Soya Egg Milk Gluten Sesame
Jacket wedges
mixed salad



Fruit in jelly

OR

Fruit



WEDNESDAY

Spaghetti Bolognese Gluten Fish
crusty bread Gluten Sesame
carrot & cucumber sticks



Crispy jam tart
& custard

OR

Fruit

Milk Gluten Sulphur Dioxide



THURSDAY

Nottinghamshire sausage & gravy
Yorkshire pudding,
roast potatoes,
carrot & swede mash & cabbage

Milk Egg Gluten Sulphur dioxide



Honey & oatmeal cookie

OR

Fruit

Gluten



FRIDAY

MSC fish fingers,
tomato ketchup,
diced potatoes
peas & sweetcorn

Gluten Fish



Pears with hot chocolate sauce
& shortbread finger

OR

Fruit

Milk Gluten



SERVED DAILY Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served

Vegetarian meals can be
made available upon request

WINTER 2021/2022

MENU WEEK 2

WEEK COMMENCING

3 Jan, 24 Jan, 14 Feb,
7 Mar, 28 Mar



FIRST COURSE

SECOND COURSE

MONDAY

Pasta Neapolitan
crusty bread
sweetcorn
& coleslaw

Gluten Milk Sulphur Dioxide Sesame Egg



Fruit flapjack
OR
Fruit

Gluten



TUESDAY

Cheesy topped cottage pie
& gravy
carrots & cabbage

Milk Fish



Butterscotch tart
OR
Fruit

Milk Gluten



WEDNESDAY

BBQ turkey wrap
seasoned wedges
coleslaw
& cucumber sticks

Gluten Egg



Ginger sponge
& custard
OR
Fruit

Milk Egg Gluten



THURSDAY

Roast gammon & gravy
Yorkshire pudding,
roast potatoes,
carrots & honey roast parsnips

Milk Egg Gluten



Frozen yogurt
& raspberry puree
OR
Fruit

Milk



FRIDAY

MSC Fish portion
tomato ketchup,
oven chips
peas & sweetcorn

Gluten Fish



Chocolate & orange muffin
OR
Fruit

Egg Gluten



SERVED DAILY Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served

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WINTER 2021/2022

MENU WEEK 3

WEEK COMMENCING

10 Jan, 31 Jan, 21 Feb,
14 Mar



FIRST COURSE

SECOND COURSE

MONDAY

Quorn dippers
diced potatoes
sweetcorn
& coleslaw

Milk Egg Gluten



Apple & plum crumble
& custard
OR
Fruit

Milk Gluten



TUESDAY

Nottinghamshire sausages,
gravy, Yorkshire pudding
mashed potatoes,
honey roast parsnips
& sliced carrots

Gluten Sulphur Dioxide Milk Egg



Rice pudding & jam
OR
Fruit

Milk Sulphur Dioxide



WEDNESDAY

Cheesy tomato pasta
crusty bread
mixed salad
& coleslaw

Milk Gluten Sesame Egg



Fruit yoghurt
OR
Fruit

Milk



THURSDAY

Jacket potato with baked beans,
cheese **Milk** or tuna mayo **Fish Egg**
mixed salad



Chocolate brownie
OR
Fruit

Gluten



FRIDAY

MSC fish fingers,
tomato ketchup,
jacket wedges
garden peas & sweetcorn

Fish Gluten



Cornflake tart
& Custard
OR
Fruit

Milk Gluten Sulphur Dioxide



SERVED DAILY Best of both bread **Gluten and Soya** Seasonal vegetables available daily **Coleslaw** **Egg** when served

Vegetarian meals can be
made available upon request